

Stow-Munroe Falls City Schools

902600 - APPLE DELICIOUS, RED

FRUIT - FRUIT & FRUIT JUICE

Source: Local
Manufacturer: GFS (MARKON)
Product No.: 540005

Measurement
LB..... 16.00 O
CASE..... 46.00 LB
APPLE..... 138.00 G

Nutrients: Per 100 GRAMS

Calories	52.029 kcal	Cholesterol	0.000 mg	Protein	0.290 g	Calcium	7.246 mg
Total Fat	0.145 g	Sodium	1.014 mg	Sugars	10.145 g	Iron	0.130 mg
Saturated Fat	0.000 g	Carbohydrate	13.768 g	Vitamin A	36.232 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.391 g	Vitamin C	4.783 mg	Ash ¹	0.000 g

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Nutrients: Per 138 G

Calories	71.800 kcal	Cholesterol	0.000 mg	Protein	0.400 g	Calcium	10.000 mg
Total Fat	0.200 g	Sodium	1.400 mg	Sugars	14.000 g	Iron	0.180 mg
Saturated Fat	0.000 g	Carbohydrate	19.000 g	Vitamin A	50.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.300 g	Vitamin C	6.600 mg	Ash ¹	0.000 g

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900296 - APPLES,SLICED, CANNED

FRUIT - FRUIT & FRUIT JUICE

Source: Local
Manufacturer: GFS
Product No.: 117773

Measurement
LB..... 16.00 O
CASE..... 39.00 LB
#10 CAN..... 6.50 LB
SERVING-.5 C... 120.00 G

Nutrients: Per 100 GRAMS

Calories	41.667 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	16.667 mg	Sugars	7.500 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	10.000 g	Vitamin A	37.500 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.667 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 120 G

Calories	50.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	20.000 mg	Sugars	9.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	12.000 g	Vitamin A	45.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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990130 - APPLESAUCE GFS

FRUIT - FRUIT & FRUIT JUICE

Source: Local
Manufacturer: GFS
Product No.: 271497

Measurement
LB..... 16.00 O
4 OZ SERVING.. 4.00 O
CAN..... 104.00 O
CASE..... 40.50 LB
SERVING..... 4.00 O

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	40.984 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	8.197 mg	Sugars	7.377 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	10.656 g	Vitamin A	36.885 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.639 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 122 G

Calories	50.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	10.000 mg	Sugars	9.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	13.000 g	Vitamin A	45.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

900189 - APPLESAUCE CUP - BLUE RASPBERRY

FRUIT - FRUIT & FRUIT JUICE

Source: Local

Manufacturer: NATIONAL FOOD GROUP (GFS COM

Product No.: 136711

Measurement

LB..... 16.00 O
CASE..... 24.00 LB
CUP..... 4.00 O

Nutrients: Per 100 GRAMS

Calories	79.646 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	13.274 mg	Sugars	16.814 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	19.469 g	Vitamin A	84.071 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.770 g	Vitamin C	53.097 mg	Ash ¹	0.000 g

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Nutrients: Per 113 G

Calories	90.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	15.000 mg	Sugars	19.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	22.000 g	Vitamin A	95.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	60.000 mg	Ash ¹	0.000 g

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900159 - APPLESAUCE CUP - CHERRY

FRUIT - FRUIT & FRUIT JUICE

Source: Local

Manufacturer: NATIONAL FOOD GROUP (GFS COM

Product No.: 726570

Measurement

LB..... 16.00 O
CASE..... 24.00 LB
CUP..... 4.00 O

Nutrients: Per 100 GRAMS

Calories	61.947 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	13.274 mg	Sugars	11.504 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	14.159 g	Vitamin A	57.522 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.770 g	Vitamin C	53.097 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 113 G

Calories	70.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	15.000 mg	Sugars	13.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	16.000 g	Vitamin A	65.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	60.000 mg	Ash ¹	0.000 g

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902821 - APPLESAUCE CUP - CINNAMON

FRUIT - FRUIT & FRUIT JUICE

Source: Local

Manufacturer: NATIONAL FOOD GROUP (GFS COM

Product No.: 645060

Measurement

LB..... 16.00 O
CASE..... 24.00 LB
CUP..... 4.00 O

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	61.947 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	13.274 mg	Sugars	11.504 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	14.159 g	Vitamin A	57.522 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.770 g	Vitamin C	53.097 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 113 G

Calories	70.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	15.000 mg	Sugars	13.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	16.000 g	Vitamin A	65.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	60.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

900184 - APPLESAUCE CUP - MIXED FRUIT

FRUIT - FRUIT & FRUIT JUICE

	Measurement	
	LB.....	16.00 O
Source: Local	CASE.....	24.00 LB
Manufacturer: NATIONAL FOOD GROUP (GFS COM	CUP.....	4.00 O
Product No.: 726580		

Nutrients: Per 100 GRAMS

Calories	61.947 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	17.699 mg	Sugars	11.504 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	14.159 g	Vitamin A	442.478 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.770 g	Vitamin C	53.097 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
 (1 - denotes optional nutrient values.)
 (2 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 113 G

Calories	70.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	20.000 mg	Sugars	13.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	16.000 g	Vitamin A	500.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	60.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
 (1 - denotes optional nutrient values.)
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902822 - APPLESAUCE CUP - PLAIN

FRUIT - FRUIT & FRUIT JUICE

	Measurement	
	LB.....	16.00 O
Source: Local	CASE.....	24.00 LB
Manufacturer: NATIONAL FOOD GROUP (GFS COM	CUP.....	4.00 O
Product No.: 645050		

Nutrients: Per 100 GRAMS

Calories	61.947 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	13.274 mg	Sugars	11.504 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	14.159 g	Vitamin A	57.522 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.770 g	Vitamin C	53.097 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
 (1 - denotes optional nutrient values.)
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Nutrients: Per 113 G

Calories	70.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	15.000 mg	Sugars	13.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	16.000 g	Vitamin A	65.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	60.000 mg	Ash ¹	0.000 g

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900183 - APPLESAUCE CUP - STRAWBERRY/BANANA

FRUIT - FRUIT & FRUIT JUICE

	Measurement	
	LB.....	16.00 O
Source: Local	CASE.....	24.00 LB
Manufacturer: NATIONAL FOOD GROUP (GFS COM	CUP.....	4.00 O
Product No.: 726560		

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	61.947 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	13.274 mg	Sugars	11.504 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	14.159 g	Vitamin A	57.522 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.770 g	Vitamin C	53.097 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 113 G

Calories	70.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	15.000 mg	Sugars	13.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	16.000 g	Vitamin A	65.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	60.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

900190 - APPLESAUCE CUP - WILD WATERMELON

FRUIT - FRUIT & FRUIT JUICE

Source: Local
Manufacturer: NATIONAL FOOD GROUP (GFS COM)
Product No.: 136701

Measurement
LB..... 16.00 O
CASE..... 24.00 LB
CUP..... 4.00 O

Nutrients: Per 100 GRAMS

Calories	61.947 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	13.274 mg	Sugars	13.274 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	14.159 g	Vitamin A	88.496 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.655 g	Vitamin C	53.097 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 113 G

Calories	70.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	15.000 mg	Sugars	15.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	16.000 g	Vitamin A	100.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.000 g	Vitamin C	60.000 mg	Ash ¹	0.000 g

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902777 - APRICOT HALVES, PEELED L/S

FRUIT - FRUIT & FRUIT JUICE

Source: Local
Manufacturer: GFS
Product No.: 705535

Measurement
LB..... 16.00 O
CASE..... 39.75 LB
CAN..... 6.63 LB
SERVING..... 126.00 G
1/2 CUP..... 126.00 G

Nutrients: Per 100 GRAMS

Calories	63.492 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	7.937 mg	Sugars	11.111 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	15.079 g	Vitamin A	1388.889 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	1.905 mg	Ash ¹	0.000 g

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Nutrients: Per 126 G

Calories	80.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	10.000 mg	Sugars	14.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	19.000 g	Vitamin A	1750.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	2.400 mg	Ash ¹	0.000 g

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900233 - BACON, TURKEY COOKED (JENNIE-O)

BRKRC - BREAKFAST RECIPES

Source: Local
Manufacturer: JENNIE-O (GFS)
Product No.: 834770

Measurement
LB..... 16.00 O
CASE..... 7.50 LB
PKG..... 0.63 LB
1 SLICE..... 0.18 O

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Nutrients: Per 100 GRAMS

Calories	394.123 kcal	Cholesterol	98.531 mg	Protein	39.412 g	Calcium	0.000 mg
Total Fat	19.706 g	Sodium	1872.083 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 0.179 OZ

Calories	20.000 kcal	Cholesterol	5.000 mg	Protein	2.000 g	Calcium	0.000 mg
Total Fat	1.000 g	Sodium	95.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

902856 - BAGEL, MINI CINNAMON CREAMY CHEESE

BRKRC - BREAKFAST RECIPES

Source: Local
Manufacturer: PILLSBURY (GFS)
Product No.: 401042

Measurement
LB..... 16.00 O
CASE..... 10.90 LB
EA..... 2.43 O

Nutrients: Per 100 GRAMS

Calories	348.385 kcal	Cholesterol	14.516 mg	Protein	8.710 g	Calcium	29.032 mg
Total Fat	8.710 g	Sodium	261.289 mg	Sugars	18.871 g	Iron	2.090 mg
Saturated Fat	3.629 g	Carbohydrate	59.516 g	Vitamin A	145.160 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.903 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 2.43 OZ

Calories	240.000 kcal	Cholesterol	10.000 mg	Protein	6.000 g	Calcium	20.000 mg
Total Fat	6.000 g	Sodium	180.000 mg	Sugars	13.000 g	Iron	1.440 mg
Saturated Fat	2.500 g	Carbohydrate	41.000 g	Vitamin A	100.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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902855 - BAGEL, MINI STRAWBERRY CREAM CHEESE

BRKRC - BREAKFAST RECIPES

Source: Local
Manufacturer: PILLSBURY (GFS)
Product No.: 401034

Measurement
LB..... 16.00 O
CASE..... 10.90 LB
EACH..... 2.43 O

Nutrients: Per 100 GRAMS

Calories	333.869 kcal	Cholesterol	14.516 mg	Protein	8.710 g	Calcium	29.032 mg
Total Fat	8.710 g	Sodium	261.289 mg	Sugars	18.871 g	Iron	1.568 mg
Saturated Fat	3.629 g	Carbohydrate	59.516 g	Vitamin A	145.160 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.903 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 2.43 OZ

Calories	230.000 kcal	Cholesterol	10.000 mg	Protein	6.000 g	Calcium	20.000 mg
Total Fat	6.000 g	Sodium	180.000 mg	Sugars	13.000 g	Iron	1.080 mg
Saturated Fat	2.500 g	Carbohydrate	41.000 g	Vitamin A	100.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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902831 - BAGEL, WHITE W/GRAIN 12-6 CT LENDERS

BAKE - BAKERY PRODUCTS

Source: Local
Manufacturer: LENDERS (GFS)
Product No.: 230264

Measurement
LB..... 16.00 O
CASE..... 9.00 LB
PKG..... 0.75 LB
BAGEL..... 57.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	245.614 kcal	Cholesterol	0.000 mg	Protein	10.526 g	Calcium	0.000 mg
Total Fat	1.754 g	Sodium	315.789 mg	Sugars	8.772 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	50.877 g	Vitamin A	43.860 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	7.018 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 57 G

Calories	140.000 kcal	Cholesterol	0.000 mg	Protein	6.000 g	Calcium	0.000 mg
Total Fat	1.000 g	Sodium	180.000 mg	Sugars	5.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	29.000 g	Vitamin A	25.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	4.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

900169 - BAKING SODA

BAKE - BAKERY PRODUCTS

Source: Local
Manufacturer: GFS
Product No.: 513849

Measurement
LB..... 16.00 O
BOX..... 2.25 LB
tsp..... 7.69 G
.13 tsp..... 1.00 G

Nutrients: Per 100 GRAMS

Calories	0.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	16000.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 1 G

Calories	0.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	160.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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900319 - BANANAS, PETITE, RAW

FRUIT - FRUIT & FRUIT JUICE

Source: Local
Manufacturer: GFS
Product No.: 197769

Measurement
LB..... 16.00 O
CASE..... 40.00 LB
EA..... 118.00 G

Nutrients: Per 100 GRAMS

Calories	88.983 kcal	Cholesterol	0.000 mg	Protein	0.847 g	Calcium	8.475 mg
Total Fat	0.000 g	Sodium	0.847 mg	Sugars	11.864 g	Iron	0.305 mg
Saturated Fat	0.000 g	Carbohydrate	22.881 g	Vitamin A	84.746 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.542 g	Vitamin C	8.644 mg	Ash ¹	0.000 g

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Nutrients: Per 118 G

Calories	105.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	10.000 mg
Total Fat	0.000 g	Sodium	1.000 mg	Sugars	14.000 g	Iron	0.360 mg
Saturated Fat	0.000 g	Carbohydrate	27.000 g	Vitamin A	100.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.000 g	Vitamin C	10.200 mg	Ash ¹	0.000 g

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900165 - BASE, BEEF NO MSG LO SODIUM (MINOR)

SOUP - SOUP & GRAVY

Source: Local
Manufacturer: MINOR (GFS)
Product No.: 580562

Measurement
LB..... 16.00 O
CASE..... 12.00 LB
TEAS..... 6.67 G
JAR..... 1.00 LB
SERVING - 8 FL 265.00 G

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Stow-Munroe Falls City Schools

SERVING - .75 5.00 G

Nutrients: Per 100 GRAMS

Calories	300.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	20.000 g	Sodium	2700.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	20.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Nutrients: Per 5 G

Calories	15.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	1.000 g	Sodium	135.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	1.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

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Stow-Munroe Falls City Schools

902751 - BASE, CHIX LO-SOD, NO MSG

SOUP - SOUP & GRAVY

Source: Local
Manufacturer: MINOR (GFS)
Product No.: 580589

Measurement
LB..... 16.00 O
CASE..... 6.00 LB
JAR..... 1.00 LB
SERVING..... 240.00 G

Nutrients: Per 100 GRAMS

Calories	6.250 kcal	Cholesterol	0.000 mg	Protein	0.417 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	52.083 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.833 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 240 G

Calories	15.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	125.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	2.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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900025 - BBQ SAUCE

COND - CONDIMENTS

Source: Local
Manufacturer: GFS
Product No.: 734136

Measurement
LB..... 16.00 O
OZ..... 28.35 O
CASE..... 40.40 LB
GALLON..... 10.10 LB
SERVING-2TBL 37.00 G
TBLS..... 18.50 G

Nutrients: Per 100 GRAMS

Calories	166.667 kcal	Cholesterol	0.000 mg	Protein	0.833 g	Calcium	0.000 mg
Total Fat	0.278 g	Sodium	1235.278 mg	Sugars	22.222 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	38.889 g	Vitamin A	416.667 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.833 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 36 G

Calories	60.000 kcal	Cholesterol	0.000 mg	Protein	0.300 g	Calcium	0.000 mg
Total Fat	0.100 g	Sodium	444.700 mg	Sugars	8.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	14.000 g	Vitamin A	150.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.300 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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990058 - BEANS ,REFRIED DEHYDRATED

VEG - VEGETABLES

Source: Local
Manufacturer: SANTIAGO (GFS)
Product No.: 703753

Measurement
LB..... 16.00 O
CASE..... 10.16 LB
BAG..... 27.09 O
SERVING-1/4 C. 24.00 G
SERVING-1/2 C. 48.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	375.000 kcal	Cholesterol	0.000 mg	Protein	20.833 g	Calcium	111.208 mg
Total Fat	4.167 g	Sodium	1333.333 mg	Sugars	0.000 g	Iron	5.042 mg
Saturated Fat	0.000 g	Carbohydrate	62.500 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	20.833 g	Vitamin C	1.917 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 24 G

Calories	90.000 kcal	Cholesterol	0.000 mg	Protein	5.000 g	Calcium	26.690 mg
Total Fat	1.000 g	Sodium	320.000 mg	Sugars	0.000 g	Iron	1.210 mg
Saturated Fat	0.000 g	Carbohydrate	15.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	5.000 g	Vitamin C	0.460 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Stow-Munroe Falls City Schools

902770 - BEANS, BAKED BUSHES

VEG - VEGETABLES

Source: Local
Manufacturer: BUSHES (GFS)
Product No.: 520098

Measurement
LB..... 16.00 O
CASE..... 41.21 LB
CAN..... 6.87 LB
1/2 CUP..... 130.00 G
1 CUP..... 260.00 G

Nutrients: Per 100 GRAMS

Calories	107.692 kcal	Cholesterol	0.000 mg	Protein	4.615 g	Calcium	30.769 mg
Total Fat	0.769 g	Sodium	423.077 mg	Sugars	9.231 g	Iron	1.385 mg
Saturated Fat	0.000 g	Carbohydrate	22.308 g	Vitamin A	46.154 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.846 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 130 G

Calories	140.000 kcal	Cholesterol	0.000 mg	Protein	6.000 g	Calcium	40.000 mg
Total Fat	1.000 g	Sodium	550.000 mg	Sugars	12.000 g	Iron	1.800 mg
Saturated Fat	0.000 g	Carbohydrate	29.000 g	Vitamin A	60.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	5.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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902679 - BEANS, BLACK LO SODIUM

VEG - VEGETABLES

Source: Local
Manufacturer: BUSHES (GFS)
Product No.: 231981

Measurement
LB..... 16.00 O
CASE..... 41.63 LB
#10 CAN..... 6.94 LB
SERVING-.5 C... 130.00 G

Nutrients: Per 100 GRAMS

Calories	92.308 kcal	Cholesterol	0.000 mg	Protein	5.385 g	Calcium	46.154 mg
Total Fat	0.385 g	Sodium	107.692 mg	Sugars	0.769 g	Iron	1.385 mg
Saturated Fat	0.000 g	Carbohydrate	17.692 g	Vitamin A	3.846 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	4.615 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 130 G

Calories	120.000 kcal	Cholesterol	0.000 mg	Protein	7.000 g	Calcium	60.000 mg
Total Fat	0.500 g	Sodium	140.000 mg	Sugars	1.000 g	Iron	1.800 mg
Saturated Fat	0.000 g	Carbohydrate	23.000 g	Vitamin A	5.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	6.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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990119 - BEANS, GREEN CUT MIXED

VEG - VEGETABLES

Source: Local
Manufacturer: GFS
Product No.: 118737

Measurement
LB..... 16.00 O
CASE..... 38.00 LB
#10 CAN..... 102.00 O
.5 CUP..... 120.00 G
CUP..... 240.00 G

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Nutrients: Per 100 GRAMS

Calories	16.667 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	16.667 mg
Total Fat	0.000 g	Sodium	241.667 mg	Sugars	1.667 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	3.333 g	Vitamin A	166.667 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.667 g	Vitamin C	3.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Nutrients: Per 120 G

Calories	20.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	20.000 mg
Total Fat	0.000 g	Sodium	290.000 mg	Sugars	2.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	4.000 g	Vitamin A	200.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	3.600 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Stow-Munroe Falls City Schools

902678 - BEANS, KIDNEY RED DARK

VEG - VEGETABLES

Source: Local
Manufacturer: GFS
Product No.: 118761

Measurement
LB..... 16.00 O
CASE..... 41.25 LB
#10 CAN..... 6.88 LB
1/4 CUP..... 65.00 G
1/2 CUP..... 130.00 G

Nutrients: Per 100 GRAMS

Calories	84.615 kcal	Cholesterol	0.000 mg	Protein	5.385 g	Calcium	30.769 mg
Total Fat	0.000 g	Sodium	276.923 mg	Sugars	1.538 g	Iron	1.385 mg
Saturated Fat	0.000 g	Carbohydrate	14.615 g	Vitamin A	7.692 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	4.615 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 130 G

Calories	110.000 kcal	Cholesterol	0.000 mg	Protein	7.000 g	Calcium	40.000 mg
Total Fat	0.000 g	Sodium	360.000 mg	Sugars	2.000 g	Iron	1.800 mg
Saturated Fat	0.000 g	Carbohydrate	19.000 g	Vitamin A	10.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	6.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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000711 - BEEF GROUND, CRUMBLES FROZEN

BEEF - BEEF PRODUCTS

Source: Local
Manufacturer: J.T.M. Provisions Co., Inc. (GFS)
Product No.: 722330

Measurement
LB..... 16.00 O
CASE..... 30.00 LB
BAG..... 5.00 LB
SERVING-3.17 3.17 O
SERVING-1.59 1.59 O
SERVING-1.22 1.22 O

Nutrients: Per 100 GRAMS

Calories	123.471 kcal	Cholesterol	38.932 mg	Protein	14.461 g	Calcium	456.062 mg
Total Fat	5.562 g	Sodium	324.805 mg	Sugars	5.562 g	Iron	0.400 mg
Saturated Fat	2.002 g	Carbohydrate	5.562 g	Vitamin A	717.464 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.225 g	Vitamin C	3.337 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 89.9 G

Calories	111.000 kcal	Cholesterol	35.000 mg	Protein	13.000 g	Calcium	410.000 mg
Total Fat	5.000 g	Sodium	292.000 mg	Sugars	5.000 g	Iron	0.360 mg
Saturated Fat	1.800 g	Carbohydrate	5.000 g	Vitamin A	645.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	3.000 mg	Ash ¹	0.000 g

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900058 - BEEF PATTY, FLAMEBROILED 2.15 OZ TYSON (COMM)

BEEF - BEEF PRODUCTS

Source: Local
Manufacturer: TYSON - GFS (COMM)
Product No.: 863370

Measurement
LB..... 16.00 O
CASE..... 16.12 LB
BAG..... 43.00 O
EACH..... 2.15 O
EACH..... 60.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	200.000 kcal	Cholesterol	66.667 mg	Protein	21.667 g	Calcium	33.333 mg
Total Fat	13.333 g	Sodium	200.000 mg	Sugars	0.000 g	Iron	30.300 mg
Saturated Fat	5.833 g	Carbohydrate	1.667 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.667 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Nutrients: Per 60 G

Calories	120.000 kcal	Cholesterol	40.000 mg	Protein	13.000 g	Calcium	20.000 mg
Total Fat	8.000 g	Sodium	120.000 mg	Sugars	0.000 g	Iron	18.180 mg
Saturated Fat	3.500 g	Carbohydrate	1.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Stow-Munroe Falls City Schools

902666 - BEEF, PHILLY RED. SODIUM SEASONED (JTM)

BEEF - BEEF PRODUCTS

Source: Local
Manufacturer: JTM (GFS COMM)
Product No.: 720861

Measurement
LB..... 16.00 O
CASE..... 30.00 LB
SERVING..... 2.92 O
BAG..... 5.00 LB

Nutrients: Per 100 GRAMS

Calories	176.329 kcal	Cholesterol	49.517 mg	Protein	15.700 g	Calcium	12.077 mg
Total Fat	10.870 g	Sodium	479.469 mg	Sugars	2.415 g	Iron	1.208 mg
Saturated Fat	4.106 g	Carbohydrate	3.623 g	Vitamin A	22.947 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 82.8 G

Calories	146.000 kcal	Cholesterol	41.000 mg	Protein	13.000 g	Calcium	10.000 mg
Total Fat	9.000 g	Sodium	397.000 mg	Sugars	2.000 g	Iron	1.000 mg
Saturated Fat	3.400 g	Carbohydrate	3.000 g	Vitamin A	19.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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902843 - BEEF, TERIYAKI DIPPERS

BEEF - BEEF PRODUCTS

Source: Local
Manufacturer: ADVANCE PIERRE (GFS COMMODIT)
Product No.: 136591

Measurement
LB..... 16.00 O
CASE..... 25.00 LB
BAG..... 5.00 LB
SERVING - 4 EA 78.00 G
EACH..... 19.50 G

Nutrients: Per 100 GRAMS

Calories	205.128 kcal	Cholesterol	51.282 mg	Protein	17.949 g	Calcium	25.641 mg
Total Fat	10.256 g	Sodium	564.103 mg	Sugars	5.128 g	Iron	1.846 mg
Saturated Fat	4.487 g	Carbohydrate	7.692 g	Vitamin A	25.641 IU	Water ¹	0.000 g
Trans. Fat ²	0.641 g	Dietary Fiber	1.282 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 78 G

Calories	160.000 kcal	Cholesterol	40.000 mg	Protein	14.000 g	Calcium	20.000 mg
Total Fat	8.000 g	Sodium	440.000 mg	Sugars	4.000 g	Iron	1.440 mg
Saturated Fat	3.500 g	Carbohydrate	6.000 g	Vitamin A	20.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.500 g	Dietary Fiber	1.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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(¹ - denotes optional nutrient values.)
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902867 - BOSCO, PIZZA BREADSTICK W/G 7"

ENTRE - MAIN DISH RECIPES

Source: Local
Manufacturer: BOSCO (GFS)
Product No.: 518691

Measurement
LB..... 16.00 O
CASE..... 17.80 LB
EA..... 105.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	228.571 kcal	Cholesterol	23.810 mg	Protein	10.476 g	Calcium	142.857 mg
Total Fat	8.571 g	Sodium	476.190 mg	Sugars	2.857 g	Iron	1.714 mg
Saturated Fat	4.286 g	Carbohydrate	27.619 g	Vitamin A	380.952 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.857 g	Vitamin C	3.429 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 105 G

Calories	240.000 kcal	Cholesterol	25.000 mg	Protein	11.000 g	Calcium	150.000 mg
Total Fat	9.000 g	Sodium	500.000 mg	Sugars	3.000 g	Iron	1.800 mg
Saturated Fat	4.500 g	Carbohydrate	29.000 g	Vitamin A	400.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.000 g	Vitamin C	3.600 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Stow-Munroe Falls City Schools

902603 - BREAD, WHOLE GRAIN WHITE

BAKE - BAKERY PRODUCTS

Source: Local
Manufacturer: NICKLES
Product No.: 1059

Measurement
LB..... 16.00 O
SERVING-2 SLI 52.00 G
LOAF..... 572.00 G

Nutrients: Per 100 GRAMS

Calories	211.538 kcal	Cholesterol	0.000 mg	Protein	9.615 g	Calcium	576.923 mg
Total Fat	1.923 g	Sodium	403.846 mg	Sugars	*N/A* g	Iron	5.192 mg
Saturated Fat	0.000 g	Carbohydrate	42.308 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	7.692 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 52 G

Calories	110.000 kcal	Cholesterol	0.000 mg	Protein	5.000 g	Calcium	300.000 mg
Total Fat	1.000 g	Sodium	210.000 mg	Sugars	*N/A* g	Iron	2.700 mg
Saturated Fat	0.000 g	Carbohydrate	22.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	4.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

902837 - BREADSTICK, PEPPERONI & CHEESE STUFFED (SCHWA

ENT-L - ENT-L

Source: Local
Manufacturer: SCHWANS - GFS (COMM)
Product No.: 504630

Measurement
LB..... 16.00 O
CASE..... 9.30 LB
EACH..... 3.10 O
EACH..... 87.00 G

Nutrients: Per 100 GRAMS

Calories	241.379 kcal	Cholesterol	22.989 mg	Protein	13.793 g	Calcium	114.943 mg
Total Fat	6.897 g	Sodium	448.276 mg	Sugars	4.598 g	Iron	2.069 mg
Saturated Fat	3.448 g	Carbohydrate	31.034 g	Vitamin A	229.885 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.448 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 87 G

Calories	210.000 kcal	Cholesterol	20.000 mg	Protein	12.000 g	Calcium	100.000 mg
Total Fat	6.000 g	Sodium	390.000 mg	Sugars	4.000 g	Iron	1.800 mg
Saturated Fat	3.000 g	Carbohydrate	27.000 g	Vitamin A	200.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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990159 - BREADSTICKS, W/G CHEESE FILLED TONY'S

ENT-L - ENT-L

Source: Local
Manufacturer: TONY'S (COMM)(GFS)
Product No.: 232930

Measurement
LB..... 16.00 O
CASE..... 26.25 LB
2 EA..... 119.00 G
1EA..... 59.50 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	260.504 kcal	Cholesterol	33.613 mg	Protein	15.126 g	Calcium	336.134 mg
Total Fat	10.924 g	Sodium	495.798 mg	Sugars	6.723 g	Iron	1.513 mg
Saturated Fat	5.882 g	Carbohydrate	26.050 g	Vitamin A	168.067 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.521 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

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Nutrients: Per 119 G

Calories	310.000 kcal	Cholesterol	40.000 mg	Protein	18.000 g	Calcium	400.000 mg
Total Fat	13.000 g	Sodium	590.000 mg	Sugars	8.000 g	Iron	1.800 mg
Saturated Fat	7.000 g	Carbohydrate	31.000 g	Vitamin A	200.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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(¹ - denotes optional nutrient values.)

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Stow-Munroe Falls City Schools

902830 - BREAKFAST SAUSAGE & GRAVY SLIDERS

BRKRC - BREAKFAST RECIPES

Source: Local
Manufacturer: SCHWANS (GFS)
Product No.: 523710

Measurement
LB..... 16.00 O
CASE..... 11.43 LB
PKG..... 72.00 G

Nutrients: Per 100 GRAMS

Calories	208.333 kcal	Cholesterol	34.722 mg	Protein	11.111 g	Calcium	138.889 mg
Total Fat	6.250 g	Sodium	388.889 mg	Sugars	11.111 g	Iron	2.500 mg
Saturated Fat	2.083 g	Carbohydrate	29.167 g	Vitamin A	138.889 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.778 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 72 G

Calories	150.000 kcal	Cholesterol	25.000 mg	Protein	8.000 g	Calcium	100.000 mg
Total Fat	4.500 g	Sodium	280.000 mg	Sugars	8.000 g	Iron	1.800 mg
Saturated Fat	1.500 g	Carbohydrate	21.000 g	Vitamin A	100.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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902776 - BROCCOLI CUTS, 12-2.5#

VEG - VEGETABLES

Source: Local
Manufacturer: GFS
Product No.: 119245

Measurement
LB..... 16.00 O
CASE..... 30.00 LB
SERVING..... 100.00 G
BAG..... 2.50 LB

Nutrients: Per 100 GRAMS

Calories	34.000 kcal	Cholesterol	0.000 mg	Protein	2.000 g	Calcium	20.000 mg
Total Fat	0.000 g	Sodium	23.000 mg	Sugars	2.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	5.000 g	Vitamin A	10.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	30.000 mg	Ash ¹	0.000 g

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990056 - BUN, HAMBURG WHOLE GRAIN

BAKE - BAKERY PRODUCTS

Source: Local
Manufacturer: NICKLES BAKERY
Product No.: 1502

Measurement
LB..... 16.00 O
EA..... 43.00 G
PKG OF 8..... 344.00 G

Nutrients: Per 100 GRAMS

Calories	279.070 kcal	Cholesterol	0.000 mg	Protein	9.302 g	Calcium	465.116 mg
Total Fat	3.488 g	Sodium	511.628 mg	Sugars	6.977 g	Iron	4.186 mg
Saturated Fat	0.000 g	Carbohydrate	51.163 g	Vitamin A	34.884 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	6.977 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

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Nutrients: Per 43 G

Calories	120.000 kcal	Cholesterol	0.000 mg	Protein	4.000 g	Calcium	200.000 mg
Total Fat	1.500 g	Sodium	220.000 mg	Sugars	3.000 g	Iron	1.800 mg
Saturated Fat	0.000 g	Carbohydrate	22.000 g	Vitamin A	15.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

990061 - BUN, 6" WEINER - NICKLES W/G

BAKE - BAKERY PRODUCTS

Source: Local
Manufacturer: NICKLES BAKERY
Product No.: 1794

Measurement
LB..... 16.00 O
BUN..... 1.50 O
PKG - 8 COUNT 12.00 O

Nutrients: Per 100 GRAMS

Calories	235.160 kcal	Cholesterol	0.000 mg	Protein	9.406 g	Calcium	352.740 mg
Total Fat	3.527 g	Sodium	470.320 mg	Sugars	7.055 g	Iron	4.233 mg
Saturated Fat	0.000 g	Carbohydrate	47.032 g	Vitamin A	35.274 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	7.055 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 1.5 OZ

Calories	100.000 kcal	Cholesterol	0.000 mg	Protein	4.000 g	Calcium	150.000 mg
Total Fat	1.500 g	Sodium	200.000 mg	Sugars	3.000 g	Iron	1.800 mg
Saturated Fat	0.000 g	Carbohydrate	20.000 g	Vitamin A	15.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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902739 - BUN, HOAGY WHOLE GRAIN 6.5"

BAKE - BAKERY PRODUCTS

Source: Local
Manufacturer: NICKELS
Product No.: 20275 (1980)

Measurement
LB..... 16.00 O
PKG 12 CT..... 24.00 O
BUN..... 2.00 O

Nutrients: Per 100 GRAMS

Calories	299.829 kcal	Cholesterol	0.000 mg	Protein	14.110 g	Calcium	176.370 mg
Total Fat	35.274 g	Sodium	582.021 mg	Sugars	5.291 g	Iron	3.175 mg
Saturated Fat	3.527 g	Carbohydrate	56.438 g	Vitamin A	26.455 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	7.055 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 2 OZ

Calories	170.000 kcal	Cholesterol	0.000 mg	Protein	8.000 g	Calcium	100.000 mg
Total Fat	20.000 g	Sodium	330.000 mg	Sugars	3.000 g	Iron	1.800 mg
Saturated Fat	2.000 g	Carbohydrate	32.000 g	Vitamin A	15.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	4.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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902743 - CABBAGE, SHREDDED RED

VEG - VEGETABLES

Source: Local
Manufacturer: MARKON (GFS)
Product No.: 212679

Measurement
LB..... 16.00 O
CASE..... 6.00 LB
BAG..... 3.00 LB
SERVING..... 99.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	30.303 kcal	Cholesterol	0.000 mg	Protein	1.010 g	Calcium	40.404 mg
Total Fat	0.000 g	Sodium	25.253 mg	Sugars	4.040 g	Iron	0.727 mg
Saturated Fat	0.000 g	Carbohydrate	7.071 g	Vitamin A	1010.101 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.020 g	Vitamin C	54.545 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Nutrients: Per 99 G

Calories	30.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	40.000 mg
Total Fat	0.000 g	Sodium	25.000 mg	Sugars	4.000 g	Iron	0.720 mg
Saturated Fat	0.000 g	Carbohydrate	7.000 g	Vitamin A	1000.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	54.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

902750 - CALZONE, ITAL BEEF PEPP

ENT-L - ENT-L

Source: Local
Manufacturer: S & F FOODS (GFS)
Product No.: 135191

Measurement
LB..... 16.00 O
CASE..... 25.00 LB
EA..... 142.00 G

Nutrients: Per 100 GRAMS

Calories	239.437 kcal	Cholesterol	21.127 mg	Protein	14.085 g	Calcium	176.056 mg
Total Fat	9.155 g	Sodium	359.155 mg	Sugars	3.521 g	Iron	1.268 mg
Saturated Fat	3.521 g	Carbohydrate	24.648 g	Vitamin A	352.113 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.113 g	Vitamin C	5.915 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 142 G

Calories	340.000 kcal	Cholesterol	30.000 mg	Protein	20.000 g	Calcium	250.000 mg
Total Fat	13.000 g	Sodium	510.000 mg	Sugars	5.000 g	Iron	1.800 mg
Saturated Fat	5.000 g	Carbohydrate	35.000 g	Vitamin A	500.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.000 g	Vitamin C	8.400 mg	Ash ¹	0.000 g

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(¹ - denotes optional nutrient values.)
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990144 - CARROTS, BABY SNACK BAG

VEG - VEGETABLES

Source: Local
Manufacturer: GORDON'S
Product No.: 613967

Measurement
LB..... 16.00 O
CASE..... 12.51 LB
SNACK BAG..... 1.00 O

Nutrients: Per 100 GRAMS

Calories	44.797 kcal	Cholesterol	0.000 mg	Protein	1.411 g	Calcium	35.273 mg
Total Fat	0.000 g	Sodium	51.146 mg	Sugars	7.055 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	10.582 g	Vitamin A	35.273 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.469 g	Vitamin C	8.466 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 28.35 G

Calories	12.700 kcal	Cholesterol	0.000 mg	Protein	0.400 g	Calcium	10.000 mg
Total Fat	0.000 g	Sodium	14.500 mg	Sugars	2.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	3.000 g	Vitamin A	10.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.700 g	Vitamin C	2.400 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

902621 - CARROTS, FROZEN, SLICED A099

VEG - VEGETABLES

Source: Local
Manufacturer: GFS
Product No.: 175706

Measurement
LB..... 16.00 O
CASE..... 30.00 LB
SERVING- 1/2C. 73.00 G
SERVING- 1/4C. 37.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	41.176 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	23.529 mg
Total Fat	0.000 g	Sodium	52.941 mg	Sugars	3.529 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	7.059 g	Vitamin A	5882.353 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.353 g	Vitamin C	1.412 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 85 G

Calories	35.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	20.000 mg
Total Fat	0.000 g	Sodium	45.000 mg	Sugars	3.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	6.000 g	Vitamin A	5000.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	1.200 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Stow-Munroe Falls City Schools

902744 - CARROTS, SHREDDED

VEG - VEGETABLES

Source: Local
Manufacturer: MARKON (GFS)
Product No.: 313408

Measurement
LB..... 16.00 O
CASE..... 10.00 LB
BAG..... 5.00 LB
SERVING..... 78.00 G

Nutrients: Per 100 GRAMS

Calories	44.872 kcal	Cholesterol	0.000 mg	Protein	1.282 g	Calcium	25.641 mg
Total Fat	0.000 g	Sodium	51.282 mg	Sugars	6.410 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	10.256 g	Vitamin A	17307.692 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.564 g	Vitamin C	7.692 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 78 G

Calories	35.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	20.000 mg
Total Fat	0.000 g	Sodium	40.000 mg	Sugars	5.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	8.000 g	Vitamin A	13500.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	6.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

900038 - CARROTS, BABY, RAW

VEG - VEGETABLES

Source: Local
Manufacturer: MARKON (GFS)
Product No.: 768146

Measurement
LB..... 16.00 O
.38 CUP..... 57.00 G
CASE..... 20.00 LB
BAG..... 5.00 LB
CUP..... 128.00 G

Nutrients: Per 100 GRAMS

Calories	41.016 kcal	Cholesterol	0.000 mg	Protein	0.938 g	Calcium	31.250 mg
Total Fat	0.234 g	Sodium	68.984 mg	Sugars	4.688 g	Iron	0.281 mg
Saturated Fat	0.000 g	Carbohydrate	9.375 g	Vitamin A	12031.250 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.813 g	Vitamin C	6.094 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 128 G

Calories	52.500 kcal	Cholesterol	0.000 mg	Protein	1.200 g	Calcium	40.000 mg
Total Fat	0.300 g	Sodium	88.300 mg	Sugars	6.000 g	Iron	0.360 mg
Saturated Fat	0.000 g	Carbohydrate	12.000 g	Vitamin A	15400.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.600 g	Vitamin C	7.800 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

990152 - CELERY STICKS

VEG - VEGETABLES

Source: Local
Manufacturer: MARKON (GFS)
Product No.: 781592

Measurement
LB..... 16.00 O CUP..... 124.00 G
CASE..... 12.00 LB
3# BAG..... 3.00 LB
SERVING..... 75.00 G
PORTION..... 4.00 O

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Stow-Munroe Falls City Schools

PORTION..... 2.00 O

Nutrients: Per 100 GRAMS

Calories	14.032 kcal	Cholesterol	0.000 mg	Protein	0.726 g	Calcium	40.323 mg
Total Fat	0.161 g	Sodium	80.000 mg	Sugars	1.613 g	Iron	0.145 mg
Saturated Fat	0.081 g	Carbohydrate	3.226 g	Vitamin A	443.548 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.613 g	Vitamin C	2.903 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
 (1 - denotes optional nutrient values.)
 (2 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 124 G

Calories	17.400 kcal	Cholesterol	0.000 mg	Protein	0.900 g	Calcium	50.000 mg
Total Fat	0.200 g	Sodium	99.200 mg	Sugars	2.000 g	Iron	0.180 mg
Saturated Fat	0.100 g	Carbohydrate	4.000 g	Vitamin A	550.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	3.600 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
 (1 - denotes optional nutrient values.)
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Stow-Munroe Falls City Schools

990091 - CELERY, JUMBO

VEG - VEGETABLES

Source: Local
Manufacturer: MARKON (GFS)
Product No.: 198536

Measurement					
LB.....	16.00	O	STALK SMALL 5	17.00	G
CASE.....	40.00	LB	STRIP 4".....	4.00	G
BUNCH-STALK	2.00	LB	LB, CHOPPED...	16.00	O
CUP.....	124.00	G	CUP, STICKS....	5.24	O
STALK LARGE	64.00	G			
STALK MED 7.5	40.00	G			

Nutrients: Per 100 GRAMS

Calories	14.032	kcal	Cholesterol	0.000	mg	Protein	0.726	g	Calcium	40.323	mg
Total Fat	0.161	g	Sodium	80.000	mg	Sugars	1.613	g	Iron	0.145	mg
Saturated Fat	0.081	g	Carbohydrate	3.226	g	Vitamin A	443.548	IU	Water ¹	0.000	g
Trans. Fat ²	0.000	g	Dietary Fiber	1.613	g	Vitamin C	2.903	mg	Ash ¹	0.000	g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 124 G

Calories	17.400	kcal	Cholesterol	0.000	mg	Protein	0.900	g	Calcium	50.000	mg
Total Fat	0.200	g	Sodium	99.200	mg	Sugars	2.000	g	Iron	0.180	mg
Saturated Fat	0.100	g	Carbohydrate	4.000	g	Vitamin A	550.000	IU	Water ¹	0.000	g
Trans. Fat ²	0.000	g	Dietary Fiber	2.000	g	Vitamin C	3.600	mg	Ash ¹	0.000	g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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902806 - CEREAL KIT, APPLE JACKS RED SUGAR KIT 36 CT

CER - CEREAL

Source: Local
Manufacturer: KELLOGG'S (GFS)
Product No.: 676160

Measurement			
LB.....	16.00	O	
CASE.....	18.00	LB	
KIT.....	227.00	G	

Nutrients: Per 100 GRAMS

Calories	125.551	kcal	Cholesterol	0.000	mg	Protein	1.762	g	Calcium	48.458	mg
Total Fat	1.762	g	Sodium	114.097	mg	Sugars	0.000	g	Iron	1.824	mg
Saturated Fat	0.441	g	Carbohydrate	25.991	g	Vitamin A	220.264	IU	Water ¹	0.000	g
Trans. Fat ²	*N/A*	g	Dietary Fiber	1.762	g	Vitamin C	30.925	mg	Ash ¹	0.000	g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 227 G

Calories	285.000	kcal	Cholesterol	0.000	mg	Protein	4.000	g	Calcium	110.000	mg
Total Fat	4.000	g	Sodium	259.000	mg	Sugars	0.000	g	Iron	4.140	mg
Saturated Fat	1.000	g	Carbohydrate	59.000	g	Vitamin A	500.000	IU	Water ¹	0.000	g
Trans. Fat ²	*N/A*	g	Dietary Fiber	4.000	g	Vitamin C	70.200	mg	Ash ¹	0.000	g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

902810 - CEREAL KIT, CHERRIOS

CER - CEREAL

Source: Local
Manufacturer: GENERAL MILLS & ES FOODS (GFS)
Product No.: 525280

Measurement			
LB.....	16.00	O	
CASE.....	26.70	LB	
KIT.....	177.00	G	

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	163.842 kcal	Cholesterol	0.000 mg	Protein	3.390 g	Calcium	45.198 mg
Total Fat	2.825 g	Sodium	158.192 mg	Sugars	*N/A* g	Iron	4.576 mg
Saturated Fat	0.565 g	Carbohydrate	32.203 g	Vitamin A	282.486 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.825 g	Vitamin C	37.288 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 177 G

Calories	290.000 kcal	Cholesterol	0.000 mg	Protein	6.000 g	Calcium	80.000 mg
Total Fat	5.000 g	Sodium	280.000 mg	Sugars	*N/A* g	Iron	8.100 mg
Saturated Fat	1.000 g	Carbohydrate	57.000 g	Vitamin A	500.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	5.000 g	Vitamin C	66.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Stow-Munroe Falls City Schools

902811 - CEREAL KIT, CINNAMON TOAST CRUNCH

CER - CEREAL

Source: Local
Manufacturer: GFS
Product No.: 150471

Measurement
LB..... 16.00 O
CASE..... 25.20 LB
KIT..... 167.00 G

Nutrients: Per 100 GRAMS

Calories	173.653 kcal	Cholesterol	0.000 mg	Protein	1.198 g	Calcium	179.641 mg
Total Fat	4.192 g	Sodium	191.617 mg	Sugars	*N/A* g	Iron	2.695 mg
Saturated Fat	0.898 g	Carbohydrate	33.533 g	Vitamin A	239.521 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.395 g	Vitamin C	39.521 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 167 G

Calories	290.000 kcal	Cholesterol	0.000 mg	Protein	2.000 g	Calcium	300.000 mg
Total Fat	7.000 g	Sodium	320.000 mg	Sugars	*N/A* g	Iron	4.500 mg
Saturated Fat	1.500 g	Carbohydrate	56.000 g	Vitamin A	400.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	4.000 g	Vitamin C	66.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

902812 - CEREAL KIT, COCO ROOS

CER - CEREAL

Source: Local
Manufacturer: GFS
Product No.: 533130

Measurement
LB..... 16.00 O
CASE..... 26.70 LB
KIT..... 164.00 G

Nutrients: Per 100 GRAMS

Calories	164.634 kcal	Cholesterol	0.000 mg	Protein	3.049 g	Calcium	60.976 mg
Total Fat	3.049 g	Sodium	176.829 mg	Sugars	*N/A* g	Iron	2.744 mg
Saturated Fat	0.610 g	Carbohydrate	31.707 g	Vitamin A	304.878 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.829 g	Vitamin C	40.244 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 164 G

Calories	270.000 kcal	Cholesterol	0.000 mg	Protein	5.000 g	Calcium	100.000 mg
Total Fat	5.000 g	Sodium	290.000 mg	Sugars	*N/A* g	Iron	4.500 mg
Saturated Fat	1.000 g	Carbohydrate	52.000 g	Vitamin A	500.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	3.000 g	Vitamin C	66.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

902807 - CEREAL KIT, FROOT LOOP JUMP START

CER - CEREAL

Source: Local
Manufacturer: KELLOGG'S (GFS)
Product No.: 282491

Measurement
LB..... 16.00 O
CASE..... 16.42 LB
KIT..... 163.00 G

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Nutrients: Per 100 GRAMS

Calories	159.509 kcal	Cholesterol	0.000 mg	Protein	2.454 g	Calcium	122.699 mg
Total Fat	2.147 g	Sodium	165.644 mg	Sugars	*N/A* g	Iron	3.313 mg
Saturated Fat	0.307 g	Carbohydrate	34.356 g	Vitamin A	613.497 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.454 g	Vitamin C	44.172 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 163 G

Calories	260.000 kcal	Cholesterol	0.000 mg	Protein	4.000 g	Calcium	200.000 mg
Total Fat	3.500 g	Sodium	270.000 mg	Sugars	*N/A* g	Iron	5.400 mg
Saturated Fat	0.500 g	Carbohydrate	56.000 g	Vitamin A	1000.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	4.000 g	Vitamin C	72.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Stow-Munroe Falls City Schools

902808 - CEREAL KIT, FROSTED FLAKES JUMP START

CER - CEREAL	Measurement	
	LB.....	16.00 O
Source: Local	CASE.....	16.80 LB
Manufacturer: KELLOGG'S (GFS)	KIT.....	174.00 G
Product No.: 872040		

Nutrients: Per 100 GRAMS

Calories	143.678 kcal	Cholesterol	0.000 mg	Protein	1.724 g	Calcium	114.943 mg
Total Fat	1.437 g	Sodium	149.425 mg	Sugars	*N/A* g	Iron	5.069 mg
Saturated Fat	0.287 g	Carbohydrate	31.609 g	Vitamin A	718.391 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.724 g	Vitamin C	46.552 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
 (1 - denotes optional nutrient values.)
 (2 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 174 G

Calories	250.000 kcal	Cholesterol	0.000 mg	Protein	3.000 g	Calcium	200.000 mg
Total Fat	2.500 g	Sodium	260.000 mg	Sugars	*N/A* g	Iron	8.820 mg
Saturated Fat	0.500 g	Carbohydrate	55.000 g	Vitamin A	1250.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	3.000 g	Vitamin C	81.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
 (1 - denotes optional nutrient values.)
 (2 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

902813 - CEREAL KIT, LUCKY CHARMS

CER - CEREAL	Measurement	
	LB.....	16.00 O
Source: Local	CASE.....	26.70 LB
Manufacturer: GFS	KIT.....	167.00 G
Product No.: 525290		

Nutrients: Per 100 GRAMS

Calories	167.665 kcal	Cholesterol	0.000 mg	Protein	2.395 g	Calcium	119.760 mg
Total Fat	2.695 g	Sodium	179.641 mg	Sugars	*N/A* g	Iron	3.234 mg
Saturated Fat	0.599 g	Carbohydrate	32.934 g	Vitamin A	299.401 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.198 g	Vitamin C	39.521 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
 (1 - denotes optional nutrient values.)
 (2 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 167 G

Calories	280.000 kcal	Cholesterol	0.000 mg	Protein	4.000 g	Calcium	200.000 mg
Total Fat	4.500 g	Sodium	300.000 mg	Sugars	*N/A* g	Iron	5.400 mg
Saturated Fat	1.000 g	Carbohydrate	55.000 g	Vitamin A	500.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	66.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
 (1 - denotes optional nutrient values.)
 (2 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

902809 - CEREAL KIT, RICE KRISPIE JUMP START

CER - CEREAL	Measurement	
	LB.....	16.00 O
Source: Local	CASE.....	16.42 LB
Manufacturer: KELLOGG'S (GFS)	KIT.....	163.00 G
Product No.: 282481		

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Nutrients: Per 100 GRAMS

Calories	153.374 kcal	Cholesterol	0.000 mg	Protein	2.454 g	Calcium	122.699 mg
Total Fat	1.840 g	Sodium	165.644 mg	Sugars	*N/A* g	Iron	5.521 mg
Saturated Fat	0.000 g	Carbohydrate	33.742 g	Vitamin A	920.245 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.613 g	Vitamin C	44.172 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 163 G

Calories	250.000 kcal	Cholesterol	0.000 mg	Protein	4.000 g	Calcium	200.000 mg
Total Fat	3.000 g	Sodium	270.000 mg	Sugars	*N/A* g	Iron	9.000 mg
Saturated Fat	0.000 g	Carbohydrate	55.000 g	Vitamin A	1500.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	72.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Stow-Munroe Falls City Schools

902814 - CEREAL KIT, TRIX

CER - CEREAL

Source: Local
Manufacturer: GFS
Product No.: 525340

Measurement
LB..... 16.00 O
CASE..... 26.70 LB
KIT..... 167.00 G

Nutrients: Per 100 GRAMS

Calories	161.677 kcal	Cholesterol	0.000 mg	Protein	1.198 g	Calcium	59.880 mg
Total Fat	2.695 g	Sodium	173.653 mg	Sugars	*N/A* g	Iron	3.772 mg
Saturated Fat	0.599 g	Carbohydrate	33.533 g	Vitamin A	449.102 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.198 g	Vitamin C	39.521 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 167 G

Calories	270.000 kcal	Cholesterol	0.000 mg	Protein	2.000 g	Calcium	100.000 mg
Total Fat	4.500 g	Sodium	290.000 mg	Sugars	*N/A* g	Iron	6.300 mg
Saturated Fat	1.000 g	Carbohydrate	56.000 g	Vitamin A	750.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	66.000 mg	Ash ¹	*N/A* g

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900002 - CHEESE, AMER SLCD RF YELLOW LAND-O-LAKES COMM

DAIRY - DAIRY PRODUCTS

Source: Local
Manufacturer: LAND-O-LAKES (GFS COMM)
Product No.: 722360

Measurement
LB..... 16.00 O
CASE..... 30.00 LB
BLOCK..... 5.00 LB
SERVING-2 SL 28.00 G
SERVING-1 SL 14.00 G

Nutrients: Per 100 GRAMS

Calories	250.000 kcal	Cholesterol	53.571 mg	Protein	25.000 g	Calcium	714.286 mg
Total Fat	14.286 g	Sodium	1500.000 mg	Sugars	3.571 g	Iron	0.000 mg
Saturated Fat	8.929 g	Carbohydrate	7.143 g	Vitamin A	1071.429 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 28 G

Calories	70.000 kcal	Cholesterol	15.000 mg	Protein	7.000 g	Calcium	200.000 mg
Total Fat	4.000 g	Sodium	420.000 mg	Sugars	1.000 g	Iron	0.000 mg
Saturated Fat	2.500 g	Carbohydrate	2.000 g	Vitamin A	300.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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902643 - CHEESE, CHEDDAR CHEESE CUP 3Z

DAIRY - DAIRY PRODUCTS

Source: Local
Manufacturer: LAND O'LAKES (GFS)
Product No.: 135231

Measurement
LB..... 16.00 O
CASE..... 26.25 LB
CUP..... 3.00 O
CUP..... 85.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	152.941 kcal	Cholesterol	35.294 mg	Protein	9.412 g	Calcium	388.235 mg
Total Fat	10.588 g	Sodium	647.059 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	7.059 g	Carbohydrate	5.882 g	Vitamin A	352.941 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	23.294 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 85 G

Calories	130.000 kcal	Cholesterol	30.000 mg	Protein	8.000 g	Calcium	330.000 mg
Total Fat	9.000 g	Sodium	550.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	6.000 g	Carbohydrate	5.000 g	Vitamin A	300.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	19.800 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Stow-Munroe Falls City Schools

990080 - CHEESE, CHEDDAR SAUCE POUCH RF, LOW SOD.

DAIRY - DAIRY PRODUCTS

Source: Local
Manufacturer: LAND-O-LAKES (GFS)
Product No.: 135261

Measurement
LB..... 16.00 O
CASE..... 39.75 LB
BAG..... 106.00 O
SERVING (.25 C 56.67 G
3 OZ..... 85.00 G
1 OZ..... 28.33 G

Nutrients: Per 100 GRAMS

Calories	152.941 kcal	Cholesterol	35.294 mg	Protein	9.412 g	Calcium	352.941 mg
Total Fat	10.588 g	Sodium	647.059 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	7.059 g	Carbohydrate	4.706 g	Vitamin A	352.941 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 85 G

Calories	130.000 kcal	Cholesterol	30.000 mg	Protein	8.000 g	Calcium	300.000 mg
Total Fat	9.000 g	Sodium	550.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	6.000 g	Carbohydrate	4.000 g	Vitamin A	300.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

900196 - CHEESE, CHEDDAR SHRD

DAIRY - DAIRY PRODUCTS

Source: Local
Manufacturer: LAND O LAKES (GFS)
Product No.: 150250

Measurement
LB..... 16.00 O
CASE..... 20.00 LB
BAG..... 5.00 LB
Serving-.25C..... 28.00 G

Nutrients: Per 100 GRAMS

Calories	392.857 kcal	Cholesterol	107.143 mg	Protein	25.000 g	Calcium	714.286 mg
Total Fat	32.143 g	Sodium	678.571 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	21.429 g	Carbohydrate	3.571 g	Vitamin A	1071.429 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 28 G

Calories	110.000 kcal	Cholesterol	30.000 mg	Protein	7.000 g	Calcium	200.000 mg
Total Fat	9.000 g	Sodium	190.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	6.000 g	Carbohydrate	1.000 g	Vitamin A	300.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

900187 - CHEESE, CHEDDAR SNACK PACK RF

DAIRY - DAIRY PRODUCTS

Source: Local
Manufacturer: USDA COMMODITY (LAND O LAKES)
Product No.: P806

Measurement
LB..... 16.00 O
CASE..... 10.50 LB
1 STICK..... 28.00 G
PACK..... 28.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	321.429 kcal	Cholesterol	71.429 mg	Protein	25.000 g	Calcium	714.286 mg
Total Fat	25.000 g	Sodium	714.286 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	16.071 g	Carbohydrate	0.000 g	Vitamin A	1071.429 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 28 G

Calories	90.000 kcal	Cholesterol	20.000 mg	Protein	7.000 g	Calcium	200.000 mg
Total Fat	7.000 g	Sodium	200.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	4.500 g	Carbohydrate	0.000 g	Vitamin A	300.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Stow-Munroe Falls City Schools

900197 - CHEESE, MOZZ LITE - LANDOLAKES (COMM)

DAIRY - DAIRY PRODUCTS	Measurement	
	LB.....	16.00 O
Source: Local	CASE.....	20.00 LB
Manufacturer: GFS-LANDOLAKES (COMM)	SERVING-1/4 C.	1.00 O
Product No.: 645170	BAG.....	5.00 LB

Nutrients: Per 100 GRAMS

Calories	321.429 kcal	Cholesterol	53.571 mg	Protein	25.000 g	Calcium	714.286 mg
Total Fat	21.429 g	Sodium	750.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	12.500 g	Carbohydrate	3.571 g	Vitamin A	357.143 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
 (1 - denotes optional nutrient values.)
 (2 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 28 G

Calories	90.000 kcal	Cholesterol	15.000 mg	Protein	7.000 g	Calcium	200.000 mg
Total Fat	6.000 g	Sodium	210.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	3.500 g	Carbohydrate	1.000 g	Vitamin A	100.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
 (1 - denotes optional nutrient values.)
 (2 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

990081 - CHEESE, MOZZ/PROV DICED BLEND PRIMO GUSTO

DAIRY - DAIRY PRODUCTS	Measurement	
	LB.....	16.00 O
Source: Local	1 SERVING.....	28.00 G
Manufacturer: PRIMO GUSTO (GFS)	BAG.....	5.00 LB
Product No.: 529249	CASE.....	20.00 LB

Nutrients: Per 100 GRAMS

Calories	321.429 kcal	Cholesterol	71.429 mg	Protein	25.000 g	Calcium	714.286 mg
Total Fat	21.429 g	Sodium	750.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	14.286 g	Carbohydrate	0.000 g	Vitamin A	714.286 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
 (1 - denotes optional nutrient values.)
 (2 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 28 G

Calories	90.000 kcal	Cholesterol	20.000 mg	Protein	7.000 g	Calcium	200.000 mg
Total Fat	6.000 g	Sodium	210.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	4.000 g	Carbohydrate	0.000 g	Vitamin A	200.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
 (1 - denotes optional nutrient values.)
 (2 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

902661 - CHEESE, MOZZARELLA, LITE, SHREDDED, FROZEN

DAIRY - DAIRY PRODUCTS	Measurement	
	LB.....	16.00 O
Source: Local	CASE.....	20.00 LB
Manufacturer: LANDOLAKES (GFS COMM)	SERVING-.25 C	28.00 G
Product No.: 645170	BAG.....	5.00 LB

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	321.429 kcal	Cholesterol	53.571 mg	Protein	25.000 g	Calcium	714.286 mg
Total Fat	21.429 g	Sodium	750.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	12.500 g	Carbohydrate	3.571 g	Vitamin A	36071.429 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 28 G

Calories	90.000 kcal	Cholesterol	15.000 mg	Protein	7.000 g	Calcium	200.000 mg
Total Fat	6.000 g	Sodium	210.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	3.500 g	Carbohydrate	1.000 g	Vitamin A	10100.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Stow-Munroe Falls City Schools

990077 - CHEESE, REDUCED FAT AMERICAN SLICED (COMM)

DAIRY - DAIRY PRODUCTS

Source: Local
Manufacturer: LAND O'LAKES (COMM)
Product No.: 722360

Measurement
LB..... 16.00 O
CASE..... 30.00 LB
SLICED LOAF... 5.00 LB
SLICE..... 14.00 G
SERVING (2 SL) 28.00 G

Nutrients: Per 100 GRAMS

Calories	250.000 kcal	Cholesterol	53.571 mg	Protein	25.000 g	Calcium	714.286 mg
Total Fat	14.286 g	Sodium	1500.000 mg	Sugars	3.571 g	Iron	0.000 mg
Saturated Fat	8.929 g	Carbohydrate	7.143 g	Vitamin A	1071.429 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 28 G

Calories	70.000 kcal	Cholesterol	15.000 mg	Protein	7.000 g	Calcium	200.000 mg
Total Fat	4.000 g	Sodium	420.000 mg	Sugars	1.000 g	Iron	0.000 mg
Saturated Fat	2.500 g	Carbohydrate	2.000 g	Vitamin A	300.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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902758 - CHEESE, WHITE QUESO BLANCO SAUCE

DAIRY - DAIRY PRODUCTS

Source: Local
Manufacturer: JTM COMMODITY (GFS)
Product No.: 722110

Measurement
LB..... 16.00 O
CASE..... 30.00 LB
BAG..... 5.00 LB
SERVING-2 OZ. 56.70 G
SERVING-1 OZ. 28.35 G

Nutrients: Per 100 GRAMS

Calories	208.113 kcal	Cholesterol	52.910 mg	Protein	12.346 g	Calcium	358.025 mg
Total Fat	15.873 g	Sodium	731.922 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	9.347 g	Carbohydrate	3.527 g	Vitamin A	705.467 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 56.7 G

Calories	118.000 kcal	Cholesterol	30.000 mg	Protein	7.000 g	Calcium	203.000 mg
Total Fat	9.000 g	Sodium	415.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	5.300 g	Carbohydrate	2.000 g	Vitamin A	400.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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902870 - CHERRY BLOSSOM CHICKEN

PLTRY - CHICKEN & TURKEY

Source: Local
Manufacturer: ASIAN FOOD SOLUTIONS (GFS)
Product No.: 653342

Measurement
LB..... 16.00 O
CASE..... 42.90 LB
BAG..... 7.15 LB
SERVING-3.9 O 110.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	181.818 kcal	Cholesterol	40.909 mg	Protein	11.818 g	Calcium	0.000 mg
Total Fat	3.636 g	Sodium	318.182 mg	Sugars	12.727 g	Iron	1.145 mg
Saturated Fat	0.909 g	Carbohydrate	24.545 g	Vitamin A	63.636 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.818 g	Vitamin C	2.182 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 110 G

Calories	200.000 kcal	Cholesterol	45.000 mg	Protein	13.000 g	Calcium	0.000 mg
Total Fat	4.000 g	Sodium	350.000 mg	Sugars	14.000 g	Iron	1.260 mg
Saturated Fat	1.000 g	Carbohydrate	27.000 g	Vitamin A	70.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	2.400 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Stow-Munroe Falls City Schools

900095 - CHICKEN FAJITA MEAT, GRILLED

PLTRY - CHICKEN & TURKEY

Source: Local
Manufacturer: TYSON (COMM)
Product No.: 150160

Measurement
LB..... 16.00 O
CASE..... 39.93 O
BAG..... 5.00 LB
SERVING-2.8 O 78.00 G

Nutrients: Per 100 GRAMS

Calories	153.846 kcal	Cholesterol	96.154 mg	Protein	19.231 g	Calcium	0.000 mg
Total Fat	7.692 g	Sodium	397.436 mg	Sugars	0.000 g	Iron	0.462 mg
Saturated Fat	2.564 g	Carbohydrate	2.564 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 78 G

Calories	120.000 kcal	Cholesterol	75.000 mg	Protein	15.000 g	Calcium	0.000 mg
Total Fat	6.000 g	Sodium	310.000 mg	Sugars	0.000 g	Iron	0.360 mg
Saturated Fat	2.000 g	Carbohydrate	2.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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902749 - CHICKEN FINGER, KRISPY & KRUNCHY .68 OZ

ENT-L - ENT-L

Source: Local
Manufacturer: TYSON - GFS (COMM)
Product No.: 283951

Measurement
LB..... 16.00 O
CASE..... 31.86 LB
SERVING-3 EA.. 95.00 G
EA..... 31.66 G
BAG..... 5.31 LB

Nutrients: Per 100 GRAMS

Calories	273.684 kcal	Cholesterol	26.316 mg	Protein	15.789 g	Calcium	42.105 mg
Total Fat	15.789 g	Sodium	410.526 mg	Sugars	1.053 g	Iron	1.895 mg
Saturated Fat	2.632 g	Carbohydrate	16.842 g	Vitamin A	105.263 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.158 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 95 G

Calories	260.000 kcal	Cholesterol	25.000 mg	Protein	15.000 g	Calcium	40.000 mg
Total Fat	15.000 g	Sodium	390.000 mg	Sugars	1.000 g	Iron	1.800 mg
Saturated Fat	2.500 g	Carbohydrate	16.000 g	Vitamin A	100.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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900091 - CHICKEN NUGGET - GOLD KIST #187861

PLTRY - CHICKEN & TURKEY

Source: Local
Manufacturer: GOLD KIST (GFS-COMM)
Product No.: 187861

Measurement
LB..... 16.00 O
CASE..... 30.00 LB
SERVING - 5 EA 86.00 G
EACH..... 17.20 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	251.163 kcal	Cholesterol	72.093 mg	Protein	16.279 g	Calcium	34.884 mg
Total Fat	13.953 g	Sodium	430.233 mg	Sugars	1.163 g	Iron	2.302 mg
Saturated Fat	2.326 g	Carbohydrate	15.116 g	Vitamin A	58.140 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.326 g	Vitamin C	12.558 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 86 G

Calories	216.000 kcal	Cholesterol	62.000 mg	Protein	14.000 g	Calcium	30.000 mg
Total Fat	12.000 g	Sodium	370.000 mg	Sugars	1.000 g	Iron	1.980 mg
Saturated Fat	2.000 g	Carbohydrate	13.000 g	Vitamin A	50.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	10.800 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Stow-Munroe Falls City Schools

900056 - CHICKEN PATTIES, GRILLED, FROZEN

PLTRY - CHICKEN & TURKEY

Source: Local
Manufacturer: TYSON COMMODITY (GFS)
Product No.: 861730

Measurement
LB..... 16.00 O
CASE..... 30.45 LB
BAG..... 5.00 LB
SERVING-1PAT 78.00 G

Nutrients: Per 100 GRAMS

Calories	166.667 kcal	Cholesterol	64.103 mg	Protein	19.231 g	Calcium	0.000 mg
Total Fat	8.974 g	Sodium	423.077 mg	Sugars	*N/A* g	Iron	0.923 mg
Saturated Fat	2.564 g	Carbohydrate	2.564 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 78 G

Calories	130.000 kcal	Cholesterol	50.000 mg	Protein	15.000 g	Calcium	0.000 mg
Total Fat	7.000 g	Sodium	330.000 mg	Sugars	*N/A* g	Iron	0.720 mg
Saturated Fat	2.000 g	Carbohydrate	2.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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990060 - CHICKEN PATTY , GOLDKIST COMM.

PLTRY - CHICKEN & TURKEY

Source: Local
Manufacturer: GOLDKIST (GFS COMM)
Product No.: 802220

Measurement
LB..... 16.00 O
CASE..... 30.00 LB
BAG..... 5.00 LB
SERVING (EA).. 3.05 O
SERVING (EA).. 86.00 G

Nutrients: Per 100 GRAMS

Calories	251.163 kcal	Cholesterol	72.093 mg	Protein	16.279 g	Calcium	33.721 mg
Total Fat	13.953 g	Sodium	430.233 mg	Sugars	1.163 g	Iron	2.326 mg
Saturated Fat	2.326 g	Carbohydrate	15.116 g	Vitamin A	84.884 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.326 g	Vitamin C	12.791 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 86 G

Calories	216.000 kcal	Cholesterol	62.000 mg	Protein	14.000 g	Calcium	29.000 mg
Total Fat	12.000 g	Sodium	370.000 mg	Sugars	1.000 g	Iron	2.000 mg
Saturated Fat	2.000 g	Carbohydrate	13.000 g	Vitamin A	73.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	11.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

902827 - CHICKEN PATTY HOMESTYLE (SLIDER)

PLTRY - CHICKEN & TURKEY

Source: Local
Manufacturer: TYSON - GFS (COMM)
Product No.: 645080

Measurement
LB..... 16.00 O
CASE..... 18.12 LB
PKG..... 72.50 O
PATTY..... 1.45 G
SERVING-2 EA.. 82.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	207.317 kcal	Cholesterol	30.488 mg	Protein	15.854 g	Calcium	48.780 mg
Total Fat	9.756 g	Sodium	475.610 mg	Sugars	0.000 g	Iron	1.756 mg
Saturated Fat	1.829 g	Carbohydrate	13.415 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.439 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 82 G

Calories	170.000 kcal	Cholesterol	25.000 mg	Protein	13.000 g	Calcium	40.000 mg
Total Fat	8.000 g	Sodium	390.000 mg	Sugars	0.000 g	Iron	1.440 mg
Saturated Fat	1.500 g	Carbohydrate	11.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Stow-Munroe Falls City Schools

900087 - CHICKEN STICKS W/G

PLTRY - CHICKEN & TURKEY

Source: Local
Manufacturer: TYSON (GFS COMM)
Product No.: 283562

Measurement	
LB.....	16.00 O
CASE.....	31.50 LB
SERVING-7 PC.	82.00 G
1 STICK.....	11.71 G
BAG.....	5.25 LB

Nutrients: Per 100 GRAMS

Calories	268.293 kcal	Cholesterol	24.390 mg	Protein	15.854 g	Calcium	48.780 mg
Total Fat	15.854 g	Sodium	402.439 mg	Sugars	1.220 g	Iron	2.195 mg
Saturated Fat	3.049 g	Carbohydrate	17.073 g	Vitamin A	121.951 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.439 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 82 G

Calories	220.000 kcal	Cholesterol	20.000 mg	Protein	13.000 g	Calcium	40.000 mg
Total Fat	13.000 g	Sodium	330.000 mg	Sugars	1.000 g	Iron	1.800 mg
Saturated Fat	2.500 g	Carbohydrate	14.000 g	Vitamin A	100.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

902828 - CHICKEN, BONELESS WINGS

PLTRY - CHICKEN & TURKEY

Source: Local
Manufacturer: TYSON - GFS (COMM)
Product No.: 561301

Measurement	
LB.....	16.00 O
CASE.....	30.00 LB
BAG.....	5.00 LB
SERV. 4.....	85.00 G
EACH.....	21.25 G

Nutrients: Per 100 GRAMS

Calories	223.529 kcal	Cholesterol	47.059 mg	Protein	21.176 g	Calcium	23.529 mg
Total Fat	9.412 g	Sodium	364.706 mg	Sugars	1.176 g	Iron	1.694 mg
Saturated Fat	1.765 g	Carbohydrate	12.941 g	Vitamin A	5.882 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.176 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 85 G

Calories	190.000 kcal	Cholesterol	40.000 mg	Protein	18.000 g	Calcium	20.000 mg
Total Fat	8.000 g	Sodium	310.000 mg	Sugars	1.000 g	Iron	1.440 mg
Saturated Fat	1.500 g	Carbohydrate	11.000 g	Vitamin A	5.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

900227 - CHICKEN, DICED 1/2" WHT/DARK 40# COMM

PLTRY - CHICKEN & TURKEY

Source: Local
Manufacturer: TYSON (GFS-COMM)
Product No.: 150160

Measurement	
LB.....	16.00 O
CASE.....	40.00 LB
2.8 oz SERVING	78.00 G
3 oz SERVING...	84.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	153.846 kcal	Cholesterol	96.154 mg	Protein	19.231 g	Calcium	0.000 mg
Total Fat	7.692 g	Sodium	397.436 mg	Sugars	0.000 g	Iron	0.462 mg
Saturated Fat	2.564 g	Carbohydrate	2.564 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 78 G

Calories	120.000 kcal	Cholesterol	75.000 mg	Protein	15.000 g	Calcium	0.000 mg
Total Fat	6.000 g	Sodium	310.000 mg	Sugars	0.000 g	Iron	0.360 mg
Saturated Fat	2.000 g	Carbohydrate	2.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Stow-Munroe Falls City Schools

990066 - CHICKEN, POPCORN - PILGRIM'S PRIDE BRD W/G

PLTRY - CHICKEN & TURKEY

Source: Local
Manufacturer: PILGRIM'S PRIDE - GFS (COMM)
Product No.: 536620

Measurement
LB..... 16.00 O
CASE..... 30.00 LB
SERVING-10 EA 85.00 G

Nutrients: Per 100 GRAMS

Calories	220.668 kcal	Cholesterol	49.220 mg	Protein	14.766 g	Calcium	13.946 mg
Total Fat	10.664 g	Sodium	483.992 mg	Sugars	0.000 g	Iron	1.641 mg
Saturated Fat	2.461 g	Carbohydrate	16.407 g	Vitamin A	137.815 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.461 g	Vitamin C	0.820 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 4.3 OZ

Calories	269.000 kcal	Cholesterol	60.000 mg	Protein	18.000 g	Calcium	17.000 mg
Total Fat	13.000 g	Sodium	590.000 mg	Sugars	0.000 g	Iron	2.000 mg
Saturated Fat	3.000 g	Carbohydrate	20.000 g	Vitamin A	168.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.000 g	Vitamin C	1.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

002009 - CHILI POWDER

SPICE - SPICES

Source: USDA
Manufacturer:
Product No.:

Measurement
LB..... 16.00 O
TSP..... 2.70 G
TBSP..... 8.00 G
CUP..... 4.40 O

Nutrients: Per 100 GRAMS

Calories	282.000 kcal	Cholesterol	0.000 mg	Protein	13.460 g	Calcium	330.000 mg
Total Fat	14.280 g	Sodium	4000.000 mg	Sugars	7.190 g	Iron	17.300 mg
Saturated Fat	2.460 g	Carbohydrate	49.700 g	Vitamin A	29650.000 IU	Water ¹	10.750 g
Trans. Fat ²	*N/A* g	Dietary Fiber	34.800 g	Vitamin C	0.700 mg	Ash ¹	11.810 g

(*N/A* - denotes optional missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

902636 - CHILI, BEEF w/BEANS, REDUCED FAT

ENT-L - ENT-L

Source: Local
Manufacturer: J.T.M. (COMM)
Product No.: 344012

Measurement
LB..... 16.00 O
CASE..... 30.00 LB
SERVING - 5.83 165.30 G
BAG..... 5.00 LB

Nutrients: Per 100 GRAMS

Calories	91.966 kcal	Cholesterol	18.756 mg	Protein	7.866 g	Calcium	30.857 mg
Total Fat	3.025 g	Sodium	139.160 mg	Sugars	3.025 g	Iron	1.815 mg
Saturated Fat	1.029 g	Carbohydrate	9.076 g	Vitamin A	757.513 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.420 g	Vitamin C	11.496 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

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Nutrients: Per 5.83 OZ

Calories	152.000 kcal	Cholesterol	31.000 mg	Protein	13.000 g	Calcium	51.000 mg
Total Fat	5.000 g	Sodium	230.000 mg	Sugars	5.000 g	Iron	3.000 mg
Saturated Fat	1.700 g	Carbohydrate	15.000 g	Vitamin A	1252.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	4.000 g	Vitamin C	19.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

900225 - CHIP, TORTILLA TRI-COLOR STRIPS

SNACK - SNACKS/MISC

Source: Local
Manufacturer: GFS (SGRFD)
Product No.: 710150

Measurement
LB..... 16.00 O
CASE..... 10.00 LB
BAG..... 1.00 LB
SERVING..... 7.00 G

Nutrients: Per 100 GRAMS

Calories	500.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	28.571 g	Sodium	357.143 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	71.429 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Nutrients: Per 7 G

Calories	35.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	2.000 g	Sodium	25.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	5.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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900008 - CHIP, TORTILLA YELLOW ROUND W/G

SNACK - SNACKS/MISC

Source: Local
Manufacturer: BARRELOFUN (GFS)
Product No.: 658784

Measurement
LB..... 16.00 O
CASE..... 12.00 LB
BAG..... 32.00 O
SERVING - 12 C 28.00 G

Nutrients: Per 100 GRAMS

Calories	500.000 kcal	Cholesterol	0.000 mg	Protein	7.143 g	Calcium	142.857 mg
Total Fat	25.000 g	Sodium	375.000 mg	Sugars	0.000 g	Iron	1.286 mg
Saturated Fat	3.571 g	Carbohydrate	67.857 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.571 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 28 G

Calories	140.000 kcal	Cholesterol	0.000 mg	Protein	2.000 g	Calcium	40.000 mg
Total Fat	7.000 g	Sodium	105.000 mg	Sugars	0.000 g	Iron	0.360 mg
Saturated Fat	1.000 g	Carbohydrate	19.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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902836 - CHOCOLATE CHIPS SMISWT 1000/#

MISC - MISCELLANEOUS

Source: Local
Manufacturer: GFS
Product No.: 283610

Measurement
LB..... 16.00 O
CASE..... 16.00 LB
CARTON..... 4.00 LB
1 TBSP..... 15.00 G
1 CUP..... 168.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	466.667 kcal	Cholesterol	0.000 mg	Protein	6.667 g	Calcium	0.000 mg
Total Fat	26.667 g	Sodium	0.000 mg	Sugars	53.333 g	Iron	6.000 mg
Saturated Fat	13.333 g	Carbohydrate	66.667 g	Vitamin A	266.667 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	6.667 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 15 G

Calories	70.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	0.000 mg
Total Fat	4.000 g	Sodium	0.000 mg	Sugars	8.000 g	Iron	0.900 mg
Saturated Fat	2.000 g	Carbohydrate	10.000 g	Vitamin A	40.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

900222 - CHOW MEIN NOODLES

GRAIN - FLOUR/GRAINS/MACARONI/RICES

Source: Local
Manufacturer: GFS
Product No.: 124516

Measurement
LB..... 16.00 O
CASE..... 9.00 LB
#10 CAN..... 24.00 O
SERV - .5 CUP.. 28.00 G

Nutrients: Per 100 GRAMS

Calories	464.286 kcal	Cholesterol	0.000 mg	Protein	10.714 g	Calcium	0.000 mg
Total Fat	17.857 g	Sodium	821.429 mg	Sugars	*N/A* g	Iron	3.857 mg
Saturated Fat	7.143 g	Carbohydrate	67.857 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	7.143 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Nutrients: Per 28 G

Calories	130.000 kcal	Cholesterol	0.000 mg	Protein	3.000 g	Calcium	0.000 mg
Total Fat	5.000 g	Sodium	230.000 mg	Sugars	*N/A* g	Iron	1.080 mg
Saturated Fat	2.000 g	Carbohydrate	19.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	2.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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114811 - CILANTRO

SPICE - SPICES

Source: USDA
Manufacturer: TONE BROTHERS, INC.
Product No.: UPC041351918552

Measurement
LB..... 16.00 O
.25 TSP..... 0.20 G
TSP..... 0.80 G

Nutrients: Per 100 GRAMS

Calories	0.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	1250.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	*N/A* g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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002010 - CINNAMON, GROUND

SPICE - SPICES

Source: USDA
Manufacturer:
Product No.:

Measurement
LB..... 16.00 O
TSP..... 2.60 G
TBSP..... 7.80 G
CUP..... 3.89 O

Nutrients: Per 100 GRAMS

Calories	247.000 kcal	Cholesterol	0.000 mg	Protein	3.990 g	Calcium	1002.000 mg
Total Fat	1.240 g	Sodium	10.000 mg	Sugars	2.170 g	Iron	8.320 mg
Saturated Fat	0.340 g	Carbohydrate	80.590 g	Vitamin A	295.000 IU	Water ¹	10.580 g
Trans. Fat ²	0.000 g	Dietary Fiber	53.100 g	Vitamin C	3.800 mg	Ash ¹	3.600 g

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Stow-Munroe Falls City Schools

Page 56

Currently in use by recipe -
Detailed Ingredient List

Oct 28 2015

(*N/A* - denotes missing nutrient values)

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Stow-Munroe Falls City Schools

900181 - COD FILET

FISH - FISH/SEAFOOD

Source: Local
Manufacturer: GFS
Product No.: 842664

Measurement
LB..... 16.00 O
SERVING..... 85.00 G
CASE..... 10.00 LB

Nutrients: Per 100 GRAMS

Calories	188.235 kcal	Cholesterol	23.529 mg	Protein	9.412 g	Calcium	0.000 mg
Total Fat	7.059 g	Sodium	1023.529 mg	Sugars	*N/A* g	Iron	0.847 mg
Saturated Fat	1.176 g	Carbohydrate	24.706 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	*N/A* g	Dietary Fiber	2.353 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Nutrients: Per 85 G

Calories	160.000 kcal	Cholesterol	20.000 mg	Protein	8.000 g	Calcium	0.000 mg
Total Fat	6.000 g	Sodium	870.000 mg	Sugars	*N/A* g	Iron	0.720 mg
Saturated Fat	1.000 g	Carbohydrate	21.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	*N/A* g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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902674 - COLE SLAW FINE DCD W/CARROTS

VEG - VEGETABLES

Source: Local
Manufacturer: MARKON (GFS)
Product No.: 293148

Measurement
LB..... 16.00 O
CASE..... 20.00 LB
BAG..... 5.00 LB
1.5 CUP..... 85.00 G

Nutrients: Per 100 GRAMS

Calories	24.706 kcal	Cholesterol	0.000 mg	Protein	1.176 g	Calcium	47.059 mg
Total Fat	0.000 g	Sodium	21.176 mg	Sugars	2.353 g	Iron	0.424 mg
Saturated Fat	0.000 g	Carbohydrate	5.882 g	Vitamin A	1235.294 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.353 g	Vitamin C	31.765 mg	Ash ¹	0.000 g

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Nutrients: Per 85 G

Calories	21.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	40.000 mg
Total Fat	0.000 g	Sodium	18.000 mg	Sugars	2.000 g	Iron	0.360 mg
Saturated Fat	0.000 g	Carbohydrate	5.000 g	Vitamin A	1050.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	27.000 mg	Ash ¹	0.000 g

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182611 - CORN DOG, TURKEY W/G SARALEE (COMM)

PLTRY - CHICKEN & TURKEY

Source: Local
Manufacturer: SARALEE - GFS (COMM)
Product No.: 636442

Measurement
LB..... 16.00 O
CASE..... 12.00 LB
EACH..... 113.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	247.788 kcal	Cholesterol	35.398 mg	Protein	7.965 g	Calcium	53.097 mg
Total Fat	11.504 g	Sodium	584.071 mg	Sugars	7.965 g	Iron	1.593 mg
Saturated Fat	3.097 g	Carbohydrate	27.434 g	Vitamin A	88.496 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.770 g	Vitamin C	7.965 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

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Nutrients: Per 113 G

Calories	280.000 kcal	Cholesterol	40.000 mg	Protein	9.000 g	Calcium	60.000 mg
Total Fat	13.000 g	Sodium	660.000 mg	Sugars	9.000 g	Iron	1.800 mg
Saturated Fat	3.500 g	Carbohydrate	31.000 g	Vitamin A	100.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	9.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

902671 - CORN, FROZEN, WHOLE KERNEL

VEG - VEGETABLES

Source: Local
Manufacturer: KITCHEN ESSENTIALS (GFS)
Product No.: 283730

Measurement
LB..... 16.00 O
CASE..... 30.00 LB
SERVING..... 67.50 G

Nutrients: Per 100 GRAMS

Calories	111.111 kcal	Cholesterol	0.000 mg	Protein	3.259 g	Calcium	0.000 mg
Total Fat	1.185 g	Sodium	0.000 mg	Sugars	5.926 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	23.704 g	Vitamin A	29.630 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.037 g	Vitamin C	4.444 mg	Ash ¹	0.000 g

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Nutrients: Per 67.5 G

Calories	75.000 kcal	Cholesterol	0.000 mg	Protein	2.200 g	Calcium	0.000 mg
Total Fat	0.800 g	Sodium	0.000 mg	Sugars	4.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	16.000 g	Vitamin A	20.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.700 g	Vitamin C	3.000 mg	Ash ¹	0.000 g

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990118 - CORN, WHOLE KERNEL CANNED GFS

VEG - VEGETABLES

Source: Local
Manufacturer: GFS
Product No.: 244805

Measurement
LB..... 16.00 O
SERVING - .5 C 125.00 G
#10 CAN..... 106.00 O
CASE..... 636.00 O

Nutrients: Per 100 GRAMS

Calories	62.400 kcal	Cholesterol	0.000 mg	Protein	1.600 g	Calcium	0.000 mg
Total Fat	0.800 g	Sodium	250.400 mg	Sugars	*N/A* g	Iron	0.144 mg
Saturated Fat	0.000 g	Carbohydrate	12.800 g	Vitamin A	50.400 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.600 g	Vitamin C	2.880 mg	Ash ¹	*N/A* g

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Nutrients: Per 125 G

Calories	78.000 kcal	Cholesterol	0.000 mg	Protein	2.000 g	Calcium	0.000 mg
Total Fat	1.000 g	Sodium	313.000 mg	Sugars	*N/A* g	Iron	0.180 mg
Saturated Fat	0.000 g	Carbohydrate	16.000 g	Vitamin A	63.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	3.600 mg	Ash ¹	*N/A* g

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900220 - CRACKERS, VARIETY (KEEBLER)

GRAIN - FLOUR/GRAINS/MACARONI/RICES

Source: Local
Manufacturer: KEEBLER (GFS)
Product No.: 323969

Measurement
LB..... 16.00 O
CASE..... 8.00 LB
2 CT PKT..... 7.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	428.571 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	14.286 g	Sodium	857.143 mg	Sugars	*N/A* g	Iron	2.571 mg
Saturated Fat	0.000 g	Carbohydrate	57.143 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 7 G

Calories	30.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	1.000 g	Sodium	60.000 mg	Sugars	*N/A* g	Iron	0.180 mg
Saturated Fat	0.000 g	Carbohydrate	4.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

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Stow-Munroe Falls City Schools

902833 - CREAM CHEESE, LT 100-1Z

DAIRY - DAIRY PRODUCTS

Source: Local
Manufacturer: GFS
Product No.: 549762

Measurement
LB..... 16.00 O
CASE..... 6.25 LB
CUP..... 28.00 G

Nutrients: Per 100 GRAMS

Calories	214.286 kcal	Cholesterol	53.571 mg	Protein	7.143 g	Calcium	71.429 mg
Total Fat	17.857 g	Sodium	339.286 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	14.286 g	Carbohydrate	3.571 g	Vitamin A	1071.429 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 28 G

Calories	60.000 kcal	Cholesterol	15.000 mg	Protein	2.000 g	Calcium	20.000 mg
Total Fat	5.000 g	Sodium	95.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	4.000 g	Carbohydrate	1.000 g	Vitamin A	300.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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902832 - CREAM CHEESE, STRAWBERRY CUP 100-1Z

DAIRY - DAIRY PRODUCTS

Source: Local
Manufacturer: GFS
Product No.: 863106

Measurement
LB..... 16.00 O
CASE..... 6.25 LB
CUP..... 28.00 G

Nutrients: Per 100 GRAMS

Calories	350.000 kcal	Cholesterol	85.714 mg	Protein	7.143 g	Calcium	71.429 mg
Total Fat	32.143 g	Sodium	353.571 mg	Sugars	3.571 g	Iron	0.000 mg
Saturated Fat	21.429 g	Carbohydrate	3.571 g	Vitamin A	1250.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 28 G

Calories	98.000 kcal	Cholesterol	24.000 mg	Protein	2.000 g	Calcium	20.000 mg
Total Fat	9.000 g	Sodium	99.000 mg	Sugars	1.000 g	Iron	0.000 mg
Saturated Fat	6.000 g	Carbohydrate	1.000 g	Vitamin A	350.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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900221 - CROUTONS, CHEESE/GARLIC W/G

GRAIN - FLOUR/GRAINS/MACARONI/RICES

Source: Local
Manufacturer: GFS
Product No.: 661022

Measurement
LB..... 16.00 O
CASE..... 7.81 LB
PACKAGE..... 14.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	357.143 kcal	Cholesterol	0.000 mg	Protein	14.286 g	Calcium	0.000 mg
Total Fat	14.286 g	Sodium	1000.000 mg	Sugars	7.143 g	Iron	2.571 mg
Saturated Fat	0.000 g	Carbohydrate	57.143 g	Vitamin A	35.714 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	7.143 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 14 G

Calories	50.000 kcal	Cholesterol	0.000 mg	Protein	2.000 g	Calcium	0.000 mg
Total Fat	2.000 g	Sodium	140.000 mg	Sugars	1.000 g	Iron	0.360 mg
Saturated Fat	0.000 g	Carbohydrate	8.000 g	Vitamin A	5.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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Stow-Munroe Falls City Schools

900212 - CUCUMBER, SELECT 6 CT GFS

VEG - VEGETABLES

Source: Local
Manufacturer: GORDON'S
Product No.: 592323

Measurement
LB..... 16.00 O
CASE..... 5.00 LB
SERVING-1/3 C 99.00 G
SERVING-SLIC 5.00 G

Nutrients: Per 100 GRAMS

Calories	15.152 kcal	Cholesterol	0.000 mg	Protein	1.010 g	Calcium	20.202 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.364 mg
Saturated Fat	0.000 g	Carbohydrate	3.030 g	Vitamin A	202.020 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.010 g	Vitamin C	6.061 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 99 G

Calories	15.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	20.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.360 mg
Saturated Fat	0.000 g	Carbohydrate	3.000 g	Vitamin A	200.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	6.000 mg	Ash ¹	*N/A* g

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900849 - CUMIN,GROUND

SPICE - SPICES

Source: Local
Manufacturer:
Product No.:

Measurement
LB..... 16.00 O
TBSP, whole..... 6.00 G
TSP..... 2.10 G
CUP..... 3.56 O
TBSP..... 6.00 G

Nutrients: Per 100 GRAMS

Calories	375.000 kcal	Cholesterol	0.000 mg	Protein	17.810 g	Calcium	931.000 mg
Total Fat	22.270 g	Sodium	168.000 mg	Sugars	*N/A* g	Iron	66.360 mg
Saturated Fat	1.535 g	Carbohydrate	44.240 g	Vitamin A	1270.000 IU	Water ¹	8.060 g
Trans. Fat ²	*N/A* g	Dietary Fiber	10.500 g	Vitamin C	7.700 mg	Ash ¹	7.620 g

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110485 - DILL WEED

SPICE - SPICES

Source: USDA
Manufacturer: TONE BROTHERS, INC.
Product No.: UPC041351913687

Measurement
LB..... 16.00 O
.25 TSP..... 0.30 G
TSP..... 1.20 G

Nutrients: Per 100 GRAMS

Calories	0.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	*N/A* g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Stow-Munroe Falls City Schools

Page 64

Currently in use by recipe -
Detailed Ingredient List

Oct 28 2015

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Stow-Munroe Falls City Schools

902877 - DONUT CHOCOLATE W/G MINI 3 OZ 60-6CT

BRKRC - BREAKFAST RECIPES

Source: Local
Manufacturer: SUPER BAKERY (GFS)
Product No.: 471422

Measurement
LB..... 16.00 O
CASE..... 11.25 LB
SERVING - 1 PK 85.00 G

Nutrients: Per 100 GRAMS

Calories	352.941 kcal	Cholesterol	0.000 mg	Protein	5.882 g	Calcium	23.529 mg
Total Fat	15.294 g	Sodium	341.176 mg	Sugars	23.529 g	Iron	1.271 mg
Saturated Fat	9.412 g	Carbohydrate	45.882 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.529 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 85 G

Calories	300.000 kcal	Cholesterol	0.000 mg	Protein	5.000 g	Calcium	20.000 mg
Total Fat	13.000 g	Sodium	290.000 mg	Sugars	20.000 g	Iron	1.080 mg
Saturated Fat	8.000 g	Carbohydrate	39.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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902878 - DONUT POWDERED W/G MINI 3 OZ 60-6CT

BRKRC - BREAKFAST RECIPES

Source: Local
Manufacturer: SUPER BAKERY (GFS)
Product No.: 471442

Measurement
LB..... 16.00 O
CASE..... 11.25 LB
SERVING - 1 PK 85.00 G

Nutrients: Per 100 GRAMS

Calories	329.412 kcal	Cholesterol	0.000 mg	Protein	5.882 g	Calcium	23.529 mg
Total Fat	11.765 g	Sodium	341.176 mg	Sugars	25.882 g	Iron	1.271 mg
Saturated Fat	3.529 g	Carbohydrate	49.412 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.353 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 85 G

Calories	280.000 kcal	Cholesterol	0.000 mg	Protein	5.000 g	Calcium	20.000 mg
Total Fat	10.000 g	Sodium	290.000 mg	Sugars	22.000 g	Iron	1.080 mg
Saturated Fat	3.000 g	Carbohydrate	42.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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902866 - DONUTS STARS POWDERED I/W

BRKRC - BREAKFAST RECIPES

Source: Local
Manufacturer: SUPER BAKERY (GFS)
Product No.: 615421

Measurement
LB..... 16.00 O
CASE..... 13.00 LB
DONUT..... 36.85 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	271.370 kcal	Cholesterol	0.000 mg	Protein	8.141 g	Calcium	54.274 mg
Total Fat	6.784 g	Sodium	407.056 mg	Sugars	18.996 g	Iron	1.954 mg
Saturated Fat	1.357 g	Carbohydrate	46.133 g	Vitamin A	94.980 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.714 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Nutrients: Per 36.85 G

Calories	100.000 kcal	Cholesterol	0.000 mg	Protein	3.000 g	Calcium	20.000 mg
Total Fat	2.500 g	Sodium	150.000 mg	Sugars	7.000 g	Iron	0.720 mg
Saturated Fat	0.500 g	Carbohydrate	17.000 g	Vitamin A	35.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

902773 - DRESSING, CAESAR

COND - CONDIMENTS

Source: Local
Manufacturer: GFS
Product No.: 818201

Measurement
LB..... 16.00 O
CASE..... 33.60 LB
GALLON..... 8.40 LB
SERVING-2 TBL 29.00 G

Nutrients: Per 100 GRAMS

Calories	400.000 kcal	Cholesterol	31.034 mg	Protein	0.000 g	Calcium	34.483 mg
Total Fat	41.379 g	Sodium	934.483 mg	Sugars	*N/A* g	Iron	0.621 mg
Saturated Fat	6.897 g	Carbohydrate	6.897 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Nutrients: Per 29 G

Calories	116.000 kcal	Cholesterol	9.000 mg	Protein	0.000 g	Calcium	10.000 mg
Total Fat	12.000 g	Sodium	271.000 mg	Sugars	*N/A* g	Iron	0.180 mg
Saturated Fat	2.000 g	Carbohydrate	2.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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990103 - DRESSING, HONEY MUSTARD 60-1.5 OZ PMLL

COND - CONDIMENTS

Source: Local
Manufacturer: PEPPERMILL - GFS
Product No.: 824990

Measurement
LB..... 16.00 O
CASE..... 6.03 LB
PKT..... 1.50 O
PKT..... 42.52 G

Nutrients: Per 100 GRAMS

Calories	399.812 kcal	Cholesterol	11.759 mg	Protein	2.352 g	Calcium	0.000 mg
Total Fat	30.574 g	Sodium	376.294 mg	Sugars	25.870 g	Iron	0.000 mg
Saturated Fat	4.704 g	Carbohydrate	28.222 g	Vitamin A	129.351 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 42.52 G

Calories	170.000 kcal	Cholesterol	5.000 mg	Protein	1.000 g	Calcium	0.000 mg
Total Fat	13.000 g	Sodium	160.000 mg	Sugars	11.000 g	Iron	0.000 mg
Saturated Fat	2.000 g	Carbohydrate	12.000 g	Vitamin A	55.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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900065 - DRESSING, ITALIAN FAT FREE

FATS - MARGARINE/OIL/SHORT/SAL.DRESS

Source: Local
Manufacturer: MARZETTI (GFS)
Product No.: 549592

Measurement
LB..... 16.00 O
2 TBSP..... 32.00 G
2.5 C..... 20.00 O
CASE..... 35.00 LB
JAR..... 128.00 O

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	46.875 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	875.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	12.500 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	*N/A* g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 32 G

Calories	15.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	280.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	4.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	*N/A* g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

900241 - DRESSING, ITALIAN FF PKT 102-1.5 OZ MARZ

COND - CONDIMENTS

Source: Local
Manufacturer: MARZETTI (GFS)
Product No.: 549584

Measurement
LB..... 16.00 O
CASE..... 5.63 LB
PACKET..... 43.00 G

Nutrients: Per 100 GRAMS

Calories	58.140 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	906.977 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	11.628 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Nutrients: Per 43 G

Calories	25.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	390.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	5.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
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900238 - DRESSING, ITALIAN PACKET 200-12GM (GFS)

COND - CONDIMENTS

Source: Local
Manufacturer: GFS
Product No.: 187194

Measurement
LB..... 16.00 O
CASE..... 5.40 LB
PKT..... 12.00 G

Nutrients: Per 100 GRAMS

Calories	405.833 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	42.500 g	Sodium	1133.333 mg	Sugars	8.333 g	Iron	0.000 mg
Saturated Fat	6.667 g	Carbohydrate	8.333 g	Vitamin A	3750.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.583 g	Dietary Fiber	0.000 g	Vitamin C	5.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 12 G

Calories	48.700 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	5.100 g	Sodium	136.000 mg	Sugars	1.000 g	Iron	0.000 mg
Saturated Fat	0.800 g	Carbohydrate	1.000 g	Vitamin A	450.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.070 g	Dietary Fiber	0.000 g	Vitamin C	0.600 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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990040 - DRESSING, RANCH BUTTERMILK PKT 500-12GM (GFS)

COND - CONDIMENTS

Source: Local
Manufacturer: GFS
Product No.: 160080

Measurement
LB..... 16.00 O
CASE..... 13.23 LB
PKT..... 12.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	538.333 kcal	Cholesterol	16.667 mg	Protein	0.833 g	Calcium	0.000 mg
Total Fat	58.333 g	Sodium	803.333 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	9.167 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.917 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Nutrients: Per 12 G

Calories	64.600 kcal	Cholesterol	2.000 mg	Protein	0.100 g	Calcium	0.000 mg
Total Fat	7.000 g	Sodium	96.400 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	1.100 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.110 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

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Stow-Munroe Falls City Schools

900240 - DRESSING, RANCH FF PACKET 60-1.5Z MARZ (GFS)

SALAD - SALAD AND DRESSING RECIPES

Source: Local
Manufacturer: MARZETTIS (GFS)
Product No.: 582816

Measurement
LB..... 16.00 O
CASE..... 5.63 LB
PACKET..... 43.00 G

Nutrients: Per 100 GRAMS

Calories	93.023 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	1139.535 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	23.256 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.326 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Nutrients: Per 43 G

Calories	40.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	490.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	10.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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990041 - DRESSING, RANCH MARZETTI FF 4-L GAL

COND - CONDIMENTS

Source: Local
Manufacturer: MARZETTI FF RANCH 4-1 GAL
Product No.: 583189

Measurement
LB..... 16.00 O
2 TBSP..... 33.00 G
CASE..... 8.00 LB
GALLON..... 128.00 O

Nutrients: Per 100 GRAMS

Calories	90.909 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	1272.727 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	21.212 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.030 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 33 G

Calories	30.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	420.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	7.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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902782 - DRESSING, SALAD LITE

COND - CONDIMENTS

Source: Local
Manufacturer: GFS
Product No.: 429422

Measurement
LB..... 16.00 O
CASE..... 35.00 LB
GALLON..... 8.75 LB
SERVING..... 15.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	273.333 kcal	Cholesterol	53.333 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	20.000 g	Sodium	560.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	6.667 g	Carbohydrate	20.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Nutrients: Per 15 G

Calories	41.000 kcal	Cholesterol	8.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	3.000 g	Sodium	84.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	1.000 g	Carbohydrate	3.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Stow-Munroe Falls City Schools

990107 - DRESSING, SOUTHWEST RANCH CUP - PEPPERMILL

COND - CONDIMENTS	Measurement	
	LB.....	16.00 O
Source: Local	CASE.....	12.00 LB
Manufacturer: PEPPERMILL (GFS)	SS CUP.....	2.00 O
Product No.: 718540	SERVING.....	2.00 O

Nutrients: Per 100 GRAMS

Calories	564.374 kcal	Cholesterol	26.455 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	59.965 g	Sodium	811.287 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	8.818 g	Carbohydrate	8.818 g	Vitamin A	176.367 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	8.466 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 56.7 G

Calories	320.000 kcal	Cholesterol	15.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	34.000 g	Sodium	460.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	5.000 g	Carbohydrate	5.000 g	Vitamin A	100.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	4.800 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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900223 - DRESSING, TOASTED SESAME FF PEPPERMILL

COND - CONDIMENTS	Measurement	
	LB.....	16.00 O
Source: Local	CASE.....	6.90 LB
Manufacturer: PEPPERMILL (GFS)	1.5 OZ pkt.....	43.00 G
Product No.: 825030	PACKET.....	43.00 G

Nutrients: Per 100 GRAMS

Calories	164.628 kcal	Cholesterol	0.000 mg	Protein	2.352 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	1269.991 mg	Sugars	*N/A* g	Iron	0.847 mg
Saturated Fat	0.000 g	Carbohydrate	39.981 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 42.52 G

Calories	70.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	540.000 mg	Sugars	*N/A* g	Iron	0.360 mg
Saturated Fat	0.000 g	Carbohydrate	17.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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900231 - DUTCH WAFFLE W/G

BAKE - BAKERY PRODUCTS	Measurement	
	LB.....	16.00 O
Source: Local	CASE.....	8.57 LB
Manufacturer: J & J (GORDON'S)	EACH.....	83.00 G
Product No.: 607351		

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	361.446 kcal	Cholesterol	24.096 mg	Protein	4.819 g	Calcium	48.193 mg
Total Fat	15.663 g	Sodium	421.687 mg	Sugars	14.458 g	Iron	2.169 mg
Saturated Fat	3.614 g	Carbohydrate	51.807 g	Vitamin A	72.289 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.614 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

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Nutrients: Per 83 G

Calories	300.000 kcal	Cholesterol	20.000 mg	Protein	4.000 g	Calcium	40.000 mg
Total Fat	13.000 g	Sodium	350.000 mg	Sugars	12.000 g	Iron	1.800 mg
Saturated Fat	3.000 g	Carbohydrate	43.000 g	Vitamin A	60.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

990314 - EGG & CHEESE OMELET

BRKRC - BREAKFAST RECIPES

Source: Local
Manufacturer: MICHAEL FOODS - GFS (COMM)
Product No.: 240080

Measurement
LB..... 16.00 O
CASE..... 18.90 LB
EACH..... 2.10 O
EACH..... 59.53 G

Nutrients: Per 100 GRAMS

Calories	209.978 kcal	Cholesterol	275.491 mg	Protein	11.927 g	Calcium	151.184 mg
Total Fat	15.958 g	Sodium	509.995 mg	Sugars	1.680 g	Iron	1.209 mg
Saturated Fat	6.047 g	Carbohydrate	3.360 g	Vitamin A	503.948 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 59.53 G

Calories	125.000 kcal	Cholesterol	164.000 mg	Protein	7.100 g	Calcium	90.000 mg
Total Fat	9.500 g	Sodium	303.600 mg	Sugars	1.000 g	Iron	0.720 mg
Saturated Fat	3.600 g	Carbohydrate	2.000 g	Vitamin A	300.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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902238 - EGG SUBSTITUTE, LIQUID (GFS)

DAIRY - DAIRY PRODUCTS

Source: Local
Manufacturer: GFS
Product No.: 119865

Measurement
LB..... 16.00 O
CASE..... 30.00 LB
CARTON..... 5.00 LB
3 TBLS..... 46.00 G
FL OZ..... 31.33 G
CUP..... 250.67 G

Nutrients: Per 100 GRAMS

Calories	143.478 kcal	Cholesterol	371.739 mg	Protein	13.043 g	Calcium	65.217 mg
Total Fat	8.696 g	Sodium	141.304 mg	Sugars	0.000 g	Iron	1.565 mg
Saturated Fat	2.174 g	Carbohydrate	0.000 g	Vitamin A	543.478 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 46 G

Calories	66.000 kcal	Cholesterol	171.000 mg	Protein	6.000 g	Calcium	30.000 mg
Total Fat	4.000 g	Sodium	65.000 mg	Sugars	0.000 g	Iron	0.720 mg
Saturated Fat	1.000 g	Carbohydrate	0.000 g	Vitamin A	250.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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902651 - EGGS, SCRAMBLED COOKED FRZN

DAIRY - DAIRY PRODUCTS

Source: Local
Manufacturer: GFS
Product No.: 584584

Measurement
LB..... 16.00 O
CASE..... 20.00 LB
BAG..... 5.00 LB
SERVING-.33 C. 56.00 G
CUP..... 168.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	125.000 kcal	Cholesterol	223.214 mg	Protein	10.714 g	Calcium	71.429 mg
Total Fat	7.143 g	Sodium	392.857 mg	Sugars	1.786 g	Iron	1.286 mg
Saturated Fat	1.786 g	Carbohydrate	1.786 g	Vitamin A	357.143 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	1.071 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Nutrients: Per 56 G

Calories	70.000 kcal	Cholesterol	125.000 mg	Protein	6.000 g	Calcium	40.000 mg
Total Fat	4.000 g	Sodium	220.000 mg	Sugars	1.000 g	Iron	0.720 mg
Saturated Fat	1.000 g	Carbohydrate	1.000 g	Vitamin A	200.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.600 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

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Stow-Munroe Falls City Schools

902835 - ENGLISH MUFFIN, 2.2Z 12-12 CT

GRAIN - FLOUR/GRAINS/MACARONI/RICES

Source: Local
Manufacturer: BAKECRAFTERS (GFS)
Product No.: 687131

Measurement
LB..... 16.00 O
CASE..... 19.80 LB
PKG..... 1.65 LB
MUFFIN..... 62.00 G

Nutrients: Per 100 GRAMS

Calories	209.677 kcal	Cholesterol	0.000 mg	Protein	9.677 g	Calcium	161.290 mg
Total Fat	3.226 g	Sodium	387.097 mg	Sugars	1.613 g	Iron	2.323 mg
Saturated Fat	0.000 g	Carbohydrate	38.710 g	Vitamin A	8.065 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	4.839 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 62 G

Calories	130.000 kcal	Cholesterol	0.000 mg	Protein	6.000 g	Calcium	100.000 mg
Total Fat	2.000 g	Sodium	240.000 mg	Sugars	1.000 g	Iron	1.440 mg
Saturated Fat	0.000 g	Carbohydrate	24.000 g	Vitamin A	5.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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900158 - FIESTADA

ENT-L - ENT-L

Source: Local
Manufacturer: SCHWAN - GFS (COMM)
Product No.: 503630

Measurement
LB..... 16.00 O
CASE..... 32.64 LB
EACH..... 154.00 G

Nutrients: Per 100 GRAMS

Calories	233.766 kcal	Cholesterol	16.234 mg	Protein	11.039 g	Calcium	162.338 mg
Total Fat	9.091 g	Sodium	493.506 mg	Sugars	6.494 g	Iron	2.338 mg
Saturated Fat	3.896 g	Carbohydrate	27.273 g	Vitamin A	324.675 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.247 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 154 G

Calories	360.000 kcal	Cholesterol	25.000 mg	Protein	17.000 g	Calcium	250.000 mg
Total Fat	14.000 g	Sodium	760.000 mg	Sugars	10.000 g	Iron	3.600 mg
Saturated Fat	6.000 g	Carbohydrate	42.000 g	Vitamin A	500.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	5.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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990158 - FISH SHAPES

FISH - FISH/SEAFOOD

Source: Local
Manufacturer: GFS
Product No.: 523291

Measurement
LB..... 16.00 O
SERVING (4 PC) 113.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	200.885 kcal	Cholesterol	35.398 mg	Protein	11.504 g	Calcium	0.000 mg
Total Fat	7.965 g	Sodium	672.566 mg	Sugars	*N/A* g	Iron	1.274 mg
Saturated Fat	0.885 g	Carbohydrate	18.584 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	*N/A* g	Dietary Fiber	0.885 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Nutrients: Per 113 G

Calories	227.000 kcal	Cholesterol	40.000 mg	Protein	13.000 g	Calcium	0.000 mg
Total Fat	9.000 g	Sodium	760.000 mg	Sugars	*N/A* g	Iron	1.440 mg
Saturated Fat	1.000 g	Carbohydrate	21.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	*N/A* g	Dietary Fiber	1.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Stow-Munroe Falls City Schools

902784 - FISH STICKS, BAJA

FISH - FISH/SEAFOOD

Source: Local
Manufacturer: TRIDENT - GFS (COMM)
Product No.: 273482

Measurement
LB..... 16.00 O
CASE..... 10.00 LB
SERVING-4 PC. 113.00 G
PIECE..... 28.25 G

Nutrients: Per 100 GRAMS

Calories	203.540 kcal	Cholesterol	44.248 mg	Protein	12.389 g	Calcium	17.699 mg
Total Fat	8.850 g	Sodium	415.929 mg	Sugars	0.000 g	Iron	0.319 mg
Saturated Fat	1.770 g	Carbohydrate	17.699 g	Vitamin A	442.478 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.770 g	Vitamin C	1.062 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 113 G

Calories	230.000 kcal	Cholesterol	50.000 mg	Protein	14.000 g	Calcium	20.000 mg
Total Fat	10.000 g	Sodium	470.000 mg	Sugars	0.000 g	Iron	0.360 mg
Saturated Fat	2.000 g	Carbohydrate	20.000 g	Vitamin A	500.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	1.200 mg	Ash ¹	*N/A* g

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902796 - FLOUR, ULTRAGRAIN

BAKE - BAKERY PRODUCTS

Source: Local
Manufacturer: CONAGRA (GFS)
Product No.: 515002

Measurement
LB..... 16.00 O
CASE..... 50.00 LB
CUP..... 125.00 G

Nutrients: Per 100 GRAMS

Calories	350.400 kcal	Cholesterol	*N/A* mg	Protein	12.800 g	Calcium	24.000 mg
Total Fat	1.600 g	Sodium	4.000 mg	Sugars	*N/A* g	Iron	7.200 mg
Saturated Fat	0.000 g	Carbohydrate	72.800 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	*N/A* g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 125 G

Calories	438.000 kcal	Cholesterol	*N/A* mg	Protein	16.000 g	Calcium	30.000 mg
Total Fat	2.000 g	Sodium	5.000 mg	Sugars	*N/A* g	Iron	9.000 mg
Saturated Fat	0.000 g	Carbohydrate	91.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	*N/A* g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
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900040 - FORTUNE COOKIE

BAKE - BAKERY PRODUCTS

Source: Local
Manufacturer:
Product No.:

Measurement
LB..... 16.00 O
1 EACH..... 7.00 G

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Nutrients: Per 100 GRAMS

Calories	428.571 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	85.714 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Nutrients: Per 7 G

Calories	30.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	6.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

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Stow-Munroe Falls City Schools

900047 - FRENCH FRIES, 3/8" C/C OVEN CANOLA LAMBWESTON

VEG - VEGETABLES

Source: Local
Manufacturer: LAMB WESTON - GFS (COMM)
Product No.: 314005

Measurement
LB..... 16.00 O
CASE..... 24.00 LB
BAG..... 4.00 LB
SERVING..... 3.00 O
SERVING..... 84.00 G

Nutrients: Per 100 GRAMS

Calories	202.381 kcal	Cholesterol	0.000 mg	Protein	2.381 g	Calcium	0.000 mg
Total Fat	7.143 g	Sodium	35.714 mg	Sugars	1.190 g	Iron	0.857 mg
Saturated Fat	0.595 g	Carbohydrate	30.952 g	Vitamin A	5.952 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.381 g	Vitamin C	5.714 mg	Ash ¹	0.000 g

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(¹ - denotes optional nutrient values.)
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Nutrients: Per 84 G

Calories	170.000 kcal	Cholesterol	0.000 mg	Protein	2.000 g	Calcium	0.000 mg
Total Fat	6.000 g	Sodium	30.000 mg	Sugars	1.000 g	Iron	0.720 mg
Saturated Fat	0.500 g	Carbohydrate	26.000 g	Vitamin A	5.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	4.800 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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902819 - FRENCH TOAST, MINI CINNAMON RUSH

BRKRC - BREAKFAST RECIPES

Source: Local
Manufacturer: PILLSBURY (GFS)
Product No.: 150291

Measurement
LB..... 16.00 O
CASE..... 11.08 LB
POUCH..... 75.00 G

Nutrients: Per 100 GRAMS

Calories	293.333 kcal	Cholesterol	6.667 mg	Protein	4.000 g	Calcium	80.000 mg
Total Fat	9.333 g	Sodium	506.667 mg	Sugars	*N/A* g	Iron	1.440 mg
Saturated Fat	1.333 g	Carbohydrate	49.333 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.667 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 75 G

Calories	220.000 kcal	Cholesterol	5.000 mg	Protein	3.000 g	Calcium	60.000 mg
Total Fat	7.000 g	Sodium	380.000 mg	Sugars	*N/A* g	Iron	1.080 mg
Saturated Fat	1.000 g	Carbohydrate	37.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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990027 - Garlic Mist

MISC - MISCELLANEOUS

Source: Local
Manufacturer: Par-way/Tryson Companies
Product No.: 442062

Measurement
LB..... 16.00 O
SERVING..... 0.25 G
CAN..... 13.00 O
CASE..... 78.00 O

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	0.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Stow-Munroe Falls City Schools

990109 - GARLIC POWDER TRADEEAST 21Z

SPICE - SPICES

Source: Local
Manufacturer: TRADE EAST (GFS)
Product No.: 224839

Measurement
LB..... 16.00 O
BOTTLE..... 1.31 O
SERVING - .25 0.80 G
TEAS..... 3.20 G

Nutrients: Per 100 GRAMS

Calories	0.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 0.8 G

Calories	0.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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902778 - GENERAL TSO'S CHICKEN

PLTRY - CHICKEN & TURKEY

Source: Local
Manufacturer: GREEN DRAGON ASIAN SOLUTIONS
Product No.: 199341

Measurement
LB..... 16.00 O
CASE..... 42.90 LB
BAG..... 7.15 LB
SERVING..... 112.00 G

Nutrients: Per 100 GRAMS

Calories	187.500 kcal	Cholesterol	40.179 mg	Protein	12.500 g	Calcium	0.000 mg
Total Fat	4.018 g	Sodium	473.214 mg	Sugars	*N/A* g	Iron	0.643 mg
Saturated Fat	0.893 g	Carbohydrate	25.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 112 G

Calories	210.000 kcal	Cholesterol	45.000 mg	Protein	14.000 g	Calcium	0.000 mg
Total Fat	4.500 g	Sodium	530.000 mg	Sugars	*N/A* g	Iron	0.720 mg
Saturated Fat	1.000 g	Carbohydrate	28.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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990180 - GRAVY, POULTRY LO SODIUM TRIO

SOUP - SOUP & GRAVY

Source: Local
Manufacturer: TRIO (GFS)
Product No.: 552061

Measurement
LB..... 16.00 O
CASE..... 11.30 LB
PACKAGE..... 22.60 O
SERVING-.25 C 9.00 G

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Nutrients: Per 100 GRAMS

Calories	444.444 kcal	Cholesterol	33.333 mg	Protein	11.111 g	Calcium	0.000 mg
Total Fat	11.111 g	Sodium	1444.444 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	66.667 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
 (1 - denotes optional nutrient values.)
 (2 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 9 G

Calories	40.000 kcal	Cholesterol	3.000 mg	Protein	1.000 g	Calcium	0.000 mg
Total Fat	1.000 g	Sodium	130.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	6.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

990179 - GRAVY, BROWN LO-SOD.

SOUP - SOUP & GRAVY

Source: Local
Manufacturer: TRIO (GFS)
Product No.: 552050

Measurement	
LB.....	16.00 O
CASE.....	8.00 LB
1 TBS.....	7.00 G
2 TBS.....	14.00 G
PKG.....	16.00 O

Nutrients: Per 100 GRAMS

Calories	357.143 kcal	Cholesterol	0.000 mg	Protein	14.286 g	Calcium	0.000 mg
Total Fat	7.143 g	Sodium	1857.143 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	71.429 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 7 G

Calories	25.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	0.000 mg
Total Fat	0.500 g	Sodium	130.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	5.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
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900152 - HAM, WATER PRODUCT, FULLY COOKED, DICED COMMO

LMEAT - LUNCH MEATS

Source: Local
Manufacturer: JENNY O (GFS)
Product No.: 434663

Measurement	
LB.....	16.00 O
1 CASE.....	12.00 LB
UNIT.....	12.00 LB
SERVING-3.58	101.00 G
SERVING-1.79	50.50 G

Nutrients: Per 100 GRAMS

Calories	136.634 kcal	Cholesterol	53.465 mg	Protein	14.851 g	Calcium	9.901 mg
Total Fat	7.921 g	Sodium	902.970 mg	Sugars	*N/A* g	Iron	1.248 mg
Saturated Fat	1.980 g	Carbohydrate	2.970 g	Vitamin A	49.505 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	1.782 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 101 G

Calories	138.000 kcal	Cholesterol	54.000 mg	Protein	15.000 g	Calcium	10.000 mg
Total Fat	8.000 g	Sodium	912.000 mg	Sugars	*N/A* g	Iron	1.260 mg
Saturated Fat	2.000 g	Carbohydrate	3.000 g	Vitamin A	50.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	1.800 mg	Ash ¹	*N/A* g

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902834 - HASHBROWN BREAKFAST CUBES 6-6#

VEG - VEGETABLES

Source: Local
Manufacturer: LAMB WESTON (GFS)
Product No.: 744107

Measurement	
LB.....	16.00 O
CASE.....	36.00 LB
SERVING - .67	84.00 G

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Nutrients: Per 100 GRAMS

Calories	130.952 kcal	Cholesterol	0.000 mg	Protein	2.381 g	Calcium	0.000 mg
Total Fat	3.571 g	Sodium	333.333 mg	Sugars	0.000 g	Iron	0.857 mg
Saturated Fat	1.190 g	Carbohydrate	22.619 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.381 g	Vitamin C	5.714 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 84 G

Calories	110.000 kcal	Cholesterol	0.000 mg	Protein	2.000 g	Calcium	0.000 mg
Total Fat	3.000 g	Sodium	280.000 mg	Sugars	0.000 g	Iron	0.720 mg
Saturated Fat	1.000 g	Carbohydrate	19.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	4.800 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

902745 - HEARTZELS

BAKE - BAKERY PRODUCTS

Source: Local
Manufacturer: ROLD GOLD (GFS)
Product No.: 893711

Measurement
LB..... 16.00 O
CASE..... 6.50 LB
BAG..... 28.00 G

Nutrients: Per 100 GRAMS

Calories	392.857 kcal	Cholesterol	0.000 mg	Protein	10.714 g	Calcium	0.000 mg
Total Fat	3.571 g	Sodium	714.286 mg	Sugars	*N/A* g	Iron	6.429 mg
Saturated Fat	0.000 g	Carbohydrate	82.143 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	7.143 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 28 G

Calories	110.000 kcal	Cholesterol	0.000 mg	Protein	3.000 g	Calcium	0.000 mg
Total Fat	1.000 g	Sodium	200.000 mg	Sugars	*N/A* g	Iron	1.800 mg
Saturated Fat	0.000 g	Carbohydrate	23.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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902772 - HONEY MUSTARD DIPPING SAUCE

COND - CONDIMENTS

Source: Local
Manufacturer: GFS
Product No.: 714500

Measurement
LB..... 16.00 O
CASE..... 6.25 LB
1 OZ CUP..... 28.00 G

Nutrients: Per 100 GRAMS

Calories	507.143 kcal	Cholesterol	35.714 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	46.429 g	Sodium	757.143 mg	Sugars	*N/A* g	Iron	0.643 mg
Saturated Fat	7.143 g	Carbohydrate	21.429 g	Vitamin A	178.571 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 28 G

Calories	142.000 kcal	Cholesterol	10.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	13.000 g	Sodium	212.000 mg	Sugars	*N/A* g	Iron	0.180 mg
Saturated Fat	2.000 g	Carbohydrate	6.000 g	Vitamin A	50.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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900243 - HONEY PKT 200-9GM (GFS)

COND - CONDIMENTS

Source: Local
Manufacturer: GFS
Product No.: 270539

Measurement
LB..... 16.00 O
CASE..... 4.13 LB
PACKET..... 9.00 G

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Nutrients: Per 100 GRAMS

Calories	277.778 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	77.778 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 9 G

Calories	25.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	7.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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902862 - HORMEL BACON TOPPING, REGULAR COOKED 3/8"

PORK - PORK PRODUCTS

Source: Local
Manufacturer: HORMEL (GFS)
Product No.: 104396

Measurement
LB..... 16.00 O
CASE..... 10.00 LB
BAG..... 5.00 LB
SERVING-.5 OZ 14.00 O

Nutrients: Per 100 GRAMS

Calories	428.571 kcal	Cholesterol	178.571 mg	Protein	35.714 g	Calcium	0.000 mg
Total Fat	32.143 g	Sodium	2285.714 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	14.286 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 14 G

Calories	60.000 kcal	Cholesterol	25.000 mg	Protein	5.000 g	Calcium	0.000 mg
Total Fat	4.500 g	Sodium	320.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	2.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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900009 - HOT DOG, TURKEY SARALEE (COMM)

PLTRY - CHICKEN & TURKEY

Source: Local
Manufacturer: SARALEE - GFS (COMM)
Product No.: 636501

Measurement
LB..... 16.00 O
CASE..... 10.00 LB
BAG..... 2.50 LB
EACH..... 57.00 G

Nutrients: Per 100 GRAMS

Calories	210.526 kcal	Cholesterol	61.404 mg	Protein	12.281 g	Calcium	70.175 mg
Total Fat	15.789 g	Sodium	1105.263 mg	Sugars	3.509 g	Iron	0.632 mg
Saturated Fat	5.263 g	Carbohydrate	7.018 g	Vitamin A	17.544 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	4.211 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 57 G

Calories	120.000 kcal	Cholesterol	35.000 mg	Protein	7.000 g	Calcium	40.000 mg
Total Fat	9.000 g	Sodium	630.000 mg	Sugars	2.000 g	Iron	0.360 mg
Saturated Fat	3.000 g	Carbohydrate	4.000 g	Vitamin A	10.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	2.400 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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900219 - HUMMUS, SWEET ROASTED RED PEPPER

ENT-L - ENT-L

Source: Local
Manufacturer: GRECIAN D (GFS)
Product No.: 209937

Measurement
LB..... 16.00 O
CASE..... 15.00 LB
CONTAINER..... 3.75 LB
SERVING..... 30.00 G

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Nutrients: Per 100 GRAMS

Calories	200.000 kcal	Cholesterol	0.000 mg	Protein	6.667 g	Calcium	66.667 mg
Total Fat	13.333 g	Sodium	466.667 mg	Sugars	*N/A* g	Iron	2.400 mg
Saturated Fat	0.000 g	Carbohydrate	23.333 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	6.667 g	Vitamin C	20.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 30 G

Calories	60.000 kcal	Cholesterol	0.000 mg	Protein	2.000 g	Calcium	20.000 mg
Total Fat	4.000 g	Sodium	140.000 mg	Sugars	*N/A* g	Iron	0.720 mg
Saturated Fat	0.000 g	Carbohydrate	7.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	6.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Stow-Munroe Falls City Schools

901081 - JUICE PINEAPPLE 100% 96/4 OZ CUP

FRUIT - FRUIT & FRUIT JUICE

Source: Local
Manufacturer: SUNCUP (GFS)
Product No.: 118980

Measurement
LB..... 16.00 O
CASE..... 18.00 LB
EACH..... 124.00 G

Nutrients: Per 100 GRAMS

Calories	48.387 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	*N/A* mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	*N/A* mg
Saturated Fat	0.000 g	Carbohydrate	12.903 g	Vitamin A	*N/A* IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	12.097 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 124 G

Calories	60.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	*N/A* mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	*N/A* mg
Saturated Fat	0.000 g	Carbohydrate	16.000 g	Vitamin A	*N/A* IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	15.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

902650 - JUICE, 100% FRUIT PUNCH SUNCUP

FRUIT - FRUIT & FRUIT JUICE

Source: Local
Manufacturer: SUNCUP (GFS)
Product No.: 118950

Measurement
LB..... 16.00 O
CASE 72 CT..... 18.00 LB
EACH..... 4.00 O
SERVING..... 124.00 G

Nutrients: Per 100 GRAMS

Calories	48.387 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	16.129 mg
Total Fat	0.000 g	Sodium	12.097 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	11.290 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 124 G

Calories	60.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	20.000 mg
Total Fat	0.000 g	Sodium	15.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	14.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

902649 - JUICE, APPLE 100% SUNCUP

FRUIT - FRUIT & FRUIT JUICE

Source: Local
Manufacturer: SUNCUP (GFS)
Product No.: 118921

Measurement
LB..... 16.00 O
CASE 72 CT..... 18.00 LB
EACH..... 4.00 O

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Nutrients: Per 100 GRAMS

Calories	48.387 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	9.677 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	10.484 g	Vitamin A	48.387 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.968 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 124 G

Calories	60.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	12.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	13.000 g	Vitamin A	60.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	1.200 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Stow-Munroe Falls City Schools

902648 - JUICE, GRAPE 100% SUNCUP

FRUIT - FRUIT & FRUIT JUICE

Source: Local
Manufacturer: SUNCUP (GFS)
Product No.: 118940

Measurement
LB..... 16.00 O
CASE 72 CT..... 18.00 LB
EACH..... 4.00 O

Nutrients: Per 100 GRAMS

Calories	47.619 kcal	Cholesterol	0.000 mg	Protein	0.794 g	Calcium	7.937 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.429 mg
Saturated Fat	0.000 g	Carbohydrate	12.698 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	47.619 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 126 G

Calories	60.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	10.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.540 mg
Saturated Fat	0.000 g	Carbohydrate	16.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	60.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

902647 - JUICE, ORANGE 100% SUNCUP

FRUIT - FRUIT & FRUIT JUICE

Source: Local
Manufacturer: SUNCUP (GFS)
Product No.: 118930

Measurement
LB..... 16.00 O
CASE 72 CT..... 18.00 LB
EACH..... 4.00 O

Nutrients: Per 100 GRAMS

Calories	48.387 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	9.677 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	10.484 g	Vitamin A	48.387 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	32.419 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 124 G

Calories	60.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	12.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	13.000 g	Vitamin A	60.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	40.200 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

900237 - KETCHUP PKT 1000-7GM HEINZ (GFS)

COND - CONDIMENTS

Source: Local
Manufacturer: HEINZ (GFS)
Product No.: 852406

Measurement
LB..... 16.00 O
CASE..... 17.01 LB
PACKET..... 7.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	142.857 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	1142.857 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	28.571 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 7 G

Calories	10.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	80.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	2.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Stow-Munroe Falls City Schools

902637 - KETCHUP, TOMATO REDGOLD (COMM)

COND - CONDIMENTS

Source: Local
Manufacturer: REDGOLD (GFS COMMODITY)
Product No.: 848530

Measurement
LB..... 16.00 O
CASE..... 22.10 LB
PACKET..... 9.00 G

Nutrients: Per 100 GRAMS

Calories	111.111 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	944.444 mg	Sugars	22.222 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	33.333 g	Vitamin A	111.111 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 9 G

Calories	10.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	85.000 mg	Sugars	2.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	3.000 g	Vitamin A	10.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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990038 - LETTUCE SALAD SEP BAGS 4-5# MARKON

VEG - VEGETABLES

Source: Local
Manufacturer: MARKON, LETTUCE SALAD SEP BA
Product No.: 242071

Measurement
LB..... 16.00 O
CASE..... 20.00 LB
SERV-LRG 1.5C 88.00 G
SERV-SMALL 4 4.00 O
BAG..... 5.00 LB
cup..... 30.00 G

Nutrients: Per 100 GRAMS

Calories	0.681 kcal	Cholesterol	0.000 mg	Protein	0.040 g	Calcium	0.802 mg
Total Fat	0.000 g	Sodium	0.200 mg	Sugars	*N/A* g	Iron	0.014 mg
Saturated Fat	0.000 g	Carbohydrate	0.120 g	Vitamin A	46.097 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.040 g	Vitamin C	0.241 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 88 OZ

Calories	17.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	20.000 mg
Total Fat	0.000 g	Sodium	5.000 mg	Sugars	*N/A* g	Iron	0.360 mg
Saturated Fat	0.000 g	Carbohydrate	3.000 g	Vitamin A	1150.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	6.000 mg	Ash ¹	*N/A* g

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902738 - LETTUCE, ROMAINE RIBBONS

VEG - VEGETABLES

Source: Local
Manufacturer: MARKON (GFS)
Product No.: 451730

Measurement
LB..... 16.00 O
CASE..... 12.00 LB
BAG..... 2.00 LB
SERVING-.5 CU 28.00 G
SERVING-1 CU 56.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	17.857 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	35.714 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	0.000 g	Iron	1.286 mg
Saturated Fat	0.000 g	Carbohydrate	3.571 g	Vitamin A	8928.571 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.786 g	Vitamin C	53.571 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 56 G

Calories	10.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	20.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	0.000 g	Iron	0.720 mg
Saturated Fat	0.000 g	Carbohydrate	2.000 g	Vitamin A	5000.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	30.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Stow-Munroe Falls City Schools

901162 - LIME JUICE

FRUIT - FRUIT & FRUIT JUICE

Source: Local
Manufacturer: EAGLE FAMILY FOODS, INC./REAL
Product No.: UPC052729154402

Measurement
LB..... 16.00 O
TSP..... 100.00 G

Nutrients: Per 100 GRAMS

Calories	29.600 kcal	Cholesterol	0.000 mg	Protein	0.400 g	Calcium	11.100 mg
Total Fat	0.000 g	Sodium	33.830 mg	Sugars	*N/A* g	Iron	0.630 mg
Saturated Fat	0.000 g	Carbohydrate	7.000 g	Vitamin A	0.000 IU	Water ¹	92.400 g
Trans. Fat ²	*N/A* g	Dietary Fiber	0.000 g	Vitamin C	19.170 mg	Ash ¹	0.200 g

(*N/A* - denotes missing nutrient values)
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902609 - MACARONI, DRY (GFS)

GRAIN - FLOUR/GRAINS/MACARONI/RICES

Source: Local
Manufacturer: GFS
Product No.: 413320

Measurement
LB..... 16.00 O
BAG..... 5.00 LB
SERVING..... 2.00 O
SERVING..... 56.00 G

Nutrients: Per 100 GRAMS

Calories	375.000 kcal	Cholesterol	0.000 mg	Protein	12.500 g	Calcium	0.000 mg
Total Fat	1.786 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	3.214 mg
Saturated Fat	0.000 g	Carbohydrate	75.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	3.571 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 56 G

Calories	210.000 kcal	Cholesterol	0.000 mg	Protein	7.000 g	Calcium	0.000 mg
Total Fat	1.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	1.800 mg
Saturated Fat	0.000 g	Carbohydrate	42.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes optional missing nutrient values)
(¹ - denotes optional nutrient values.)
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990224 - MANDARIN ORANGES,CND,LT SYRUP,DRND

FRUIT - FRUIT & FRUIT JUICE

Source: Local
Manufacturer: GFS
Product No.: 152811

Measurement
LB..... 16.00 O
CASE..... 39.96 LB
#10 CAN..... 6.66 LB
.5 CUP SERVING 140.00 G

Nutrients: Per 100 GRAMS

Calories	64.286 kcal	Cholesterol	0.000 mg	Protein	0.714 g	Calcium	14.286 mg
Total Fat	0.000 g	Sodium	7.143 mg	Sugars	*N/A* g	Iron	0.257 mg
Saturated Fat	0.000 g	Carbohydrate	14.286 g	Vitamin A	285.714 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	12.857 mg	Ash ¹	*N/A* g

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Stow-Munroe Falls City Schools

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Nutrients: Per 140 G

Calories	90.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	20.000 mg
Total Fat	0.000 g	Sodium	10.000 mg	Sugars	*N/A* g	Iron	0.360 mg
Saturated Fat	0.000 g	Carbohydrate	20.000 g	Vitamin A	400.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	18.000 mg	Ash ¹	*N/A* g

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Stow-Munroe Falls City Schools

990046 - MARGARINE SLD 30-1# GFS

FATS - MARGARINE/OIL/SHORT/SAL.DRESS

Source: Local
Manufacturer: VENTURA (GFS)
Product No.: 791630

Measurement
LB..... 16.00 O
CASE..... 30.00 LB
BLOCK..... 1.00 LB
TBLS..... 14.00 G
CUP..... 8.00 O

Nutrients: Per 100 GRAMS

Calories	721.429 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	78.571 g	Sodium	785.714 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	35.714 g	Carbohydrate	0.000 g	Vitamin A	3571.429 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 14 G

Calories	101.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	11.000 g	Sodium	110.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	5.000 g	Carbohydrate	0.000 g	Vitamin A	500.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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900182 - MARINARA SAUCE

COND - CONDIMENTS

Source: Local
Manufacturer: RED GOLD (GFS)
Product No.: 592714

Measurement
LB..... 16.00 O
CASE..... 43.00 LB
#10 CAN..... 7.17 LB
SERVING-.5 CU 128.00 G

Nutrients: Per 100 GRAMS

Calories	46.875 kcal	Cholesterol	0.000 mg	Protein	1.563 g	Calcium	15.625 mg
Total Fat	1.563 g	Sodium	382.813 mg	Sugars	3.906 g	Iron	0.844 mg
Saturated Fat	0.000 g	Carbohydrate	7.031 g	Vitamin A	390.625 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.563 g	Vitamin C	7.031 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 128 G

Calories	60.000 kcal	Cholesterol	0.000 mg	Protein	2.000 g	Calcium	20.000 mg
Total Fat	2.000 g	Sodium	490.000 mg	Sugars	5.000 g	Iron	1.080 mg
Saturated Fat	0.000 g	Carbohydrate	9.000 g	Vitamin A	500.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	9.000 mg	Ash ¹	0.000 g

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902675 - MAYONNAISE LT

FATS - MARGARINE/OIL/SHORT/SAL.DRESS

Source: Local
Manufacturer: GFS
Product No.: 429406

Measurement
LB..... 16.00 O
CASE..... 33.00 LB
GAL..... 128.00 O
SERVING..... 15.00 G
CUP..... 245.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	400.000 kcal	Cholesterol	66.667 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	33.333 g	Sodium	333.333 mg	Sugars	6.667 g	Iron	0.000 mg
Saturated Fat	6.667 g	Carbohydrate	13.333 g	Vitamin A	33.333 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 15 G

Calories	60.000 kcal	Cholesterol	10.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	5.000 g	Sodium	50.000 mg	Sugars	1.000 g	Iron	0.000 mg
Saturated Fat	1.000 g	Carbohydrate	2.000 g	Vitamin A	5.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Stow-Munroe Falls City Schools

900239 - MAYONNAISE PACKET 500-12 GM (GFS)

COND - CONDIMENTS

Source: Local
Manufacturer: GFS
Product No.: 159970

Measurement
LB..... 16.00 O
CASE..... 13.24 LB
PACKET..... 12.00 G

Nutrients: Per 100 GRAMS

Calories	750.000 kcal	Cholesterol	83.333 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	83.333 g	Sodium	500.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	16.667 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 12 G

Calories	90.000 kcal	Cholesterol	10.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	10.000 g	Sodium	60.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	2.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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990063 - MEATBALL, RED. SODIUM - JTM (COMM)

ENTRE - MAIN DISH RECIPES

Source: Local
Manufacturer: J.T.M. (COMM)
Product No.: 785860

Measurement
LB..... 16.00 O
EACH..... 0.65 O
CASE..... 30.00 LB
CN-SERVING 4
BAG..... 5.00 LB

Nutrients: Per 100 GRAMS

Calories	204.885 kcal	Cholesterol	48.847 mg	Protein	16.282 g	Calcium	86.839 mg
Total Fat	12.212 g	Sodium	293.080 mg	Sugars	2.714 g	Iron	2.714 mg
Saturated Fat	4.749 g	Carbohydrate	6.784 g	Vitamin A	6.784 IU	Water ¹	0.000 g
Trans. Fat ²	0.814 g	Dietary Fiber	1.357 g	Vitamin C	1.357 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 73.7 G

Calories	151.000 kcal	Cholesterol	36.000 mg	Protein	12.000 g	Calcium	64.000 mg
Total Fat	9.000 g	Sodium	216.000 mg	Sugars	2.000 g	Iron	2.000 mg
Saturated Fat	3.500 g	Carbohydrate	5.000 g	Vitamin A	5.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.600 g	Dietary Fiber	1.000 g	Vitamin C	1.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

900092 - MEATBALLS, 1/2 OZ COMM PROCESSED

BEEF - BEEF PRODUCTS

Source: Local
Manufacturer: J.T.M. (COMM FROM GFS)
Product No.: 785860

Measurement
LB..... 16.00 O
EACH..... 0.65 O
4 EACH..... 2.60 O
CASE..... 30.00 LB
BAG..... 5.00 LB

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	204.054 kcal	Cholesterol	48.649 mg	Protein	16.216 g	Calcium	2.703 mg
Total Fat	12.162 g	Sodium	291.892 mg	Sugars	*N/A* g	Iron	2.703 mg
Saturated Fat	4.730 g	Carbohydrate	6.757 g	Vitamin A	6.757 IU	Water ¹	*N/A* g
Trans. Fat ²	0.811 g	Dietary Fiber	1.351 g	Vitamin C	1.351 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 74 G

Calories	151.000 kcal	Cholesterol	36.000 mg	Protein	12.000 g	Calcium	2.000 mg
Total Fat	9.000 g	Sodium	216.000 mg	Sugars	*N/A* g	Iron	2.000 mg
Saturated Fat	3.500 g	Carbohydrate	5.000 g	Vitamin A	5.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.600 g	Dietary Fiber	1.000 g	Vitamin C	1.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Stow-Munroe Falls City Schools

900207 - MILK, CHOCOLATE FF (DAIRYMEN'S)

DAIRY - DAIRY PRODUCTS

Source: Local
Manufacturer: DAIRYMEN'S DAIRY
Product No.:

Measurement
LB..... 16.00 O
8 OZ CARTON... 8.00 O

Nutrients: Per 100 GRAMS

Calories	52.911 kcal	Cholesterol	0.000 mg	Protein	3.527 g	Calcium	110.231 mg
Total Fat	0.000 g	Sodium	105.822 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	10.141 g	Vitamin A	220.462 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.529 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 8 OZ

Calories	120.000 kcal	Cholesterol	0.000 mg	Protein	8.000 g	Calcium	250.000 mg
Total Fat	0.000 g	Sodium	240.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	23.000 g	Vitamin A	500.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	1.200 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

900206 - MILK, WHITE 1% (DAIRYMEN'S)

DAIRY - DAIRY PRODUCTS

Source: Local
Manufacturer: DAIRYMEN'S DAIRY
Product No.:

Measurement
LB..... 16.00 O
8 OZ CARTON... 8.00 O

Nutrients: Per 100 GRAMS

Calories	44.092 kcal	Cholesterol	4.409 mg	Protein	3.527 g	Calcium	132.277 mg
Total Fat	1.102 g	Sodium	52.911 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.661 g	Carbohydrate	5.291 g	Vitamin A	220.462 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	1.058 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 8 OZ

Calories	100.000 kcal	Cholesterol	10.000 mg	Protein	8.000 g	Calcium	300.000 mg
Total Fat	2.500 g	Sodium	120.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	1.500 g	Carbohydrate	12.000 g	Vitamin A	500.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	2.400 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

900204 - MILK, WHITE FATFREE SKIM (DAIRYMEN'S)

DAIRY - DAIRY PRODUCTS

Source: Local
Manufacturer: DAIRYMEN'S DIARY
Product No.:

Measurement
LB..... 16.00 O
8 OZ CARTON... 8.00 O

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	35.274 kcal	Cholesterol	2.205 mg	Protein	3.527 g	Calcium	132.277 mg
Total Fat	0.000 g	Sodium	52.911 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	5.291 g	Vitamin A	220.462 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	1.058 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 8 OZ

Calories	80.000 kcal	Cholesterol	5.000 mg	Protein	8.000 g	Calcium	300.000 mg
Total Fat	0.000 g	Sodium	120.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	12.000 g	Vitamin A	500.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	2.400 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Stow-Munroe Falls City Schools

902826 - MINI CINNIS

BRKRC - BREAKFAST RECIPES

Source: Local
Manufacturer: PILLSBURY (GFS)
Product No.: 894291

Measurement
LB..... 16.00 O
CASE..... 10.31 LB
PACKAGE..... 65.00 G

Nutrients: Per 100 GRAMS

Calories	369.231 kcal	Cholesterol	0.000 mg	Protein	7.692 g	Calcium	30.769 mg
Total Fat	12.308 g	Sodium	461.538 mg	Sugars	*N/A* g	Iron	2.215 mg
Saturated Fat	3.077 g	Carbohydrate	61.538 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	3.077 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Nutrients: Per 65 G

Calories	240.000 kcal	Cholesterol	0.000 mg	Protein	5.000 g	Calcium	20.000 mg
Total Fat	8.000 g	Sodium	300.000 mg	Sugars	*N/A* g	Iron	1.440 mg
Saturated Fat	2.000 g	Carbohydrate	40.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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902615 - MIXED FRUIT, CANNED, DICED, PEELED (COMM)

FRUIT - FRUIT & FRUIT JUICE

Source: Local
Manufacturer: COMMODITY
Product No.: A470

Measurement
LB..... 16.00 O
CASE..... 40.00 LB
#10 CAN..... 106.00 O
SERVING..... 126.00 G

Nutrients: Per 100 GRAMS

Calories	54.762 kcal	Cholesterol	0.000 mg	Protein	0.405 g	Calcium	4.762 mg
Total Fat	0.079 g	Sodium	6.349 mg	Sugars	*N/A* g	Iron	0.286 mg
Saturated Fat	0.000 g	Carbohydrate	14.190 g	Vitamin A	9.524 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.190 g	Vitamin C	4.762 mg	Ash ¹	*N/A* g

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Nutrients: Per 126 G

Calories	69.000 kcal	Cholesterol	0.000 mg	Protein	0.510 g	Calcium	6.000 mg
Total Fat	0.100 g	Sodium	8.000 mg	Sugars	*N/A* g	Iron	0.360 mg
Saturated Fat	0.000 g	Carbohydrate	17.880 g	Vitamin A	12.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.500 g	Vitamin C	6.000 mg	Ash ¹	*N/A* g

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902865 - MUFFIN, BLUEBERRY W/G I/W

BRKRC - BREAKFAST RECIPES

Source: Local
Manufacturer: OTIS SPUNKMEYER (GFS)
Product No.: 557970

Measurement
LB..... 16.00 O
CASE..... 9.00 LB
MUFFIN..... 57.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	333.333 kcal	Cholesterol	78.947 mg	Protein	5.263 g	Calcium	35.088 mg
Total Fat	10.526 g	Sodium	228.070 mg	Sugars	28.070 g	Iron	1.895 mg
Saturated Fat	3.509 g	Carbohydrate	52.632 g	Vitamin A	175.439 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.509 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Nutrients: Per 57 G

Calories	190.000 kcal	Cholesterol	45.000 mg	Protein	3.000 g	Calcium	20.000 mg
Total Fat	6.000 g	Sodium	130.000 mg	Sugars	16.000 g	Iron	1.080 mg
Saturated Fat	2.000 g	Carbohydrate	30.000 g	Vitamin A	100.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

902345 - MUFFIN, CHOC CHIP W/G IW

BRKRC - BREAKFAST RECIPES

Source: Local
Manufacturer: OTIS SPUNKMEYER (GFS)
Product No.: 557991

Measurement
LB..... 16.00 O
CASE..... 9.00 LB
MUFFIN..... 57.00 G

Nutrients: Per 100 GRAMS

Calories	315.789 kcal	Cholesterol	70.175 mg	Protein	5.263 g	Calcium	70.175 mg
Total Fat	8.772 g	Sodium	210.526 mg	Sugars	28.070 g	Iron	2.526 mg
Saturated Fat	3.509 g	Carbohydrate	52.632 g	Vitamin A	140.351 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	5.263 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 57 G

Calories	180.000 kcal	Cholesterol	40.000 mg	Protein	3.000 g	Calcium	40.000 mg
Total Fat	5.000 g	Sodium	120.000 mg	Sugars	16.000 g	Iron	1.440 mg
Saturated Fat	2.000 g	Carbohydrate	30.000 g	Vitamin A	80.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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990142 - MUSTARD

COND - CONDIMENTS

Source: Local
Manufacturer: GORDON'S
Product No.: 266256

Measurement
LB..... 16.00 O
1 tsp..... 5.00 G

Nutrients: Per 100 GRAMS

Calories	0.000 kcal	Cholesterol	*N/A* mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	1200.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	*N/A* g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	*N/A* g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 5 G

Calories	0.000 kcal	Cholesterol	*N/A* mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	60.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	*N/A* g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	*N/A* g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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900236 - MUSTARD PKT 1000 5.5 GM GFS

COND - CONDIMENTS

Source: Local
Manufacturer: GFS
Product No.: 159950

Measurement
LB..... 16.00 O
CASE-1000..... 12.13 LB
PACKET..... 5.50 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	83.333 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	8.333 g	Sodium	1083.333 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Nutrients: Per 6 G

Calories	5.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.500 g	Sodium	65.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Stow-Munroe Falls City Schools

902760 - NEW ORLEANS CHICKEN

ENT-L - ENT-L

Source: Local
Manufacturer: GREEN DRAGON ASIAN FOOD SOL
Product No.: 791701

Measurement
LB..... 16.00 O
CASE..... 43.20 LB
SERVING..... 81.00 G
BAG..... 7.20 LB

Nutrients: Per 100 GRAMS

Calories	180.715 kcal	Cholesterol	65.602 mg	Protein	18.567 g	Calcium	0.000 mg
Total Fat	3.094 g	Sodium	512.440 mg	Sugars	*N/A* g	Iron	1.337 mg
Saturated Fat	1.238 g	Carbohydrate	17.329 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Nutrients: Per 80.79 G

Calories	146.000 kcal	Cholesterol	53.000 mg	Protein	15.000 g	Calcium	0.000 mg
Total Fat	2.500 g	Sodium	414.000 mg	Sugars	*N/A* g	Iron	1.080 mg
Saturated Fat	1.000 g	Carbohydrate	14.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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990045 - NOODLES, EGG 1/4"

GRAIN - FLOUR/GRAINS/MACARONI/RICES

Source: Local
Manufacturer: GFS, AP PASTA NOODLE EGG WD 1/
Product No.: 108162

Measurement
LB..... 16.00 O
Serving 2 oz..... 2.00 O
CASE..... 10.00 LB
SERVING..... 56.00 G

Nutrients: Per 100 GRAMS

Calories	388.014 kcal	Cholesterol	97.003 mg	Protein	14.110 g	Calcium	0.000 mg
Total Fat	5.291 g	Sodium	26.455 mg	Sugars	*N/A* g	Iron	3.175 mg
Saturated Fat	1.764 g	Carbohydrate	70.548 g	Vitamin A	88.185 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.764 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Nutrients: Per 2 OZ

Calories	220.000 kcal	Cholesterol	55.000 mg	Protein	8.000 g	Calcium	0.000 mg
Total Fat	3.000 g	Sodium	15.000 mg	Sugars	*N/A* g	Iron	1.800 mg
Saturated Fat	1.000 g	Carbohydrate	40.000 g	Vitamin A	50.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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902771 - NUGGETS, CHICKEN W/G TYSON #558040

PLTRY - CHICKEN & TURKEY

Source: Local
Manufacturer: TYSON (GFS-GOV)
Product No.: 558040

Measurement
LB..... 16.00 O
CASE..... 30.00 LB
BAG..... 5.00 LB
SERVING-5 PC. 84.00 G
SERVING-6 PC. 100.80 G

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Stow-Munroe Falls City Schools

EA..... 16.80 G

Nutrients: Per 100 GRAMS

Calories	214.286 kcal	Cholesterol	23.810 mg	Protein	15.476 g	Calcium	47.619 mg
Total Fat	9.524 g	Sodium	535.714 mg	Sugars	*N/A* g	Iron	2.143 mg
Saturated Fat	2.381 g	Carbohydrate	16.667 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.381 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Nutrients: Per 84 G

Calories	180.000 kcal	Cholesterol	20.000 mg	Protein	13.000 g	Calcium	40.000 mg
Total Fat	8.000 g	Sodium	450.000 mg	Sugars	*N/A* g	Iron	1.800 mg
Saturated Fat	2.000 g	Carbohydrate	14.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Stow-Munroe Falls City Schools

902677 - OIL, VEGETABLE

FATS - MARGARINE/OIL/SHORT/SAL.DRESS

Source: Local
Manufacturer: GFS
Product No.: 292702

Measurement
LB..... 16.00 O
CASE..... 46.00 LB
GAL..... 7.67 LB
CUP..... 8.00 O
SERVING-1 T.... 14.00 G

Nutrients: Per 100 GRAMS

Calories	928.571 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	100.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	14.286 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Nutrients: Per 14 G

Calories	130.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	14.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	2.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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990123 - OLIVES RIPE SLCD SPAIN - GFS

VEG - VEGETABLES

Source: Local
Manufacturer: GFS
Product No.: 324531

Measurement
LB..... 16.00 O
CASE..... 41.42 LB
#10 CAN..... 1552.00 G
SERVING..... 16.00 G

Nutrients: Per 100 GRAMS

Calories	187.500 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	18.750 g	Sodium	937.500 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	6.250 g	Carbohydrate	6.250 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 16 G

Calories	30.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	3.000 g	Sodium	150.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	1.000 g	Carbohydrate	1.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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902755 - ONION RING, BATTERED

VEG - VEGETABLES

Source: Local
Manufacturer: KITCHEN ESSENTIALS (GFS)
Product No.: 783401

Measurement
LB..... 16.00 O
CASE..... 24.00 LB
BAG..... 2.00 LB
SERV- 6 PCS.... 91.00 G
RING..... 15.17 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	183.516 kcal	Cholesterol	0.000 mg	Protein	2.198 g	Calcium	43.956 mg
Total Fat	7.692 g	Sodium	172.527 mg	Sugars	*N/A* g	Iron	0.593 mg
Saturated Fat	1.099 g	Carbohydrate	27.473 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.198 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

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Nutrients: Per 91 G

Calories	167.000 kcal	Cholesterol	0.000 mg	Protein	2.000 g	Calcium	40.000 mg
Total Fat	7.000 g	Sodium	157.000 mg	Sugars	*N/A* g	Iron	0.540 mg
Saturated Fat	1.000 g	Carbohydrate	25.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

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Stow-Munroe Falls City Schools

902667 - ONION, SLICED 3/16"

VEG - VEGETABLES

Source: Local
Manufacturer: MARKON (GFS)
Product No.: 591122

Measurement
LB..... 16.00 O
CASE..... 10.00 LB
BAG..... 5.00 LB
SLICE..... 38.00 G

Nutrients: Per 100 GRAMS

Calories	42.105 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	26.316 mg
Total Fat	0.000 g	Sodium	2.632 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	10.526 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.632 g	Vitamin C	6.316 mg	Ash ¹	*N/A* g

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Nutrients: Per 38 G

Calories	16.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	10.000 mg
Total Fat	0.000 g	Sodium	1.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	4.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	2.400 mg	Ash ¹	*N/A* g

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(¹ - denotes optional nutrient values.)
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902654 - ONIONS, RAW SPANISH JUMBO

VEG - VEGETABLES

Source: Local
Manufacturer: MARKON (GFS)
Product No.: 109620

Measurement
LB..... 16.00 O medium (2-1/2" d 110.00 G
CUP, chopped.... 160.00 G slice, med(1/8" t 14.00 G
CUP, sliced..... 115.00 G small..... 70.00 G
tbsp, chopped.... 10.00 G slice, thin..... 9.00 G
large..... 150.00 G 10 rings..... 60.00 G
slice, large(1/4" t 38.00 G rings..... 6.00 G

Nutrients: Per 100 GRAMS

Calories	42.020 kcal	Cholesterol	0.000 mg	Protein	0.909 g	Calcium	20.202 mg
Total Fat	0.101 g	Sodium	3.030 mg	Sugars	4.040 g	Iron	0.182 mg
Saturated Fat	0.000 g	Carbohydrate	10.101 g	Vitamin A	20.202 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.414 g	Vitamin C	6.667 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 99 G

Calories	41.600 kcal	Cholesterol	0.000 mg	Protein	0.900 g	Calcium	20.000 mg
Total Fat	0.100 g	Sodium	3.000 mg	Sugars	4.000 g	Iron	0.180 mg
Saturated Fat	0.000 g	Carbohydrate	10.000 g	Vitamin A	20.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.400 g	Vitamin C	6.600 mg	Ash ¹	0.000 g

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011284 - ONIONS, DEHYDRATED FLAKES

VEG - VEGETABLES

Source: USDA
Manufacturer:
Product No.:

Measurement
LB..... 16.00 O
TBSP..... 5.00 G
.25 CUP..... 14.00 G
CUP..... 56.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	349.000 kcal	Cholesterol	0.000 mg	Protein	8.950 g	Calcium	257.000 mg
Total Fat	0.460 g	Sodium	21.000 mg	Sugars	37.410 g	Iron	1.550 mg
Saturated Fat	0.070 g	Carbohydrate	83.280 g	Vitamin A	18.000 IU	Water ¹	3.930 g
Trans. Fat ²	*N/A* g	Dietary Fiber	9.200 g	Vitamin C	75.000 mg	Ash ¹	3.380 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Stow-Munroe Falls City Schools

799905 - OREGANO LEAVES, DRIED

SPICE - SPICES

Source: LBS
Manufacturer:
Product No.:

Measurement
LB..... 16.00 O
tsp, leaves..... 1.00 G
tsp, ground..... 1.80 G

Nutrients: Per 100 GRAMS

Calories	306.000 kcal	Cholesterol	0.000 mg	Protein	11.000 g	Calcium	1576.000 mg
Total Fat	10.250 g	Sodium	15.000 mg	Sugars	*N/A* g	Iron	44.000 mg
Saturated Fat	2.660 g	Carbohydrate	64.430 g	Vitamin A	6903.000 IU	Water ¹	7.160 g
Trans. Fat ²	*N/A* g	Dietary Fiber	42.800 g	Vitamin C	50.000 mg	Ash ¹	7.150 g

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990154 - PANCAKE SAUSAGE WRAP

ENT-L - ENT-L

Source: Local
Manufacturer: GFS
Product No.: 189782

Measurement
LB..... 16.00 O
CASE..... 10.00 LB
EA..... 2.85 O

Nutrients: Per 100 GRAMS

Calories	275.000 kcal	Cholesterol	25.000 mg	Protein	10.000 g	Calcium	0.000 mg
Total Fat	12.500 g	Sodium	525.000 mg	Sugars	*N/A* g	Iron	1.350 mg
Saturated Fat	5.000 g	Carbohydrate	28.750 g	Vitamin A	*N/A* IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Nutrients: Per 80 G

Calories	220.000 kcal	Cholesterol	20.000 mg	Protein	8.000 g	Calcium	0.000 mg
Total Fat	10.000 g	Sodium	420.000 mg	Sugars	*N/A* g	Iron	1.080 mg
Saturated Fat	4.000 g	Carbohydrate	23.000 g	Vitamin A	*N/A* IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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902805 - PANCAKE, MINI MAPLE

BRKRC - BREAKFAST RECIPES

Source: Local
Manufacturer: PILLSBURY (GFS)
Product No.: 269220

Measurement
LB..... 16.00 O
CASE..... 15.89 LB
PACKAGE..... 100.00 G

Nutrients: Per 100 GRAMS

Calories	180.000 kcal	Cholesterol	5.000 mg	Protein	3.000 g	Calcium	40.000 mg
Total Fat	5.000 g	Sodium	330.000 mg	Sugars	*N/A* g	Iron	0.720 mg
Saturated Fat	0.500 g	Carbohydrate	31.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Stow-Munroe Falls City Schools

Page 116

Currently in use by recipe -
Detailed Ingredient List

Oct 28 2015

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

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Stow-Munroe Falls City Schools

002029 - PARSLEY, DRIED

SPICE - SPICES

Source: USDA
Manufacturer:
Product No.:

Measurement

LB..... 16.00 O
TSP..... 0.50 G
TBSP..... 1.60 G
CUP..... 0.51 O

Nutrients: Per 100 GRAMS

Calories	292.000 kcal	Cholesterol	0.000 mg	Protein	26.630 g	Calcium	1140.000 mg
Total Fat	5.480 g	Sodium	452.000 mg	Sugars	7.270 g	Iron	22.040 mg
Saturated Fat	1.370 g	Carbohydrate	50.640 g	Vitamin A	1939.000 IU	Water ¹	5.890 g
Trans. Fat ²	*N/A* g	Dietary Fiber	26.700 g	Vitamin C	125.000 mg	Ash ¹	11.360 g

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902852 - PASTA, PENNE RIGATE 51% W/G

GRAIN - FLOUR/GRAINS/MACARONI/RICES

Source: Local
Manufacturer: DAKOTA GROWERS (GFS)
Product No.: 221482

Measurement

LB..... 16.00 O
CASE..... 20.00 LB
BAG..... 10.00 LB
SERVING..... 56.00 G

Nutrients: Per 100 GRAMS

Calories	375.000 kcal	Cholesterol	0.000 mg	Protein	12.500 g	Calcium	35.714 mg
Total Fat	2.679 g	Sodium	0.000 mg	Sugars	3.571 g	Iron	3.214 mg
Saturated Fat	0.000 g	Carbohydrate	73.214 g	Vitamin A	17.857 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	7.143 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 56 G

Calories	210.000 kcal	Cholesterol	0.000 mg	Protein	7.000 g	Calcium	20.000 mg
Total Fat	1.500 g	Sodium	0.000 mg	Sugars	2.000 g	Iron	1.800 mg
Saturated Fat	0.000 g	Carbohydrate	41.000 g	Vitamin A	10.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	4.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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902672 - PASTA, SPAGHETTI, WHOLE GRAIN COOKED (COMM)

GRAIN - FLOUR/GRAINS/MACARONI/RICES

Source: Local
Manufacturer: GFS, COMMODITY
Product No.: 887571

Measurement

LB..... 16.00 O
CASE..... 20.00 LB
.5 C SERVING... 70.00 G

Nutrients: Per 100 GRAMS

Calories	124.286 kcal	Cholesterol	0.000 mg	Protein	5.286 g	Calcium	14.286 mg
Total Fat	0.571 g	Sodium	2.857 mg	Sugars	0.800 g	Iron	1.057 mg
Saturated Fat	0.100 g	Carbohydrate	26.571 g	Vitamin A	2.857 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	4.429 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Stow-Munroe Falls City Schools

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Nutrients: Per 70 G

Calories	87.000 kcal	Cholesterol	0.000 mg	Protein	3.700 g	Calcium	10.000 mg
Total Fat	0.400 g	Sodium	2.000 mg	Sugars	0.560 g	Iron	0.740 mg
Saturated Fat	0.070 g	Carbohydrate	18.600 g	Vitamin A	2.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	3.100 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Stow-Munroe Falls City Schools

902825 - PEACH CUP

FRUIT - FRUIT & FRUIT JUICE

Source: Local
Manufacturer: COMMODITY (GFS)
Product No.: 232470

Measurement
LB..... 16.00 O
CASE..... 26.40 LB
EA..... 4.40 O

Nutrients: Per 100 GRAMS

Calories	64.000 kcal	Cholesterol	0.000 mg	Protein	0.800 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.288 mg
Saturated Fat	0.000 g	Carbohydrate	15.200 g	Vitamin A	240.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.800 g	Vitamin C	129.600 mg	Ash ¹	0.000 g

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Nutrients: Per 125 G

Calories	80.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.360 mg
Saturated Fat	0.000 g	Carbohydrate	19.000 g	Vitamin A	300.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	162.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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990127 - PEACHES DCD GFS

FRUIT - FRUIT & FRUIT JUICE

Source: Local
Manufacturer: KITCHEN ESSENTIALS (GFS)
Product No.: 535362

Measurement
LB..... 16.00 O
SERVING..... 126.00 G
CAN..... 6.67 LB
CASE..... 40.00 LB

Nutrients: Per 100 GRAMS

Calories	55.556 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	7.937 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	13.492 g	Vitamin A	238.095 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.952 mg	Ash ¹	0.000 g

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Nutrients: Per 126 G

Calories	70.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	10.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	17.000 g	Vitamin A	300.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	1.200 mg	Ash ¹	0.000 g

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902860 - PEAR, DICED CUP 72-4 OZ

FRUIT - FRUIT & FRUIT JUICE

Source: Local
Manufacturer: NATIONAL FOOD GROUP (GFS)
Product No.: 136752

Measurement
LB..... 16.00 O
CASE..... 18.00 LB
CUP..... 4.00 O

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	61.947 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	8.850 mg	Sugars	10.619 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	15.044 g	Vitamin A	53.097 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.770 g	Vitamin C	15.929 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

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Nutrients: Per 113 G

Calories	70.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	10.000 mg	Sugars	12.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	17.000 g	Vitamin A	60.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	18.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

990128 - PEARS DCD GFS

FRUIT - FRUIT & FRUIT JUICE

Source: Local
Manufacturer: GFS
Product No.: 290203

Measurement
LB..... 16.00 O
SERVING..... 130.00 G
CASE..... 39.34 LB
CAN..... 105.00 O

Nutrients: Per 100 GRAMS

Calories	61.538 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	3.846 mg	Sugars	*N/A* g	Iron	0.277 mg
Saturated Fat	0.000 g	Carbohydrate	15.385 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.538 g	Vitamin C	0.923 mg	Ash ¹	0.000 g

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Nutrients: Per 130 G

Calories	80.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	5.000 mg	Sugars	*N/A* g	Iron	0.360 mg
Saturated Fat	0.000 g	Carbohydrate	20.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	1.200 mg	Ash ¹	0.000 g

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902653 - PEPPER, BLACK GROUND

SPICE - SPICES

Source: Local
Manufacturer: TRADEAST (GFS)
Product No.: 225037

Measurement
LB..... 16.00 O PKG..... 16.00 O
dash..... 0.10 G
TBSP..... 6.40 G
TSP..... 2.10 G
dash..... 0.10 G
CUP..... 3.56 O

Nutrients: Per 100 GRAMS

Calories	0.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 0.7 G

Calories	0.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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902857 - PEPPER, BLACK PACKET 6-1M GFS

COND - CONDIMENTS

Source: Local
Manufacturer: GFS
Product No.: 301965

Measurement
LB..... 16.00 O
CASE..... 1.32 LB
PKT..... 0.11 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	0.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 0.11 G

Calories	0.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

902848 - PEPPERONI SLICED 14-16/Z

LMEAT - LUNCH MEATS

Source: Local
Manufacturer: GFS
Product No.: 729973

Measurement
LB..... 16.00 O
CASE..... 25.00 LB
BAG..... 12.50 LB
SERVING-16 SL 30.00 G
SLICE..... 1.88 G

Nutrients: Per 100 GRAMS

Calories	466.667 kcal	Cholesterol	100.000 mg	Protein	20.000 g	Calcium	0.000 mg
Total Fat	43.333 g	Sodium	1533.333 mg	Sugars	0.000 g	Iron	1.200 mg
Saturated Fat	13.333 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 30 G

Calories	140.000 kcal	Cholesterol	30.000 mg	Protein	6.000 g	Calcium	0.000 mg
Total Fat	13.000 g	Sodium	460.000 mg	Sugars	0.000 g	Iron	0.360 mg
Saturated Fat	4.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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085705 - PEPPERS, BANANA RING MILD

VEG - VEGETABLES

Source: Local
Manufacturer: GFS
Product No.: 466220

Measurement
LB..... 16.00 O
CASE..... 33.50 LB
GALLON..... 8.38 LB
SERVING..... 28.00 G
12 PC..... 28.00 G

Nutrients: Per 100 GRAMS

Calories	17.857 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	1000.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	3.571 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	3.571 g	Vitamin C	32.143 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 28 G

Calories	5.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	280.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	1.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	9.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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990122 - PEPPERS, BANANA YELLOW HOT

COND - CONDIMENTS

Source: Local
Manufacturer: GFS
Product No.: 466251

Measurement
LB..... 16.00 O
CASE..... 33.50 LB
1 GAL..... 8.38 LB
1 OZ SERVING.. 28.35 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	17.637 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	70.547 mg
Total Fat	0.000 g	Sodium	987.654 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	3.527 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.527 g	Vitamin C	31.746 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 28.35 G

Calories	5.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	20.000 mg
Total Fat	0.000 g	Sodium	280.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	1.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	9.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

900213 - PEPPERS, GREEN (GFS)

VEG - VEGETABLES

Source: Local
Manufacturer: GFS
Product No.: 592315

Measurement
LB..... 16.00 O
CASE..... 5.00 LB
SERVING..... 148.00 G
1/4 PEPPER..... 2.52 O
1/2 PEPPER..... 5.00 O

Nutrients: Per 100 GRAMS

Calories	20.270 kcal	Cholesterol	0.000 mg	Protein	0.676 g	Calcium	13.514 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.243 mg
Saturated Fat	0.000 g	Carbohydrate	4.730 g	Vitamin A	270.270 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.351 g	Vitamin C	77.027 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 148 G

Calories	30.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	20.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.360 mg
Saturated Fat	0.000 g	Carbohydrate	7.000 g	Vitamin A	400.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	114.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

902668 - PEPPERS, GREEN SLICED 3/16"

VEG - VEGETABLES

Source: Local
Manufacturer: MARKON (GFS)
Product No.: 442151

Measurement
LB..... 16.00 O
CASE..... 6.00 LB
BAG..... 3.00 LB
SERVING..... 5.20 O
SERVING..... 148.00 G

Nutrients: Per 100 GRAMS

Calories	20.270 kcal	Cholesterol	0.000 mg	Protein	0.676 g	Calcium	13.514 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.243 mg
Saturated Fat	0.000 g	Carbohydrate	4.730 g	Vitamin A	270.270 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.351 g	Vitamin C	77.027 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 148 G

Calories	30.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	20.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.360 mg
Saturated Fat	0.000 g	Carbohydrate	7.000 g	Vitamin A	400.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	114.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
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990124 - PEPPERS, JALAPENO SLCD GFS

VEG - VEGETABLES

Source: Local
Manufacturer: GFS (GRAN SAZON)
Product No.: 499943

Measurement
LB..... 16.00 O
CASE..... 25.13 LB
CONTAINER..... 64.00 O
SERVING..... 28.35 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	17.637 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	987.654 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	3.527 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.527 g	Vitamin C	31.746 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

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Nutrients: Per 28.35 G

Calories	5.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	280.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	1.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	9.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

011945 - PICKLE RELISH,SWEET

VEG - VEGETABLES

Source: USDA
Manufacturer:
Product No.:

Measurement
LB..... 16.00 O
TBSP..... 15.00 G
packet (2/3 tbsp) 10.00 G
CUP..... 245.00 G

Nutrients: Per 100 GRAMS

Calories	130.000 kcal	Cholesterol	0.000 mg	Protein	0.370 g	Calcium	3.000 mg
Total Fat	0.470 g	Sodium	811.000 mg	Sugars	29.130 g	Iron	0.870 mg
Saturated Fat	0.050 g	Carbohydrate	35.060 g	Vitamin A	1218.000 IU	Water ¹	62.070 g
Trans. Fat ²	*N/A* g	Dietary Fiber	1.100 g	Vitamin C	1.000 mg	Ash ¹	2.030 g

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902754 - PICKLES, HAMBURGER DILL

VEG - VEGETABLES

Source: Local
Manufacturer: GFS
Product No.: 149195

Measurement
LB..... 16.00 O small..... 37.00 G
CUP, chopped/di 143.00 G spear..... 35.00 G
CUP (about 23 sl 155.00 G CUP..... 155.00 G
large (4" long).... 135.00 G spear(s)..... 1.06 O
PIECE..... 65.00 G CASE..... 34.70 LB
slice..... 7.00 G 1 GAL..... 8.68 LB

Nutrients: Per 100 GRAMS

Calories	0.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	1321.429 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	589.286 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 28 G

Calories	0.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	370.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	165.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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990126 - PINEAPPLE TIDBITS GFS

FRUIT - FRUIT & FRUIT JUICE

Source: Local
Manufacturer:
Product No.:

Measurement
LB..... 16.00 O
SERVING..... 122.00 G
CAN..... 71.50 O
CASE..... 40.54 LB

Nutrients: Per 100 GRAMS

Calories	49.180 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	8.197 mg	Sugars	*N/A* g	Iron	0.295 mg
Saturated Fat	0.000 g	Carbohydrate	12.295 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.820 g	Vitamin C	12.295 mg	Ash ¹	0.000 g

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Nutrients: Per 122 G

Calories	60.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	10.000 mg	Sugars	*N/A* g	Iron	0.360 mg
Saturated Fat	0.000 g	Carbohydrate	15.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	15.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

990039 - PITA BREAD, FOLD 6" 12-10CT GRECIAN (GFS)

BAKE - BAKERY PRODUCTS

Source: Local

Manufacturer: GRECIAN, BREAD PITA FOLD 6" 12-1

Product No.: 287652

Measurement

LB..... 16.00 O
EA..... 74.00 G
CASE..... 20.00 LB

Nutrients: Per 100 GRAMS

Calories	256.757 kcal	Cholesterol	0.000 mg	Protein	6.757 g	Calcium	81.081 mg
Total Fat	6.757 g	Sodium	540.541 mg	Sugars	*N/A* g	Iron	2.432 mg
Saturated Fat	1.351 g	Carbohydrate	43.243 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.351 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Nutrients: Per 74 G

Calories	190.000 kcal	Cholesterol	0.000 mg	Protein	5.000 g	Calcium	60.000 mg
Total Fat	5.000 g	Sodium	400.000 mg	Sugars	*N/A* g	Iron	1.800 mg
Saturated Fat	1.000 g	Carbohydrate	32.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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900151 - PIZZA CRUST - THIN PARBAKED 16"

ENT-L - ENT-L

Source: Local

Manufacturer:

Product No.:

Measurement

LB..... 16.00 O
CASE..... 23.46 LB
1 PIZZA..... 12.51 O
1 SERVING..... 50.00 G

Nutrients: Per 100 GRAMS

Calories	260.000 kcal	Cholesterol	0.000 mg	Protein	7.000 g	Calcium	150.000 mg
Total Fat	4.000 g	Sodium	511.000 mg	Sugars	*N/A* g	Iron	0.900 mg
Saturated Fat	2.000 g	Carbohydrate	47.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	1.200 mg	Ash ¹	*N/A* g

(*N/A* - denotes optional missing nutrient values)
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902839 - PIZZA W/G BREAKFAST TURK & SAUS SCHWANS

BRKRC - BREAKFAST RECIPES

Source: Local

Manufacturer: SCHWAN (GFS)

Product No.: 160432

Measurement

LB..... 16.00 O
CASE..... 26.57 LB
SHEET..... 3.32 LB
EA..... 94.00 G

Nutrients: Per 100 GRAMS

Calories	223.404 kcal	Cholesterol	15.957 mg	Protein	9.574 g	Calcium	106.383 mg
Total Fat	7.447 g	Sodium	510.638 mg	Sugars	9.574 g	Iron	1.915 mg
Saturated Fat	2.128 g	Carbohydrate	27.660 g	Vitamin A	212.766 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.128 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

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Nutrients: Per 94 G

Calories	210.000 kcal	Cholesterol	15.000 mg	Protein	9.000 g	Calcium	100.000 mg
Total Fat	7.000 g	Sodium	480.000 mg	Sugars	9.000 g	Iron	1.800 mg
Saturated Fat	2.000 g	Carbohydrate	26.000 g	Vitamin A	200.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

902838 - PIZZA, BIG DADDY 16" W/G CHEESE PRIMO 10 CUT

ENT-L - ENT-L	Measurement	
	LB.....	16.00 O
Source: Local	CASE.....	23.34 LB
Manufacturer: SCHWN'S - GFS (COMM)	PIZZA.....	41.44 O
Product No.: 575522	10 CUT- 1 SLIC	118.00 G

Nutrients: Per 100 GRAMS

Calories	245.763 kcal	Cholesterol	21.186 mg	Protein	14.407 g	Calcium	296.610 mg
Total Fat	10.169 g	Sodium	406.780 mg	Sugars	5.932 g	Iron	1.525 mg
Saturated Fat	5.085 g	Carbohydrate	23.729 g	Vitamin A	338.983 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.695 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
⁽¹ - denotes optional nutrient values.)
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Nutrients: Per 118 G

Calories	290.000 kcal	Cholesterol	25.000 mg	Protein	17.000 g	Calcium	350.000 mg
Total Fat	12.000 g	Sodium	480.000 mg	Sugars	7.000 g	Iron	1.800 mg
Saturated Fat	6.000 g	Carbohydrate	28.000 g	Vitamin A	400.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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990034 - PIZZA, BIG DADDY 16" W/G CHEESE PRIMO 8 CUT

ENT-L - ENT-L	Measurement	
	LB.....	16.00 O
Source: Local	CASE.....	23.34 LB
Manufacturer: SCHWN'S - GFS (COMM)	PIZZA.....	41.44 O
Product No.: 575522	1-8 CUT SLICE..	5.18 O

Nutrients: Per 100 GRAMS

Calories	244.898 kcal	Cholesterol	23.810 mg	Protein	14.286 g	Calcium	306.122 mg
Total Fat	10.884 g	Sodium	408.163 mg	Sugars	6.122 g	Iron	1.837 mg
Saturated Fat	4.762 g	Carbohydrate	23.129 g	Vitamin A	272.109 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.041 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
⁽¹ - denotes optional nutrient values.)
⁽² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 147 G

Calories	360.000 kcal	Cholesterol	35.000 mg	Protein	21.000 g	Calcium	450.000 mg
Total Fat	16.000 g	Sodium	600.000 mg	Sugars	9.000 g	Iron	2.700 mg
Saturated Fat	7.000 g	Carbohydrate	34.000 g	Vitamin A	400.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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990115 - PIZZA, BIG DADDY 16" W/G PEPPERONI

ENT-L - ENT-L	Measurement	
	LB.....	16.00 O
Source: Local	CASE.....	22.52 LB
Manufacturer: SCHWANN'S (#78399)(GFS-COMM)	PIZZA.....	2.50 LB
Product No.: 239241	1 SLICE- 8 CUT.	142.00 G
	1 SLICE-10 CUT	114.00 G

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Nutrients: Per 100 GRAMS

Calories	253.521 kcal	Cholesterol	28.169 mg	Protein	12.676 g	Calcium	211.268 mg
Total Fat	11.268 g	Sodium	485.915 mg	Sugars	4.225 g	Iron	1.901 mg
Saturated Fat	4.930 g	Carbohydrate	25.352 g	Vitamin A	281.690 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.817 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Nutrients: Per 142 G

Calories	360.000 kcal	Cholesterol	40.000 mg	Protein	18.000 g	Calcium	300.000 mg
Total Fat	16.000 g	Sodium	690.000 mg	Sugars	6.000 g	Iron	2.700 mg
Saturated Fat	7.000 g	Carbohydrate	36.000 g	Vitamin A	400.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	4.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

900160 - PIZZA, TONY'S CHEESE W/GRAIN

ENT-L - ENT-L

Source: Local
Manufacturer: SCHWANS - GFS (COMM)
Product No.: 585921

Measurement
LB..... 16.00 O
CASE..... 27.00 LB
SLICE 4 X 6..... 4.60 O
SLICE 4 X 6..... 130.00 G

Nutrients: Per 100 GRAMS

Calories	223.077 kcal	Cholesterol	11.538 mg	Protein	11.538 g	Calcium	230.769 mg
Total Fat	8.462 g	Sodium	415.385 mg	Sugars	11.538 g	Iron	2.077 mg
Saturated Fat	3.077 g	Carbohydrate	26.154 g	Vitamin A	384.615 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.077 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 130 G

Calories	290.000 kcal	Cholesterol	15.000 mg	Protein	15.000 g	Calcium	300.000 mg
Total Fat	11.000 g	Sodium	540.000 mg	Sugars	15.000 g	Iron	2.700 mg
Saturated Fat	4.000 g	Carbohydrate	34.000 g	Vitamin A	500.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	4.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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902374 - POP-TART, BROWN SUGAR CINNAMON

BRKRC - BREAKFAST RECIPES

Source: Local
Manufacturer: KELLOGG'S (GFS)
Product No.: 695880

Measurement
LB..... 16.00 O
CASE..... 13.23 LB
BOX..... 600.00 G
EACH..... 50.00 G

Nutrients: Per 100 GRAMS

Calories	360.000 kcal	Cholesterol	0.000 mg	Protein	4.000 g	Calcium	200.000 mg
Total Fat	5.000 g	Sodium	380.000 mg	Sugars	*N/A* g	Iron	3.600 mg
Saturated Fat	2.000 g	Carbohydrate	74.000 g	Vitamin A	1000.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	6.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 50 G

Calories	180.000 kcal	Cholesterol	0.000 mg	Protein	2.000 g	Calcium	100.000 mg
Total Fat	2.500 g	Sodium	190.000 mg	Sugars	*N/A* g	Iron	1.800 mg
Saturated Fat	1.000 g	Carbohydrate	37.000 g	Vitamin A	500.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	3.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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902618 - PORK BARBEQUE

PORK - PORK PRODUCTS

Source: Local
Manufacturer: BROOKWOOD (GFS-COMMODITY)
Product No.: 498702

Measurement
LB..... 16.00 O
CASE..... 20.00 LB
CONTAINER..... 5.00 LB
SERV.- 4 OZ..... 113.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	203.540 kcal	Cholesterol	57.522 mg	Protein	18.584 g	Calcium	0.000 mg
Total Fat	7.080 g	Sodium	221.239 mg	Sugars	14.159 g	Iron	0.000 mg
Saturated Fat	2.212 g	Carbohydrate	14.159 g	Vitamin A	70.796 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 113 G

Calories	230.000 kcal	Cholesterol	65.000 mg	Protein	21.000 g	Calcium	0.000 mg
Total Fat	8.000 g	Sodium	250.000 mg	Sugars	16.000 g	Iron	0.000 mg
Saturated Fat	2.500 g	Carbohydrate	16.000 g	Vitamin A	80.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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990087 - PORK RIB PATTY - COMM

PORK - PORK PRODUCTS

Source: Local
Manufacturer: ADVANCE PIERRE - GFS (COMM)
Product No.: 108980

Measurement
LB..... 16.00 O
CASE..... 24.00 LB
EACH..... 67.00 G

Nutrients: Per 100 GRAMS

Calories	238.806 kcal	Cholesterol	59.701 mg	Protein	19.403 g	Calcium	29.851 mg
Total Fat	8.955 g	Sodium	641.791 mg	Sugars	2.985 g	Iron	1.612 mg
Saturated Fat	2.985 g	Carbohydrate	4.478 g	Vitamin A	149.254 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.493 g	Vitamin C	5.373 mg	Ash ¹	0.000 g

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(¹ - denotes optional nutrient values.)
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Nutrients: Per 67 G

Calories	160.000 kcal	Cholesterol	40.000 mg	Protein	13.000 g	Calcium	20.000 mg
Total Fat	6.000 g	Sodium	430.000 mg	Sugars	2.000 g	Iron	1.080 mg
Saturated Fat	2.000 g	Carbohydrate	3.000 g	Vitamin A	100.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	3.600 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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990132 - POTATO PEARLS, GOLDEN X-RICH 6-3.7# (COMM)

VEG - VEGETABLES

Source: Local
Manufacturer: BAMER (GFS - COMM)
Product No.: 559911

Measurement
LB..... 16.00 O
CASE..... 22.20 LB
CARTON..... 3.70 LB
SERVING-.5 CU 115.00 G

Nutrients: Per 100 GRAMS

Calories	341.630 kcal	Cholesterol	0.000 mg	Protein	4.880 g	Calcium	36.945 mg
Total Fat	2.440 g	Sodium	1610.542 mg	Sugars	3.416 g	Iron	0.976 mg
Saturated Fat	0.000 g	Carbohydrate	73.206 g	Vitamin A	9.322 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	4.880 g	Vitamin C	31.381 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 20.49 G

Calories	70.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	7.570 mg
Total Fat	0.500 g	Sodium	330.000 mg	Sugars	0.700 g	Iron	0.200 mg
Saturated Fat	0.000 g	Carbohydrate	15.000 g	Vitamin A	1.910 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	6.430 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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990050 - POTATO TOTS, OREIDA (GFS)

VEG - VEGETABLES

Source: Local
Manufacturer: OREIDA (GFS)
Product No.: 141510

Measurement
LB..... 16.00 O
CASE..... 30.00 LB
BAG..... 5.00 LB
SERVING..... 82.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	158.537 kcal	Cholesterol	0.000 mg	Protein	2.439 g	Calcium	0.000 mg
Total Fat	7.317 g	Sodium	378.049 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	1.220 g	Carbohydrate	19.512 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.439 g	Vitamin C	4.390 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 82 G

Calories	130.000 kcal	Cholesterol	0.000 mg	Protein	2.000 g	Calcium	0.000 mg
Total Fat	6.000 g	Sodium	310.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	1.000 g	Carbohydrate	16.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	3.600 mg	Ash ¹	0.000 g

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(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Stow-Munroe Falls City Schools

900042 - POTATO TRIANGLE - LAMBWESTON COMMODITY

VEG - VEGETABLES

Source: Local
Manufacturer: LAMBWESTON - GFS (COMM)
Product No.: 265659

Measurement
LB..... 16.00 O
CASE..... 30.00 LB
EA..... 57.00 G

Nutrients: Per 100 GRAMS

Calories	175.439 kcal	Cholesterol	0.000 mg	Protein	1.754 g	Calcium	0.000 mg
Total Fat	8.772 g	Sodium	403.509 mg	Sugars	0.000 g	Iron	0.632 mg
Saturated Fat	2.632 g	Carbohydrate	21.053 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.754 g	Vitamin C	2.105 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 57 G

Calories	100.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	0.000 mg
Total Fat	5.000 g	Sodium	230.000 mg	Sugars	0.000 g	Iron	0.360 mg
Saturated Fat	1.500 g	Carbohydrate	12.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	1.200 mg	Ash ¹	0.000 g

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902872 - POTATO, CHEDDAR MUNCH ROUNDS

VEG - VEGETABLES

Source: Local
Manufacturer: LAMB-WESTON (GFS)
Product No.: 728675

Measurement
LB..... 16.00 O
CASE..... 18.00 LB
BAG..... 3.00 LB
SERVING - 5 P 84.00 G

Nutrients: Per 100 GRAMS

Calories	214.286 kcal	Cholesterol	17.857 mg	Protein	5.952 g	Calcium	119.048 mg
Total Fat	11.905 g	Sodium	535.714 mg	Sugars	1.190 g	Iron	0.429 mg
Saturated Fat	2.976 g	Carbohydrate	21.429 g	Vitamin A	238.095 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.571 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 84 G

Calories	180.000 kcal	Cholesterol	15.000 mg	Protein	5.000 g	Calcium	100.000 mg
Total Fat	10.000 g	Sodium	450.000 mg	Sugars	1.000 g	Iron	0.360 mg
Saturated Fat	2.500 g	Carbohydrate	18.000 g	Vitamin A	200.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

900192 - POTATO, ROUNDS FROZEN USDA MCCAIN

VEG - VEGETABLES

Source: Local
Manufacturer: USDA COMMODITY, (MCCAIN)
Product No.: P600

Measurement
LB..... 16.00 O
serving..... 2.50 O
bag..... 5.00 LB
case..... 30.00 LB

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	169.315 kcal	Cholesterol	0.000 mg	Protein	2.822 g	Calcium	0.000 mg
Total Fat	8.466 g	Sodium	366.850 mg	Sugars	*N/A* g	Iron	0.508 mg
Saturated Fat	1.411 g	Carbohydrate	19.753 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.822 g	Vitamin C	1.693 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 2.5 OZ

Calories	120.000 kcal	Cholesterol	0.000 mg	Protein	2.000 g	Calcium	0.000 mg
Total Fat	6.000 g	Sodium	260.000 mg	Sugars	*N/A* g	Iron	0.360 mg
Saturated Fat	1.000 g	Carbohydrate	14.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	1.200 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

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Stow-Munroe Falls City Schools

990149 - POTATO, SEASONED CROSS CUT (WAFFLE) FRIES

VEG - VEGETABLES

Source: Local
Manufacturer: USDA COMMODITY
Product No.: P606

Measurement
LB..... 16.00 O
SERVING..... 3.00 O
CASE..... 27.00 LB
BAG..... 4.50 LB

Nutrients: Per 100 GRAMS

Calories	199.886 kcal	Cholesterol	0.000 mg	Protein	2.352 g	Calcium	0.000 mg
Total Fat	10.582 g	Sodium	576.142 mg	Sugars	*N/A* g	Iron	0.847 mg
Saturated Fat	1.176 g	Carbohydrate	24.692 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.352 g	Vitamin C	1.411 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 3 OZ

Calories	170.000 kcal	Cholesterol	0.000 mg	Protein	2.000 g	Calcium	0.000 mg
Total Fat	9.000 g	Sodium	490.000 mg	Sugars	*N/A* g	Iron	0.720 mg
Saturated Fat	1.000 g	Carbohydrate	21.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	1.200 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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902874 - POTATO, SEASONED WEDGE FRIES LAMB-WESTON

VEG - VEGETABLES

Source: Local
Manufacturer: LAMB-WESTON (GFS)
Product No.: 457558

Measurement
LB..... 16.00 O
CASE..... 30.00 LB
BAG..... 5.00 LB
SERVING - 6-7 84.00 G

Nutrients: Per 100 GRAMS

Calories	154.762 kcal	Cholesterol	0.000 mg	Protein	2.381 g	Calcium	0.000 mg
Total Fat	7.143 g	Sodium	333.333 mg	Sugars	0.000 g	Iron	0.857 mg
Saturated Fat	1.786 g	Carbohydrate	21.429 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.381 g	Vitamin C	5.714 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 84 G

Calories	130.000 kcal	Cholesterol	0.000 mg	Protein	2.000 g	Calcium	0.000 mg
Total Fat	6.000 g	Sodium	280.000 mg	Sugars	0.000 g	Iron	0.720 mg
Saturated Fat	1.500 g	Carbohydrate	18.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	4.800 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

902875 - POTATO, STEAK FRIES LAMB-WESTON

VEG - VEGETABLES

Source: Local
Manufacturer: LAMB-WESTON (GFS)
Product No.: 265764

Measurement
LB..... 16.00 O
CASE..... 30.00 LB
BAG..... 5.00 LB
SERVING - 6 FR 84.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	130.952 kcal	Cholesterol	0.000 mg	Protein	2.381 g	Calcium	0.000 mg
Total Fat	3.571 g	Sodium	29.762 mg	Sugars	0.000 g	Iron	0.857 mg
Saturated Fat	1.190 g	Carbohydrate	22.619 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.381 g	Vitamin C	5.714 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 84 G

Calories	110.000 kcal	Cholesterol	0.000 mg	Protein	2.000 g	Calcium	0.000 mg
Total Fat	3.000 g	Sodium	25.000 mg	Sugars	0.000 g	Iron	0.720 mg
Saturated Fat	1.000 g	Carbohydrate	19.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	4.800 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Stow-Munroe Falls City Schools

902876 - POTATO, SWEET SUN STIX MCCAIN

VEG - VEGETABLES

Source: Local
Manufacturer: MCCAIN (GFS)
Product No.: 661929

Measurement
LB..... 16.00 O
CASE..... 15.00 LB
BAG..... 2.50 LB
SERVING - 21 P 71.00 G

Nutrients: Per 100 GRAMS

Calories	140.845 kcal	Cholesterol	0.000 mg	Protein	1.408 g	Calcium	28.169 mg
Total Fat	5.634 g	Sodium	119.718 mg	Sugars	11.268 g	Iron	0.507 mg
Saturated Fat	0.704 g	Carbohydrate	21.127 g	Vitamin A	4225.352 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.817 g	Vitamin C	8.451 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 71 G

Calories	100.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	20.000 mg
Total Fat	4.000 g	Sodium	85.000 mg	Sugars	8.000 g	Iron	0.360 mg
Saturated Fat	0.500 g	Carbohydrate	15.000 g	Vitamin A	3000.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	6.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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902756 - POTATO, SWEET TATER PUFF

VEG - VEGETABLES

Source: Local
Manufacturer: LAMB WESSON (GFS)
Product No.: 872570

Measurement
LB..... 16.00 O
CASE..... 15.00 LB
BAG..... 2.50 LB
3 OZ SERV..... 84.00 G
4 OZ SERV..... 112.00 G

Nutrients: Per 100 GRAMS

Calories	154.762 kcal	Cholesterol	0.000 mg	Protein	1.190 g	Calcium	23.810 mg
Total Fat	4.167 g	Sodium	309.524 mg	Sugars	9.524 g	Iron	0.429 mg
Saturated Fat	0.000 g	Carbohydrate	27.381 g	Vitamin A	3571.429 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.381 g	Vitamin C	4.286 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 84 G

Calories	130.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	20.000 mg
Total Fat	3.500 g	Sodium	260.000 mg	Sugars	8.000 g	Iron	0.360 mg
Saturated Fat	0.000 g	Carbohydrate	23.000 g	Vitamin A	3000.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	3.600 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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902873 - POTATO, WEDGE FRIES W/RANCH

VEG - VEGETABLES

Source: Local
Manufacturer: LAMB-WESTON (GFS)
Product No.: 609676

Measurement
LB..... 16.00 O
CASE..... 30.00 LB
BAG..... 5.00 LB
SERVING - 8 P 84.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	142.857 kcal	Cholesterol	0.000 mg	Protein	2.381 g	Calcium	0.000 mg
Total Fat	5.952 g	Sodium	333.333 mg	Sugars	0.000 g	Iron	0.429 mg
Saturated Fat	1.190 g	Carbohydrate	20.238 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.381 g	Vitamin C	5.714 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 84 G

Calories	120.000 kcal	Cholesterol	0.000 mg	Protein	2.000 g	Calcium	0.000 mg
Total Fat	5.000 g	Sodium	280.000 mg	Sugars	0.000 g	Iron	0.360 mg
Saturated Fat	1.000 g	Carbohydrate	17.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	4.800 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

990143 - RAISINS

FRUIT - FRUIT & FRUIT JUICE

Source: Local
Manufacturer: GFS
Product No.: 544426

Measurement
LB..... 16.00 O
1 BOX..... 1.50 O
SERVING..... 1.50 O

Nutrients: Per 100 GRAMS

Calories	316.667 kcal	Cholesterol	0.000 mg	Protein	2.381 g	Calcium	23.810 mg
Total Fat	0.000 g	Sodium	19.048 mg	Sugars	*N/A* g	Iron	3.000 mg
Saturated Fat	0.000 g	Carbohydrate	76.190 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	7.143 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 42 G

Calories	133.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	10.000 mg
Total Fat	0.000 g	Sodium	8.000 mg	Sugars	*N/A* g	Iron	1.260 mg
Saturated Fat	0.000 g	Carbohydrate	32.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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990048 - RAVIOLI BEEF & TOMATO SAUCE 6-#10 CHEF BOYARD

ENT-L - ENT-L

Source: Local
Manufacturer: CHEF BOYARDEE, RAVIOLI BEEF 6-#
Product No.: 261629

Measurement
LB..... 16.00 O
CAN..... 6.75 LB
CASE..... 40.50 LB
1 Cup..... 255.00 G

Nutrients: Per 100 GRAMS

Calories	82.353 kcal	Cholesterol	1.961 mg	Protein	2.353 g	Calcium	7.843 mg
Total Fat	1.961 g	Sodium	270.588 mg	Sugars	3.529 g	Iron	1.059 mg
Saturated Fat	0.392 g	Carbohydrate	14.118 g	Vitamin A	117.647 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.569 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 255 G

Calories	210.000 kcal	Cholesterol	5.000 mg	Protein	6.000 g	Calcium	20.000 mg
Total Fat	5.000 g	Sodium	690.000 mg	Sugars	9.000 g	Iron	2.700 mg
Saturated Fat	1.000 g	Carbohydrate	36.000 g	Vitamin A	300.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	4.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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902625 - RICE, BROWN PARBOIL

GRAIN - FLOUR/GRAINS/MACARONI/RICES

Source: Local
Manufacturer: GFS
Product No.: 727630

Measurement
LB..... 16.00 O
CASE..... 25.00 LB
1/4 CUP..... 47.00 G
1/2 CUP..... 94.00 G
CUP..... 188.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	361.702 kcal	Cholesterol	0.000 mg	Protein	8.511 g	Calcium	0.000 mg
Total Fat	2.128 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	1.532 mg
Saturated Fat	0.000 g	Carbohydrate	78.723 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	4.255 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 47 G

Calories	170.000 kcal	Cholesterol	0.000 mg	Protein	4.000 g	Calcium	0.000 mg
Total Fat	1.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.720 mg
Saturated Fat	0.000 g	Carbohydrate	37.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Stow-Munroe Falls City Schools

902736 - ROLL, DINNER WHEAT, LRG SPLIT

BAKE - BAKERY PRODUCTS

Source: Local
Manufacturer: NICKLES
Product No.: 20135 (1975)

Measurement
LB..... 16.00 O
PKG..... 16.00 O
ROLL..... 1.00 O

Nutrients: Per 100 GRAMS

Calories	282.192 kcal	Cholesterol	0.000 mg	Protein	10.582 g	Calcium	70.548 mg
Total Fat	3.527 g	Sodium	493.836 mg	Sugars	3.527 g	Iron	2.540 mg
Saturated Fat	0.000 g	Carbohydrate	52.911 g	Vitamin A	17.637 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	7.055 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 1 OZ

Calories	80.000 kcal	Cholesterol	0.000 mg	Protein	3.000 g	Calcium	20.000 mg
Total Fat	1.000 g	Sodium	140.000 mg	Sugars	1.000 g	Iron	0.720 mg
Saturated Fat	0.000 g	Carbohydrate	15.000 g	Vitamin A	5.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

900066 - ROMAINE BLEND, 4-5LB

VEG - VEGETABLES

Source: Local
Manufacturer: GFS
Product No.: 414166

Measurement
LB..... 16.00 O
4-5oz bowl, 36 s 2.25 O
1 bag..... 5.00 LB
case..... 20.00 LB

Nutrients: Per 100 GRAMS

Calories	9.406 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	23.516 mg
Total Fat	0.000 g	Sodium	23.516 mg	Sugars	*N/A* g	Iron	0.423 mg
Saturated Fat	0.000 g	Carbohydrate	2.352 g	Vitamin A	411.530 IU	Water ¹	0.000 g
Trans. Fat ²	*N/A* g	Dietary Fiber	1.176 g	Vitamin C	4.233 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 3 OZ

Calories	8.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	20.000 mg
Total Fat	0.000 g	Sodium	20.000 mg	Sugars	*N/A* g	Iron	0.360 mg
Saturated Fat	0.000 g	Carbohydrate	2.000 g	Vitamin A	350.000 IU	Water ¹	0.000 g
Trans. Fat ²	*N/A* g	Dietary Fiber	1.000 g	Vitamin C	3.600 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

902788 - ROMAINE HEARTS

VEG - VEGETABLES

Source: Local
Manufacturer: MARKON (GFS)
Product No.: 182570

Measurement
LB..... 16.00 O
CASE..... 15.00 LB
BAG..... 7.50 LB
SERVING - 1 C.. 56.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	17.857 kcal	Cholesterol	0.000 mg	Protein	1.786 g	Calcium	35.714 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	1.286 mg
Saturated Fat	0.000 g	Carbohydrate	1.786 g	Vitamin A	2678.571 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.786 g	Vitamin C	21.429 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 56 G

Calories	10.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	20.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.720 mg
Saturated Fat	0.000 g	Carbohydrate	1.000 g	Vitamin A	1500.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	12.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Stow-Munroe Falls City Schools

902735 - ROMAINE, CHOPPED

VEG - VEGETABLES

Source: Local
Manufacturer: MARKON (GFS)
Product No.: 735787

Measurement
LB..... 16.00 O
CASE..... 12.00 LB
BAG..... 2.00 LB
SERVING..... 56.00 G

Nutrients: Per 100 GRAMS

Calories	17.857 kcal	Cholesterol	0.000 mg	Protein	1.786 g	Calcium	35.714 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	1.286 mg
Saturated Fat	0.000 g	Carbohydrate	1.786 g	Vitamin A	625.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.786 g	Vitamin C	21.429 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 56 G

Calories	10.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	20.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.720 mg
Saturated Fat	0.000 g	Carbohydrate	1.000 g	Vitamin A	350.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	12.000 mg	Ash ¹	*N/A* g

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902682 - ROMAINE, RIBBONS

SALAD - SALAD AND DRESSING RECIPES

Source: Local
Manufacturer: MARKON (GFS)
Product No.: 451730

Measurement
LB..... 16.00 O
CASE..... 12.00 LB
BAG..... 2.00 LB
.5 C SERVING... 28.00 G

Nutrients: Per 100 GRAMS

Calories	17.857 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	35.714 mg
Total Fat	0.000 g	Sodium	7.143 mg	Sugars	*N/A* g	Iron	1.286 mg
Saturated Fat	0.000 g	Carbohydrate	3.571 g	Vitamin A	5892.857 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.571 g	Vitamin C	23.571 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 28 G

Calories	5.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	10.000 mg
Total Fat	0.000 g	Sodium	2.000 mg	Sugars	*N/A* g	Iron	0.360 mg
Saturated Fat	0.000 g	Carbohydrate	1.000 g	Vitamin A	1650.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	6.600 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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900015 - ROTINI, COMMODITY, COOKED

GRAIN - FLOUR/GRAINS/MACARONI/RICES

Source: Local
Manufacturer: USDA
Product No.:

Measurement
LB..... 16.00 O
SERVING..... 2.00 O
CASE..... 20.02 LB

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	370.377 kcal	Cholesterol	0.000 mg	Protein	12.346 g	Calcium	17.637 mg
Total Fat	1.764 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	3.175 mg
Saturated Fat	0.000 g	Carbohydrate	74.075 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.527 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
 (1 - denotes optional nutrient values.)
 (2 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 2 OZ

Calories	210.000 kcal	Cholesterol	0.000 mg	Protein	7.000 g	Calcium	10.000 mg
Total Fat	1.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	1.800 mg
Saturated Fat	0.000 g	Carbohydrate	42.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

902868 - ROTINI, PASTA W/G W/MEAT SAUCE

ENT-L - ENT-L

Source: Local
Manufacturer: JTM (GFS)
Product No.: 728590

Measurement
LB..... 16.00 O
CASE..... 30.00 LB
BAG..... 5.00 LB
SERVING..... 211.00 G

Nutrients: Per 100 GRAMS

Calories	148.815 kcal	Cholesterol	25.592 mg	Protein	8.531 g	Calcium	23.697 mg
Total Fat	7.583 g	Sodium	287.204 mg	Sugars	3.791 g	Iron	1.450 mg
Saturated Fat	2.844 g	Carbohydrate	11.374 g	Vitamin A	284.360 IU	Water ¹	0.000 g
Trans. Fat ²	0.474 g	Dietary Fiber	1.896 g	Vitamin C	10.806 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 211 G

Calories	314.000 kcal	Cholesterol	54.000 mg	Protein	18.000 g	Calcium	50.000 mg
Total Fat	16.000 g	Sodium	606.000 mg	Sugars	8.000 g	Iron	3.060 mg
Saturated Fat	6.000 g	Carbohydrate	24.000 g	Vitamin A	600.000 IU	Water ¹	0.000 g
Trans. Fat ²	1.000 g	Dietary Fiber	4.000 g	Vitamin C	22.800 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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990068 - ROUND EGG PATTY-GOV.

MISC - MISCELLANEOUS

Source: Local
Manufacturer: GFS
Product No.: 592625

Measurement
LB..... 16.00 O
CASE..... 12.89 LB
1 PATTY..... 35.00 G

Nutrients: Per 100 GRAMS

Calories	194.286 kcal	Cholesterol	274.286 mg	Protein	8.571 g	Calcium	57.143 mg
Total Fat	17.143 g	Sodium	314.286 mg	Sugars	0.000 g	Iron	1.543 mg
Saturated Fat	2.857 g	Carbohydrate	2.857 g	Vitamin A	428.571 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 35 G

Calories	68.000 kcal	Cholesterol	96.000 mg	Protein	3.000 g	Calcium	20.000 mg
Total Fat	6.000 g	Sodium	110.000 mg	Sugars	0.000 g	Iron	0.540 mg
Saturated Fat	1.000 g	Carbohydrate	1.000 g	Vitamin A	150.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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900034 - SALISBURY STEAK

BEEF - BEEF PRODUCTS

Source: Local
Manufacturer: PIERRE'S (COMMODITY)
Product No.: P729

Measurement
LB..... 16.00 O
CASE..... 25.00 LB
EACH..... 2.55 O

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	218.560 kcal	Cholesterol	58.638 mg	Protein	22.133 g	Calcium	27.113 mg
Total Fat	12.865 g	Sodium	698.010 mg	Sugars	*N/A* g	Iron	1.964 mg
Saturated Fat	5.118 g	Carbohydrate	3.182 g	Vitamin A	94.894 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.622 g	Vitamin C	2.075 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Nutrients: Per 2.55 OZ

Calories	158.000 kcal	Cholesterol	42.390 mg	Protein	16.000 g	Calcium	19.600 mg
Total Fat	9.300 g	Sodium	504.600 mg	Sugars	*N/A* g	Iron	1.420 mg
Saturated Fat	3.700 g	Carbohydrate	2.300 g	Vitamin A	68.600 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.450 g	Vitamin C	1.500 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Stow-Munroe Falls City Schools

902644 - SALSA, CHUNKY

VEG - VEGETABLES

Source: Local
Manufacturer: GFS
Product No.: 598453

Measurement	
LB.....	16.00 O
CASE.....	32.00 LB
GALLON.....	8.00 LB
SERVING-2 tbsp	30.00 G
SERVING.....	30.00 G
CUP.....	4.00 O

Nutrients: Per 100 GRAMS

Calories	33.333 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	450.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	6.667 g	Vitamin A	666.667 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	40.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 30 G

Calories	10.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	135.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	2.000 g	Vitamin A	200.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	12.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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902652 - SALT, TABLE

SPICE - SPICES

Source: Local
Manufacturer: CARGILL (GFS)
Product No.: 108286

Measurement	
LB.....	16.00 O BAG..... 25.00 LB
CUP.....	292.00 G
TBSP.....	18.00 G
TSP.....	6.00 G
dash.....	0.40 G
CASE.....	25.00 LB

Nutrients: Per 100 GRAMS

Calories	0.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	29500.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	*N/A* g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 2 G

Calories	0.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	590.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	*N/A* g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

900242 - SAUCE BBQ PKT 200-12GM (GFS)

COND - CONDIMENTS

Source: Local
Manufacturer: GFS
Product No.: 294659

Measurement	
LB.....	16.00 O
CASE.....	5.40 LB
PACKET.....	12.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	166.667 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	741.667 mg	Sugars	25.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	41.667 g	Vitamin A	416.667 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 12 G

Calories	20.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	89.000 mg	Sugars	3.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	5.000 g	Vitamin A	50.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Stow-Munroe Falls City Schools

900195 - SAUCE, FRANKS REDHOT 200-3GM PKT

COND - CONDIMENTS

Source: Local
Manufacturer: GFS
Product No.: 714590

Measurement
LB..... 16.00 O
PACKET..... 3.00 G
CASE..... 600.00 G

Nutrients: Per 100 GRAMS

Calories	33.333 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	1433.333 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	1666.667 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 3 G

Calories	1.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	43.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	50.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

900150 - SAUCE, GENERAL TSO 4-1 GAL

MISC - MISCELLANEOUS

Source: Local
Manufacturer: ASIAN MENU - GFS
Product No.: 170771

Measurement
LB..... 16.00 O
CASE..... 31.99 LB
GALLON..... 128.00 O

Nutrients: Per 100 GRAMS

Calories	200.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	1133.333 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	46.667 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 15 G

Calories	30.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	170.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	7.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

902845 - SAUCE, KUNG PAO

MISC - MISCELLANEOUS

Source: Local
Manufacturer: GFS
Product No.: 640162

Measurement
LB..... 16.00 O
CASE..... 31.05 LB
.5 GAL JUG..... 5.18 LB
SERVING-2 TB 37.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	205.405 kcal	Cholesterol	0.000 mg	Protein	1.351 g	Calcium	0.000 mg
Total Fat	1.351 g	Sodium	1135.135 mg	Sugars	40.541 g	Iron	0.973 mg
Saturated Fat	0.000 g	Carbohydrate	45.946 g	Vitamin A	270.270 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	9.730 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 37 G

Calories	76.000 kcal	Cholesterol	0.000 mg	Protein	0.500 g	Calcium	0.000 mg
Total Fat	0.500 g	Sodium	420.000 mg	Sugars	15.000 g	Iron	0.360 mg
Saturated Fat	0.000 g	Carbohydrate	17.000 g	Vitamin A	100.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	3.600 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Stow-Munroe Falls City Schools

902854 - SAUCE, MIX ALFREDO 4-38Z GFS

SOUP - SOUP & GRAVY

Source: Local
Manufacturer: GFS
Product No.: 685442

Measurement
LB..... 16.00 O
CASE..... 7.00 LB
PKT..... 14.00 O
SERVING-.25 C 60.00 G

Nutrients: Per 100 GRAMS

Calories	66.667 kcal	Cholesterol	0.000 mg	Protein	1.667 g	Calcium	66.667 mg
Total Fat	2.500 g	Sodium	566.667 mg	Sugars	3.333 g	Iron	0.000 mg
Saturated Fat	1.667 g	Carbohydrate	10.000 g	Vitamin A	16.667 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 60 G

Calories	40.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	40.000 mg
Total Fat	1.500 g	Sodium	340.000 mg	Sugars	2.000 g	Iron	0.000 mg
Saturated Fat	1.000 g	Carbohydrate	6.000 g	Vitamin A	10.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

900153 - SAUCE, ORANGE 4-1 GAL

MISC - MISCELLANEOUS

Source: Local
Manufacturer: ASIAN MENU - GFS
Product No.: 264250

Measurement
LB..... 16.00 O
CASE..... 31.99 LB
GALLON..... 128.00 O

Nutrients: Per 100 GRAMS

Calories	266.667 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	6.667 g	Sodium	433.333 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	53.333 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 15 G

Calories	40.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	1.000 g	Sodium	65.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	8.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

900128 - SAUCE, PIZZA RTU W/CHS PRIMO GUSTO

SOUP - SOUP & GRAVY

Source: Local
Manufacturer: PRIMO GUSTO (GFS)
Product No.: 168971

Measurement
LB..... 16.00 O
CASE..... 40.16 O
1/4 cup..... 63.00 G
1 CUP..... 4.00 O
#10 CAN..... 6.70 LB

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	63.492 kcal	Cholesterol	0.000 mg	Protein	1.587 g	Calcium	31.746 mg
Total Fat	1.587 g	Sodium	492.063 mg	Sugars	*N/A* g	Iron	0.571 mg
Saturated Fat	0.000 g	Carbohydrate	7.937 g	Vitamin A	793.651 IU	Water ¹	0.000 g
Trans. Fat ²	*N/A* g	Dietary Fiber	3.175 g	Vitamin C	5.714 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 63 G

Calories	40.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	20.000 mg
Total Fat	1.000 g	Sodium	310.000 mg	Sugars	*N/A* g	Iron	0.360 mg
Saturated Fat	0.000 g	Carbohydrate	5.000 g	Vitamin A	500.000 IU	Water ¹	0.000 g
Trans. Fat ²	*N/A* g	Dietary Fiber	2.000 g	Vitamin C	3.600 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Stow-Munroe Falls City Schools

990150 - SAUCE, REDHOT ORIGINAL

COND - CONDIMENTS

Source: Local
Manufacturer: FRANK'S
Product No.: 282944

Measurement
LB..... 16.00 O
1-TSP..... 5.00 G
GALLON..... 128.00 O
CASE..... 512.00 O

Nutrients: Per 100 GRAMS

Calories	0.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	4000.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 5 G

Calories	0.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	200.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.100 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

902844 - SAUCE, SZECHUAN PEPPER

SOUP - SOUP & GRAVY

Source: Local
Manufacturer: GFS
Product No.: 640711

Measurement
LB..... 16.00 O
CASE..... 30.36 LB
.5 GALLON..... 5.06 LB
SERVING-2 TB 35.00 G

Nutrients: Per 100 GRAMS

Calories	191.429 kcal	Cholesterol	0.000 mg	Protein	2.857 g	Calcium	28.571 mg
Total Fat	5.714 g	Sodium	1434.286 mg	Sugars	31.429 g	Iron	1.029 mg
Saturated Fat	0.000 g	Carbohydrate	37.143 g	Vitamin A	157.143 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	1.714 mg	Ash ¹	0.000 g

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Nutrients: Per 35 G

Calories	67.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	10.000 mg
Total Fat	2.000 g	Sodium	502.000 mg	Sugars	11.000 g	Iron	0.360 mg
Saturated Fat	0.000 g	Carbohydrate	13.000 g	Vitamin A	55.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.600 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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990171 - SAUCE, TACO, MILD

SOUP - SOUP & GRAVY

Source: Local
Manufacturer: GFS (GRAN SAZON)
Product No.: 222321

Measurement
LB..... 16.00 O
CASE..... 32.00 LB
GALLON..... 128.00 O
SERVING..... 14.00 G
CUP..... 16.00 O

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	30.714 kcal	Cholesterol	0.000 mg	Protein	1.429 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	582.143 mg	Sugars	7.143 g	Iron	1.286 mg
Saturated Fat	0.000 g	Carbohydrate	7.143 g	Vitamin A	357.143 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.429 g	Vitamin C	4.286 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Nutrients: Per 14 G

Calories	4.300 kcal	Cholesterol	0.000 mg	Protein	0.200 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	81.500 mg	Sugars	1.000 g	Iron	0.180 mg
Saturated Fat	0.000 g	Carbohydrate	1.000 g	Vitamin A	50.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.200 g	Vitamin C	0.600 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Stow-Munroe Falls City Schools

902864 - SAUCE, TERIYAKI (KIKKOMAN)

SOUP - SOUP & GRAVY

Source: Local
Manufacturer: KIKKOMAN (GFS)
Product No.: 246506

Measurement
LB..... 16.00 O
CASE..... 32.00 LB
GAL BOTTLE..... 8.00 LB
TBSP..... 15.00 G

Nutrients: Per 100 GRAMS

Calories	80.000 kcal	Cholesterol	0.000 mg	Protein	6.667 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	3813.333 mg	Sugars	13.333 g	Iron	1.200 mg
Saturated Fat	0.000 g	Carbohydrate	13.333 g	Vitamin A	66.667 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 15 G

Calories	12.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	572.000 mg	Sugars	2.000 g	Iron	0.180 mg
Saturated Fat	0.000 g	Carbohydrate	2.000 g	Vitamin A	10.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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900186 - SAUSAGE LINK, TURKEY

PLTRY - CHICKEN & TURKEY

Source: Local
Manufacturer: JENNIE-O (GFS)
Product No.: 352740

Measurement
LB..... 16.00 O
CASE..... 10.25 LB
LINK..... 1.03 O

Nutrients: Per 100 GRAMS

Calories	206.482 kcal	Cholesterol	103.241 mg	Protein	20.648 g	Calcium	68.827 mg
Total Fat	13.765 g	Sodium	344.136 mg	Sugars	*N/A* g	Iron	1.239 mg
Saturated Fat	3.441 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 1.025 OZ

Calories	60.000 kcal	Cholesterol	30.000 mg	Protein	6.000 g	Calcium	20.000 mg
Total Fat	4.000 g	Sodium	100.000 mg	Sugars	*N/A* g	Iron	0.360 mg
Saturated Fat	1.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

900033 - SAUSAGE PATTY, TURKEY 1 Z JENNIE-O

PORK - PORK PRODUCTS

Source: Local
Manufacturer: JENNIE-O - GFS (COMM)
Product No.: 184970

Measurement
LB..... 16.00 O
CASE..... 10.25 LB
SERVING-1 EA.. 29.06 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	206.469 kcal	Cholesterol	103.235 mg	Protein	20.647 g	Calcium	68.823 mg
Total Fat	13.765 g	Sodium	344.116 mg	Sugars	0.000 g	Iron	1.239 mg
Saturated Fat	3.441 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 29.06 G

Calories	60.000 kcal	Cholesterol	30.000 mg	Protein	6.000 g	Calcium	20.000 mg
Total Fat	4.000 g	Sodium	100.000 mg	Sugars	0.000 g	Iron	0.360 mg
Saturated Fat	1.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Stow-Munroe Falls City Schools

902869 - SHELL, ULTRAGRAIN TACO SALAD 10"

GRAIN - FLOUR/GRAINS/MACARONI/RICES

Source: Local
Manufacturer: AZTECA FOODS (GFS)
Product No.: 720526

Measurement
LB..... 16.00 O
CASE..... 18.70 LB
PACKAGE..... 0.78 LB
SHELL..... 59.00 G

Nutrients: Per 100 GRAMS

Calories	474.576 kcal	Cholesterol	0.000 mg	Protein	6.780 g	Calcium	33.898 mg
Total Fat	28.814 g	Sodium	355.932 mg	Sugars	0.000 g	Iron	2.441 mg
Saturated Fat	6.780 g	Carbohydrate	47.458 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.390 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 59 G

Calories	280.000 kcal	Cholesterol	0.000 mg	Protein	4.000 g	Calcium	20.000 mg
Total Fat	17.000 g	Sodium	210.000 mg	Sugars	0.000 g	Iron	1.440 mg
Saturated Fat	4.000 g	Carbohydrate	28.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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902640 - SLOPPY JOE, BEEF JTM (COMM)

ENT-L - ENT-L

Source: Local
Manufacturer: J.T.M. (COMM)
Product No.: 564790

Measurement
LB..... 16.00 O
CASE..... 30.00 LB
BAG..... 5.00 LB
CN SERVING.... 3.53 O

Nutrients: Per 100 GRAMS

Calories	140.914 kcal	Cholesterol	42.760 mg	Protein	12.634 g	Calcium	33.042 mg
Total Fat	5.831 g	Sodium	405.248 mg	Sugars	7.775 g	Iron	1.944 mg
Saturated Fat	2.138 g	Carbohydrate	9.718 g	Vitamin A	446.064 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.944 g	Vitamin C	5.831 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 102.9 G

Calories	145.000 kcal	Cholesterol	44.000 mg	Protein	13.000 g	Calcium	34.000 mg
Total Fat	6.000 g	Sodium	417.000 mg	Sugars	8.000 g	Iron	2.000 mg
Saturated Fat	2.200 g	Carbohydrate	10.000 g	Vitamin A	459.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	6.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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902803 - SLUSHIE, SIDEKICK

FRUIT - FRUIT & FRUIT JUICE

Source: Local
Manufacturer: SIDEKICKS (GFS)
Product No.: 863880

Measurement
LB..... 16.00 O
CASE..... 23.52 LB
SERVING-4.4 O 130.00 G

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Nutrients: Per 100 GRAMS

Calories	61.538 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	61.538 mg
Total Fat	0.000 g	Sodium	34.615 mg	Sugars	*N/A* g	Iron	0.277 mg
Saturated Fat	0.000 g	Carbohydrate	15.385 g	Vitamin A	769.231 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	46.154 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 130 G

Calories	80.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	80.000 mg
Total Fat	0.000 g	Sodium	45.000 mg	Sugars	*N/A* g	Iron	0.360 mg
Saturated Fat	0.000 g	Carbohydrate	20.000 g	Vitamin A	1000.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	60.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Stow-Munroe Falls City Schools

990100 - SMOKED TURKEY HAM COOKED-GOV

LMEAT - LUNCH MEATS

Source: Local
Manufacturer:
Product No.:

Measurement
LB..... 16.00 O
1 SERVING..... 28.00 G
LOAF..... 10.00 LB
CASE..... 40.00 LB

Nutrients: Per 100 GRAMS

Calories	110.286 kcal	Cholesterol	79.286 mg	Protein	16.571 g	Calcium	0.000 mg
Total Fat	4.536 g	Sodium	725.000 mg	Sugars	*N/A* g	Iron	1.107 mg
Saturated Fat	1.464 g	Carbohydrate	0.750 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	*N/A* g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 28 G

Calories	30.880 kcal	Cholesterol	22.200 mg	Protein	4.640 g	Calcium	0.000 mg
Total Fat	1.270 g	Sodium	203.000 mg	Sugars	*N/A* g	Iron	0.310 mg
Saturated Fat	0.410 g	Carbohydrate	0.210 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	*N/A* g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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990037 - SOUR CREAM IMIT PACKET 400-1Z KE

DAIRY - DAIRY PRODUCTS

Source: Local
Manufacturer: KITCHEN ESSENTIALS (GFS)
Product No.: 838560

Measurement
LB..... 16.00 O
CASE..... 25.00 LB
STIX..... 28.00 G

Nutrients: Per 100 GRAMS

Calories	214.286 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	71.429 mg
Total Fat	17.857 g	Sodium	267.857 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	10.714 g	Carbohydrate	10.714 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	7.143 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 28 G

Calories	60.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	20.000 mg
Total Fat	5.000 g	Sodium	75.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	3.000 g	Carbohydrate	3.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	2.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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900132 - SPAGHETTI SAUCE, JTM (COMM)

VEG - VEGETABLES

Source: Local
Manufacturer: JTM - GFS (COMM)
Product No.: 573201

Measurement
LB..... 16.00 O
CASE..... 30.00 LB
CN SERVING - 5.60 O
CN SERVING - 158.80 G
BAG..... 5.00 LB

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	105.164 kcal	Cholesterol	34.635 mg	Protein	9.446 g	Calcium	27.708 mg
Total Fat	4.408 g	Sodium	182.620 mg	Sugars	4.408 g	Iron	1.259 mg
Saturated Fat	1.763 g	Carbohydrate	5.668 g	Vitamin A	407.431 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.259 g	Vitamin C	11.965 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 158.8 G

Calories	167.000 kcal	Cholesterol	55.000 mg	Protein	15.000 g	Calcium	44.000 mg
Total Fat	7.000 g	Sodium	290.000 mg	Sugars	7.000 g	Iron	2.000 mg
Saturated Fat	2.800 g	Carbohydrate	9.000 g	Vitamin A	647.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	19.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Stow-Munroe Falls City Schools

902659 - SPAGHETTI SAUCE, MEATLESS LOW-SODIUM

VEG - VEGETABLES

Source: Local
Manufacturer: COMMODITY
Product No.: A243

Measurement	
LB.....	16.00 O
#10 CAN.....	106.00 O
CASE.....	636.00 O
.25 CUP.....	62.00 G
.5 CUP.....	125.00 G
1 OZ.....	31.00 G

Nutrients: Per 100 GRAMS

Calories	48.000 kcal	Cholesterol	0.000 mg	Protein	1.200 g	Calcium	20.000 mg
Total Fat	0.896 g	Sodium	112.000 mg	Sugars	*N/A* g	Iron	0.896 mg
Saturated Fat	0.160 g	Carbohydrate	8.704 g	Vitamin A	335.200 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	*N/A* g	Vitamin C	3.920 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 125 G

Calories	60.000 kcal	Cholesterol	0.000 mg	Protein	1.500 g	Calcium	25.000 mg
Total Fat	1.120 g	Sodium	140.000 mg	Sugars	*N/A* g	Iron	1.120 mg
Saturated Fat	0.200 g	Carbohydrate	10.880 g	Vitamin A	419.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	*N/A* g	Vitamin C	4.900 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

990064 - SPAGHETTI SAUCE, REDPACK (COMM)

MISC - MISCELLANEOUS

Source: Local
Manufacturer: GFS, REDPACK (COMM)
Product No.: 852759

Measurement	
LB.....	16.00 O
SERVING-1/2 C.	125.00 G
NO. 10 CAN.....	7.17 LB
CASE.....	43.00 LB

Nutrients: Per 100 GRAMS

Calories	40.000 kcal	Cholesterol	0.000 mg	Protein	1.600 g	Calcium	16.000 mg
Total Fat	0.800 g	Sodium	392.000 mg	Sugars	4.800 g	Iron	0.576 mg
Saturated Fat	0.000 g	Carbohydrate	8.000 g	Vitamin A	400.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.600 g	Vitamin C	7.200 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 125 G

Calories	50.000 kcal	Cholesterol	0.000 mg	Protein	2.000 g	Calcium	20.000 mg
Total Fat	1.000 g	Sodium	490.000 mg	Sugars	6.000 g	Iron	0.720 mg
Saturated Fat	0.000 g	Carbohydrate	10.000 g	Vitamin A	500.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	9.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

902656 - STRAWBERRY CUP

FRUIT - FRUIT & FRUIT JUICE

Source: Local
Manufacturer: COMMODITY
Product No.: A417

Measurement	
LB.....	16.00 O
CASE.....	27.00 LB
SERVING.....	128.00 G
CUP.....	128.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	95.313 kcal	Cholesterol	0.000 mg	Protein	2.875 g	Calcium	10.938 mg
Total Fat	0.133 g	Sodium	3.125 mg	Sugars	*N/A* g	Iron	0.586 mg
Saturated Fat	0.008 g	Carbohydrate	25.820 g	Vitamin A	24.219 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.875 g	Vitamin C	41.250 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 128 G

Calories	122.000 kcal	Cholesterol	0.000 mg	Protein	3.680 g	Calcium	14.000 mg
Total Fat	0.170 g	Sodium	4.000 mg	Sugars	*N/A* g	Iron	0.750 mg
Saturated Fat	0.010 g	Carbohydrate	33.050 g	Vitamin A	31.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.400 g	Vitamin C	52.800 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Stow-Munroe Falls City Schools

902598 - STRING CHEESE, LIGHT

DAIRY - DAIRY PRODUCTS

Source: Local
Manufacturer: LAND O'LAKES INC.,
Product No.: P807

Measurement
OZ..... 28.00 G
STICK..... 28.00 G
CASE..... 168.00 O

Nutrients: Per 100 GRAMS

Calories	214.286 kcal	Cholesterol	35.714 mg	Protein	28.571 g	Calcium	714.286 mg
Total Fat	8.929 g	Sodium	750.000 mg	Sugars	*N/A* g	Iron	*N/A* mg
Saturated Fat	7.143 g	Carbohydrate	3.571 g	Vitamin A	357.143 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 28 G

Calories	60.000 kcal	Cholesterol	10.000 mg	Protein	8.000 g	Calcium	200.000 mg
Total Fat	2.500 g	Sodium	210.000 mg	Sugars	*N/A* g	Iron	*N/A* mg
Saturated Fat	2.000 g	Carbohydrate	1.000 g	Vitamin A	100.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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901749 - STUFFING MIX, CHIX FLAV. STOVE TOP

GRAIN - FLOUR/GRAINS/MACARONI/RICES

Source: Local
Manufacturer: STOVE TOP (GFS)
Product No.: 173582

Measurement
OZ..... 28.00 G
CASE..... 18.00 LB
BAG..... 48.00 O
SERVING-.5..... 4.00 O

Nutrients: Per 100 GRAMS

Calories	129.412 kcal	Cholesterol	0.000 mg	Protein	3.529 g	Calcium	0.000 mg
Total Fat	2.941 g	Sodium	541.176 mg	Sugars	2.353 g	Iron	1.271 mg
Saturated Fat	0.000 g	Carbohydrate	23.529 g	Vitamin A	11.765 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 85 G

Calories	110.000 kcal	Cholesterol	0.000 mg	Protein	3.000 g	Calcium	0.000 mg
Total Fat	2.500 g	Sodium	460.000 mg	Sugars	2.000 g	Iron	1.080 mg
Saturated Fat	0.000 g	Carbohydrate	20.000 g	Vitamin A	10.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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901751 - SUGARS,BROWN,LIGHT

SNACK - SNACKS/MISC

Source: Local
Manufacturer: GFS
Product No.: 108626

Measurement
LB..... 16.00 O
CUP, packed..... 200.00 G
CUP, unpacked.. 160.00 G
tsp unpacked..... 4.00 G
BAG..... 25.00 LB

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	375.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	100.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Nutrients: Per 4 G

Calories	15.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	4.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

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Stow-Munroe Falls City Schools

019335 - SUGARS, GRANULATED

SNACK - SNACKS/MISC

Source: USDA
Manufacturer:
Product No.:

Measurement
LB..... 16.00 O
serving packet.... 2.80 G
TSP..... 4.20 G
CUP..... 200.00 G
serving 1 cube.... 2.30 G

Nutrients: Per 100 GRAMS

Calories	387.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	1.000 mg
Total Fat	0.000 g	Sodium	1.000 mg	Sugars	99.800 g	Iron	0.050 mg
Saturated Fat	0.000 g	Carbohydrate	99.980 g	Vitamin A	0.000 IU	Water ¹	0.020 g
Trans. Fat ²	*N/A* g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.010 g

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902765 - SWEET POTATO FRIES CRISSCUT

VEG - VEGETABLES

Source: Local
Manufacturer: LAMBWESTON (GFS)
Product No.: 799700

Measurement
LB..... 16.00 O
CASE..... 15.00 LB
BAG..... 3.00 LB
SERVING - 3 O 84.00 G

Nutrients: Per 100 GRAMS

Calories	178.571 kcal	Cholesterol	0.000 mg	Protein	2.381 g	Calcium	23.810 mg
Total Fat	7.143 g	Sodium	214.286 mg	Sugars	5.952 g	Iron	0.429 mg
Saturated Fat	0.595 g	Carbohydrate	27.381 g	Vitamin A	4166.667 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.381 g	Vitamin C	2.857 mg	Ash ¹	0.000 g

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Nutrients: Per 84 G

Calories	150.000 kcal	Cholesterol	0.000 mg	Protein	2.000 g	Calcium	20.000 mg
Total Fat	6.000 g	Sodium	180.000 mg	Sugars	5.000 g	Iron	0.360 mg
Saturated Fat	0.500 g	Carbohydrate	23.000 g	Vitamin A	3500.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	2.400 mg	Ash ¹	0.000 g

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902871 - SWEET THAI CHILI CHICKEN

PLTRY - CHICKEN & TURKEY

Source: Local
Manufacturer: ASIAN FOOD SOLUTIONS (GFS)
Product No.: 536900

Measurement
LB..... 16.00 O
CASE..... 42.90 LB
BAG..... 7.15 LB
SERVING-2.85 80.79 G

Nutrients: Per 100 GRAMS

Calories	148.533 kcal	Cholesterol	55.700 mg	Protein	13.616 g	Calcium	0.000 mg
Total Fat	2.476 g	Sodium	408.466 mg	Sugars	13.616 g	Iron	0.891 mg
Saturated Fat	0.619 g	Carbohydrate	18.567 g	Vitamin A	68.078 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

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Nutrients: Per 80.79 G

Calories	120.000 kcal	Cholesterol	45.000 mg	Protein	11.000 g	Calcium	0.000 mg
Total Fat	2.000 g	Sodium	330.000 mg	Sugars	11.000 g	Iron	0.720 mg
Saturated Fat	0.500 g	Carbohydrate	15.000 g	Vitamin A	55.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

900035 - SYRUP CUPS, GFS

COND - CONDIMENTS

Source: Local
Manufacturer: SMUCKERS (GFS)
Product No.: 425700

Measurement
LB..... 16.00 O
CASE..... 8.75 LB
1.4 OZ CUP..... 40.00 G

Nutrients: Per 100 GRAMS

Calories	275.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	62.500 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	72.500 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Nutrients: Per 40 G

Calories	110.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	25.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	29.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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900007 - TACO MEAT DRAINED (REDUCED FAT) TYSON

BEEF - BEEF PRODUCTS

Source: Local
Manufacturer: TYSON (GFS)
Product No.: 682160

Measurement
LB..... 16.00 O
CASE..... 20.06 LB
BAG..... 5.00 LB
SERV - 2 OZ..... 56.00 G

Nutrients: Per 100 GRAMS

Calories	196.429 kcal	Cholesterol	62.500 mg	Protein	19.643 g	Calcium	0.000 mg
Total Fat	12.500 g	Sodium	321.429 mg	Sugars	1.786 g	Iron	1.929 mg
Saturated Fat	4.464 g	Carbohydrate	5.357 g	Vitamin A	535.714 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 56 G

Calories	110.000 kcal	Cholesterol	35.000 mg	Protein	11.000 g	Calcium	0.000 mg
Total Fat	7.000 g	Sodium	180.000 mg	Sugars	1.000 g	Iron	1.080 mg
Saturated Fat	2.500 g	Carbohydrate	3.000 g	Vitamin A	300.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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990165 - TACO SEASONING MIX, MILD

SPICE - SPICES

Source: Local
Manufacturer: LAWRY'S (GFS)
Product No.: 159204

Measurement
LB..... 16.00 O
CASE..... 3.38 LB
PACKAGE..... 9.00 O
SERVING..... 5.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	340.000 kcal	Cholesterol	0.000 mg	Protein	20.000 g	Calcium	200.000 mg
Total Fat	0.000 g	Sodium	5500.000 mg	Sugars	*N/A* g	Iron	14.400 mg
Saturated Fat	0.000 g	Carbohydrate	60.000 g	Vitamin A	11000.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	20.000 g	Vitamin C	24.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Nutrients: Per 5 G

Calories	17.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	10.000 mg
Total Fat	0.000 g	Sodium	275.000 mg	Sugars	*N/A* g	Iron	0.720 mg
Saturated Fat	0.000 g	Carbohydrate	3.000 g	Vitamin A	550.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	1.200 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

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Stow-Munroe Falls City Schools

902768 - TANGERINE CHICKEN

PLTRY - CHICKEN & TURKEY

Source: Local
Manufacturer: ASIAN FOOD SOLUTIONS (GFS)
Product No.: 791710

Measurement
LB..... 16.00 O
CASE..... 43.20 LB
BAG..... 7.20 LB
SERVING..... 111.00 G

Nutrients: Per 100 GRAMS

Calories	171.171 kcal	Cholesterol	40.541 mg	Protein	12.613 g	Calcium	0.000 mg
Total Fat	3.604 g	Sodium	342.342 mg	Sugars	11.712 g	Iron	1.297 mg
Saturated Fat	0.901 g	Carbohydrate	22.523 g	Vitamin A	58.559 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.802 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 111 G

Calories	190.000 kcal	Cholesterol	45.000 mg	Protein	14.000 g	Calcium	0.000 mg
Total Fat	4.000 g	Sodium	380.000 mg	Sugars	13.000 g	Iron	1.440 mg
Saturated Fat	1.000 g	Carbohydrate	25.000 g	Vitamin A	65.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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902850 - TARTAR SAUCE, 12 GM PKT

COND - CONDIMENTS

Source: Local
Manufacturer: GFS
Product No.: 213361

Measurement
LB..... 16.00 O
CASE..... 5.36 LB
PKT..... 12.00 G

Nutrients: Per 100 GRAMS

Calories	354.167 kcal	Cholesterol	25.000 mg	Protein	0.833 g	Calcium	0.000 mg
Total Fat	30.000 g	Sodium	839.167 mg	Sugars	16.667 g	Iron	0.000 mg
Saturated Fat	5.000 g	Carbohydrate	25.000 g	Vitamin A	83.333 IU	Water ¹	0.000 g
Trans. Fat ²	0.167 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 12 G

Calories	42.500 kcal	Cholesterol	3.000 mg	Protein	0.100 g	Calcium	0.000 mg
Total Fat	3.600 g	Sodium	100.700 mg	Sugars	2.000 g	Iron	0.000 mg
Saturated Fat	0.600 g	Carbohydrate	3.000 g	Vitamin A	10.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.020 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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902544 - TOMATO PASTE,CND,HTD

VEG - VEGETABLES

Source: Local
Manufacturer:
Product No.:

Measurement
LB..... 16.00 O
CUP..... 262.00 G
#10 CAN..... 111.00 O
10 Can..... 111.00 O

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Stow-Munroe Falls City Schools

Page 174

Currently in use by recipe -
Detailed Ingredient List

Oct 28 2015

Nutrients: Per 100 GRAMS

Calories	84.000 kcal	Cholesterol	0.000 mg	Protein	3.500 g	Calcium	33.000 mg
Total Fat	0.300 g	Sodium	36.000 mg	Sugars	*N/A* g	Iron	2.110 mg
Saturated Fat	0.050 g	Carbohydrate	20.300 g	Vitamin A	2478.000 IU	Water ¹	73.500 g
Trans. Fat ²	*N/A* g	Dietary Fiber	4.400 g	Vitamin C	57.300 mg	Ash ¹	0.240 g

(*N/A* - denotes missing nutrient values)

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Stow-Munroe Falls City Schools

900216 - TOMATO, CHERRY

VEG - VEGETABLES

Source: Local
Manufacturer: MARKON (GFS)
Product No.: 569551

Measurement
LB..... 16.00 O
CASE..... 11.00 LB
1 CUP- ABOUT 149.00 G
TOMATO..... 29.80 G

Nutrients: Per 100 GRAMS

Calories	18.121 kcal	Cholesterol	0.000 mg	Protein	0.671 g	Calcium	6.711 mg
Total Fat	0.000 g	Sodium	4.698 mg	Sugars	2.685 g	Iron	0.242 mg
Saturated Fat	0.000 g	Carbohydrate	4.027 g	Vitamin A	838.926 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.342 g	Vitamin C	12.886 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 149 G

Calories	27.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	10.000 mg
Total Fat	0.000 g	Sodium	7.000 mg	Sugars	4.000 g	Iron	0.360 mg
Saturated Fat	0.000 g	Carbohydrate	6.000 g	Vitamin A	1250.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	19.200 mg	Ash ¹	0.000 g

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902753 - TOMATOES, SLICED

VEG - VEGETABLES

Source: Local
Manufacturer: FRESHWAY FOODS (GFS)
Product No.: 786535

Measurement
LB..... 16.00 O
CASE..... 5.00 LB
SERV- 3 OZ..... 85.00 G
SLICE..... 28.00 G

Nutrients: Per 100 GRAMS

Calories	17.647 kcal	Cholesterol	0.000 mg	Protein	1.176 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.424 mg
Saturated Fat	0.000 g	Carbohydrate	3.529 g	Vitamin A	882.353 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.176 g	Vitamin C	14.118 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 85 G

Calories	15.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.360 mg
Saturated Fat	0.000 g	Carbohydrate	3.000 g	Vitamin A	750.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	12.000 mg	Ash ¹	*N/A* g

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990318 - TOMATOES,CND,DICED,DRND (COMM)

VEG - VEGETABLES

Source: Local
Manufacturer: USDA COMMODITY
Product No.: A241

Measurement
LB..... 16.00 O
CUP, diced..... 242.00 G
#10 Can w/juice. 102.00 O
Serving..... 60.00 G
1/4 CUP..... 60.00 G

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Stow-Munroe Falls City Schools

1/2..... 121.00 G

Nutrients: Per 100 GRAMS

Calories	20.000 kcal	Cholesterol	0.000 mg	Protein	0.833 g	Calcium	33.333 mg
Total Fat	0.000 g	Sodium	116.667 mg	Sugars	*N/A* g	Iron	0.600 mg
Saturated Fat	0.000 g	Carbohydrate	4.167 g	Vitamin A	625.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.833 g	Vitamin C	10.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Nutrients: Per 60 G

Calories	12.000 kcal	Cholesterol	0.000 mg	Protein	0.500 g	Calcium	20.000 mg
Total Fat	0.000 g	Sodium	70.000 mg	Sugars	*N/A* g	Iron	0.360 mg
Saturated Fat	0.000 g	Carbohydrate	2.500 g	Vitamin A	375.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.500 g	Vitamin C	6.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Stow-Munroe Falls City Schools

902740 - TORTILLA SHELL, 10' ULTRAGRAIN

BAKE - BAKERY PRODUCTS

Source: Local
Manufacturer: MISSION FOODS (GFS)
Product No.: 690141

Measurement
LB..... 16.00 O
CASE..... 19.70 LB
PACKAGE OF 1 1.64 LB
TORTILLA..... 62.00 G

Nutrients: Per 100 GRAMS

Calories	290.323 kcal	Cholesterol	0.000 mg	Protein	8.065 g	Calcium	241.935 mg
Total Fat	7.258 g	Sodium	403.226 mg	Sugars	3.226 g	Iron	2.323 mg
Saturated Fat	2.419 g	Carbohydrate	46.774 g	Vitamin A	16.129 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	4.839 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 62 G

Calories	180.000 kcal	Cholesterol	0.000 mg	Protein	5.000 g	Calcium	150.000 mg
Total Fat	4.500 g	Sodium	250.000 mg	Sugars	2.000 g	Iron	1.440 mg
Saturated Fat	1.500 g	Carbohydrate	29.000 g	Vitamin A	10.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	3.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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(¹ - denotes optional nutrient values.)
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990028 - TORTILLA, FLOUR 8" ULTRAGRAIN

BAKE - BAKERY PRODUCTS

Source: Local
Manufacturer: AZTECA - ULTRAGRAIN (GFS)
Product No.: 882700

Measurement
LB..... 16.00 O
1 - 8" TORTILLA 40.00 G
CASE..... 23.80 LB
BAG..... 1.98 LB

Nutrients: Per 100 GRAMS

Calories	289.474 kcal	Cholesterol	0.000 mg	Protein	7.895 g	Calcium	52.632 mg
Total Fat	7.895 g	Sodium	250.000 mg	Sugars	*N/A* g	Iron	2.842 mg
Saturated Fat	3.947 g	Carbohydrate	50.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	5.263 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 38 G

Calories	110.000 kcal	Cholesterol	0.000 mg	Protein	3.000 g	Calcium	20.000 mg
Total Fat	3.000 g	Sodium	95.000 mg	Sugars	*N/A* g	Iron	1.080 mg
Saturated Fat	1.500 g	Carbohydrate	19.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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902645 - TORTILLA, ROUNDS (SNYDER'S) YELLOW CORN

SNACK - SNACKS/MISC

Source: Local
Manufacturer: SNYDER'S OF HANOVER (CARSTEN)
Product No.: 756857

Measurement
LB..... 16.00 O
CASE..... 9.00 LB
CASE..... 144.00 O
BAG..... 3.00 O
SERVING..... 1.00 O

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Stow-Munroe Falls City Schools

SERVING..... 28.00 G

Nutrients: Per 100 GRAMS

Calories	493.836 kcal	Cholesterol	0.000 mg	Protein	7.055 g	Calcium	0.000 mg
Total Fat	15.873 g	Sodium	476.199 mg	Sugars	*N/A* g	Iron	3.810 mg
Saturated Fat	0.000 g	Carbohydrate	81.130 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	7.055 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Nutrients: Per 1 OZ

Calories	140.000 kcal	Cholesterol	0.000 mg	Protein	2.000 g	Calcium	0.000 mg
Total Fat	4.500 g	Sodium	135.000 mg	Sugars	*N/A* g	Iron	1.080 mg
Saturated Fat	0.000 g	Carbohydrate	23.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Stow-Munroe Falls City Schools

902622 - TORTILLA, ULTRAGRAIN 8"

GRAIN - FLOUR/GRAINS/MACARONI/RICES

Source: Local
Manufacturer: ULTRAGRAIN (GFS)
Product No.: 882700

Measurement
LB..... 16.00 O
CASE..... 23.80 LB
BAG..... 1.32 LB
1 EA..... 38.00 G

Nutrients: Per 100 GRAMS

Calories	289.474 kcal	Cholesterol	0.000 mg	Protein	7.895 g	Calcium	52.632 mg
Total Fat	7.895 g	Sodium	250.000 mg	Sugars	*N/A* g	Iron	2.842 mg
Saturated Fat	5.263 g	Carbohydrate	50.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	5.263 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 38 G

Calories	110.000 kcal	Cholesterol	0.000 mg	Protein	3.000 g	Calcium	20.000 mg
Total Fat	3.000 g	Sodium	95.000 mg	Sugars	*N/A* g	Iron	1.080 mg
Saturated Fat	2.000 g	Carbohydrate	19.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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900036 - TRIX YOGURT - 4 OZ

DAIRY - DAIRY PRODUCTS

Source: Local
Manufacturer: YOPLAIT (GFS)
Product No.: 186911 & 551760

Measurement
LB..... 16.00 O
CASE..... 12.00 LB
EACH..... 113.00 G

Nutrients: Per 100 GRAMS

Calories	88.496 kcal	Cholesterol	0.000 mg	Protein	2.655 g	Calcium	88.496 mg
Total Fat	0.442 g	Sodium	44.248 mg	Sugars	12.389 g	Iron	0.000 mg
Saturated Fat	0.442 g	Carbohydrate	17.699 g	Vitamin A	61.947 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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Nutrients: Per 113 G

Calories	100.000 kcal	Cholesterol	0.000 mg	Protein	3.000 g	Calcium	100.000 mg
Total Fat	0.500 g	Sodium	50.000 mg	Sugars	14.000 g	Iron	0.000 mg
Saturated Fat	0.500 g	Carbohydrate	20.000 g	Vitamin A	70.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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900217 - TUNA, DELI STYLE SALAD

FISH - FISH/SEAFOOD

Source: Local
Manufacturer: GFS
Product No.: 167920

Measurement
LB..... 16.00 O
CASE..... 10.00 LB
CONTAINER..... 5.00 LB
SERVING..... 100.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	150.000 kcal	Cholesterol	25.000 mg	Protein	11.000 g	Calcium	20.000 mg
Total Fat	6.000 g	Sodium	610.000 mg	Sugars	*N/A* g	Iron	0.360 mg
Saturated Fat	1.000 g	Carbohydrate	14.000 g	Vitamin A	100.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	*N/A* g	Vitamin C	3.600 mg	Ash ¹	*N/A* g

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Stow-Munroe Falls City Schools

902801 - TURKEY & GRAVY (COMM)

PLTRY - CHICKEN & TURKEY

Source: Local
Manufacturer: GFS (COMMODITY)
Product No.: 722460

Measurement
LB..... 16.00 O
CASE..... 28.00 LB
BAG..... 7.00 LB
SERV.-4 OZ..... 113.00 G

Nutrients: Per 100 GRAMS

Calories	106.195 kcal	Cholesterol	48.673 mg	Protein	13.274 g	Calcium	17.699 mg
Total Fat	5.310 g	Sodium	407.080 mg	Sugars	*N/A* g	Iron	0.637 mg
Saturated Fat	1.770 g	Carbohydrate	1.770 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Nutrients: Per 113 G

Calories	120.000 kcal	Cholesterol	55.000 mg	Protein	15.000 g	Calcium	20.000 mg
Total Fat	6.000 g	Sodium	460.000 mg	Sugars	*N/A* g	Iron	0.720 mg
Saturated Fat	2.000 g	Carbohydrate	2.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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990099 - TURKEY BREAST DELI COOKED-GOV

LMEAT - LUNCH MEATS

Source: Local
Manufacturer: JENNY O (GFS)
Product No.: 645160

Measurement
LB..... 16.00 O
CASE..... 12.00 LB
UNITS..... 6.00 LB
SERVING-2 SL 88.00 G
SERVING-1 SL 44.00 G

Nutrients: Per 100 GRAMS

Calories	90.909 kcal	Cholesterol	45.455 mg	Protein	21.591 g	Calcium	0.000 mg
Total Fat	1.136 g	Sodium	500.000 mg	Sugars	0.000 g	Iron	0.409 mg
Saturated Fat	0.568 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	1.364 mg	Ash ¹	*N/A* g

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Nutrients: Per 88 G

Calories	80.000 kcal	Cholesterol	40.000 mg	Protein	19.000 g	Calcium	0.000 mg
Total Fat	1.000 g	Sodium	440.000 mg	Sugars	0.000 g	Iron	0.360 mg
Saturated Fat	0.500 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	1.200 mg	Ash ¹	*N/A* g

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902639 - UNCRUSTABLE, GRAPE (GFS)

SAND - SANDWICH RECIPES

Source: Local
Manufacturer: SMUCKER'S (GFS)
Product No.: 165691

Measurement
LB..... 16.00 O
CASE..... 12.83 LB
POCKET..... 2.80 O

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	402.439 kcal	Cholesterol	0.000 mg	Protein	13.415 g	Calcium	24.390 mg
Total Fat	20.732 g	Sodium	414.634 mg	Sugars	*N/A* g	Iron	1.317 mg
Saturated Fat	4.878 g	Carbohydrate	41.463 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	4.878 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Nutrients: Per 82 G

Calories	330.000 kcal	Cholesterol	0.000 mg	Protein	11.000 g	Calcium	20.000 mg
Total Fat	17.000 g	Sodium	340.000 mg	Sugars	*N/A* g	Iron	1.080 mg
Saturated Fat	4.000 g	Carbohydrate	34.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	4.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

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Stow-Munroe Falls City Schools

000049 - VANILLA EXTRACT

MISC - MISCELLANEOUS

Source: Local
Manufacturer: KITCHEN ESSENTIALS (GFS)
Product No.: 110744

Measurement
LB..... 16.00 O
CUP..... 8.00 O
1 GALLON JAR. 8.00 LB

Nutrients: Per 100 GRAMS

Calories	4.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.350 g	Sodium	27.000 mg	Sugars	0.000 g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.000 g

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902783 - VEGETABLES, ASIAN BLEND

VEG - VEGETABLES

Source: Local
Manufacturer: FLAVORPACK (GFS)
Product No.: 164080

Measurement
LB..... 16.00 O
CASE..... 24.00 LB
BAG..... 4.00 LB
SERVING - 1 C.. 76.00 G

Nutrients: Per 100 GRAMS

Calories	32.895 kcal	Cholesterol	0.000 mg	Protein	1.316 g	Calcium	26.316 mg
Total Fat	0.000 g	Sodium	13.158 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	5.263 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.316 g	Vitamin C	23.684 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 76 G

Calories	25.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	20.000 mg
Total Fat	0.000 g	Sodium	10.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	4.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	1.000 g	Vitamin C	18.000 mg	Ash ¹	*N/A* g

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902846 - VEGETABLES, BLENDED STIR FRY

VEG - VEGETABLES

Source: Local
Manufacturer: GFS
Product No.: 440884

Measurement
LB..... 16.00 O
CASE..... 24.00 LB
SERVING-.75 C 85.00 G

Nutrients: Per 100 GRAMS

Calories	41.176 kcal	Cholesterol	0.000 mg	Protein	2.353 g	Calcium	23.529 mg
Total Fat	0.000 g	Sodium	23.529 mg	Sugars	2.353 g	Iron	0.424 mg
Saturated Fat	0.000 g	Carbohydrate	5.882 g	Vitamin A	235.294 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.353 g	Vitamin C	21.176 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

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Nutrients: Per 85 G

Calories	35.000 kcal	Cholesterol	0.000 mg	Protein	2.000 g	Calcium	20.000 mg
Total Fat	0.000 g	Sodium	20.000 mg	Sugars	2.000 g	Iron	0.360 mg
Saturated Fat	0.000 g	Carbohydrate	5.000 g	Vitamin A	200.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	18.000 mg	Ash ¹	0.000 g

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Stow-Munroe Falls City Schools

902767 - VEGETABLES, CALIFORNIA BLEND

VEG - VEGETABLES

Source: Local
Manufacturer: GFS
Product No.: 323233

Measurement
LB..... 16.00 O
CASE..... 24.00 LB
BAG..... 2.00 LB
SERVING-1 cup. 8.00 O
SERVING-.5 cup 4.00 O

Nutrients: Per 100 GRAMS

Calories	31.579 kcal	Cholesterol	0.000 mg	Protein	2.105 g	Calcium	21.053 mg
Total Fat	0.000 g	Sodium	26.316 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	5.263 g	Vitamin A	789.474 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.105 g	Vitamin C	21.474 mg	Ash ¹	*N/A* g

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Nutrients: Per 95 G

Calories	30.000 kcal	Cholesterol	0.000 mg	Protein	2.000 g	Calcium	20.000 mg
Total Fat	0.000 g	Sodium	25.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	5.000 g	Vitamin A	750.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	20.400 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
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902851 - VEGETABLES, COUNTRY BLEND VEG & PASTA

VEG - VEGETABLES

Source: Local
Manufacturer: GFS
Product No.: 460397

Measurement
LB..... 16.00 O
CASE..... 24.00 LB
BAG..... 2.00 LB
SERVING..... 85.05 G

Nutrients: Per 100 GRAMS

Calories	95.826 kcal	Cholesterol	0.000 mg	Protein	4.233 g	Calcium	11.758 mg
Total Fat	0.235 g	Sodium	8.583 mg	Sugars	1.176 g	Iron	0.847 mg
Saturated Fat	0.118 g	Carbohydrate	18.812 g	Vitamin A	117.578 IU	Water ¹	0.000 g
Trans. Fat ²	0.012 g	Dietary Fiber	2.116 g	Vitamin C	6.349 mg	Ash ¹	0.000 g

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(¹ - denotes optional nutrient values.)
(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 85.05 G

Calories	81.500 kcal	Cholesterol	0.000 mg	Protein	3.600 g	Calcium	10.000 mg
Total Fat	0.200 g	Sodium	7.300 mg	Sugars	1.000 g	Iron	0.720 mg
Saturated Fat	0.100 g	Carbohydrate	16.000 g	Vitamin A	100.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.010 g	Dietary Fiber	1.800 g	Vitamin C	5.400 mg	Ash ¹	0.000 g

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902847 - VEGETABLES, ITALIAN GARDEN VEG & PASTA BLEND

VEG - VEGETABLES

Source: Local
Manufacturer: GFS
Product No.: 460389

Measurement
LB..... 16.00 O
CASE..... 24.00 LB
BAG..... 2.50 LB
SERVING-.67 C 85.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	70.588 kcal	Cholesterol	0.000 mg	Protein	3.529 g	Calcium	23.529 mg
Total Fat	0.000 g	Sodium	17.647 mg	Sugars	1.176 g	Iron	0.635 mg
Saturated Fat	0.000 g	Carbohydrate	15.294 g	Vitamin A	1058.824 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.353 g	Vitamin C	5.647 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 85 G

Calories	60.000 kcal	Cholesterol	0.000 mg	Protein	3.000 g	Calcium	20.000 mg
Total Fat	0.000 g	Sodium	15.000 mg	Sugars	1.000 g	Iron	0.540 mg
Saturated Fat	0.000 g	Carbohydrate	13.000 g	Vitamin A	900.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	4.800 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

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Stow-Munroe Falls City Schools

902842 - VEGETABLES, MALIBU BLEND

VEG - VEGETABLES

Source: Local
Manufacturer: FLAVORPACK (GFS)
Product No.: 164100

Measurement
LB..... 16.00 O
CASE..... 24.00 LB
BAG..... 4.00 LB
CUP..... 130.00 G

Nutrients: Per 100 GRAMS

Calories	26.923 kcal	Cholesterol	0.000 mg	Protein	0.769 g	Calcium	15.385 mg
Total Fat	0.000 g	Sodium	34.615 mg	Sugars	2.308 g	Iron	0.554 mg
Saturated Fat	0.000 g	Carbohydrate	4.615 g	Vitamin A	769.231 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	1.538 g	Vitamin C	13.846 mg	Ash ¹	0.000 g

(*N/A* - denotes missing nutrient values)
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Nutrients: Per 130 G

Calories	35.000 kcal	Cholesterol	0.000 mg	Protein	1.000 g	Calcium	20.000 mg
Total Fat	0.000 g	Sodium	45.000 mg	Sugars	3.000 g	Iron	0.720 mg
Saturated Fat	0.000 g	Carbohydrate	6.000 g	Vitamin A	1000.000 IU	Water ¹	0.000 g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	18.000 mg	Ash ¹	0.000 g

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902676 - VINEGAR, WHITE DISTILLED

MISC - MISCELLANEOUS

Source: Local
Manufacturer: GFS
Product No.: 107247

Measurement
LB..... 16.00 O
CASE..... 48.00 LB
GAL..... 14.00 LB
GAL..... 192.00 O
SERVING..... 15.00 G
CUP..... 8.00 O

Nutrients: Per 100 GRAMS

Calories	0.000 kcal	Cholesterol	*N/A* mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	*N/A* g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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Nutrients: Per 15 G

Calories	0.000 kcal	Cholesterol	*N/A* mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	*N/A* g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)
(¹ - denotes optional nutrient values.)
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902579 - WAFFLE, MINI BLUEBERRY

BRKRC - BREAKFAST RECIPES

Source: Local
Manufacturer: PILLSBURY (GFS)
Product No.: 269240

Measurement
LB..... 16.00 O
CASE..... 11.15 LB
PACKAGE..... 80.00 G

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Stow-Munroe Falls City Schools

Nutrients: Per 100 GRAMS

Calories	225.000 kcal	Cholesterol	6.250 mg	Protein	3.750 g	Calcium	50.000 mg
Total Fat	6.250 g	Sodium	412.500 mg	Sugars	*N/A* g	Iron	0.900 mg
Saturated Fat	0.625 g	Carbohydrate	38.750 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.500 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Nutrients: Per 80 G

Calories	180.000 kcal	Cholesterol	5.000 mg	Protein	3.000 g	Calcium	40.000 mg
Total Fat	5.000 g	Sodium	330.000 mg	Sugars	*N/A* g	Iron	0.720 mg
Saturated Fat	0.500 g	Carbohydrate	31.000 g	Vitamin A	0.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	0.000 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values)

(¹ - denotes optional nutrient values.)

(² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.)

Stow-Munroe Falls City Schools

000001 - WATER,BOILING

DRINK - FLAVORED DRINKS

Source: Local
Manufacturer:
Product No.:

Measurement	
LB.....	16.00 O
CUP.....	8.00 O
CUP.....	226.79 G
QUART.....	32.00 O
GALLON.....	128.00 O

Nutrients: Per 100 GRAMS

Calories	0.000 kcal	Cholesterol	0.000 mg	Protein	0.000 g	Calcium	0.000 mg
Total Fat	0.000 g	Sodium	0.000 mg	Sugars	0.000 g	Iron	0.010 mg
Saturated Fat	0.000 g	Carbohydrate	0.000 g	Vitamin A	0.000 IU	Water ¹	99.900 g
Trans. Fat ²	0.000 g	Dietary Fiber	0.000 g	Vitamin C	0.000 mg	Ash ¹	0.100 g

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009326 - WATERMELON,RAW

FRUIT - FRUIT & FRUIT JUICE

Source: USDA
Manufacturer:
Product No.:

Measurement			
LB.....	16.00 O	NLEA serving.....	280.00 G
CUP, balls.....	154.00 G	watermelon balls	12.20 G
CUP, diced.....	152.00 G	CUP, pieces.....	5.64 O
melon(15"x7.5"di	4518.00 G	melon(15"x7.5"..	159.37 O
wedge (1/16).....	286.00 G	small wedge.....	2.50 O
10 watermelon b	122.00 G		

Nutrients: Per 100 GRAMS

Calories	30.000 kcal	Cholesterol	0.000 mg	Protein	0.610 g	Calcium	7.000 mg
Total Fat	0.150 g	Sodium	1.000 mg	Sugars	6.200 g	Iron	0.240 mg
Saturated Fat	0.010 g	Carbohydrate	7.550 g	Vitamin A	569.000 IU	Water ¹	91.450 g
Trans. Fat ²	*N/A* g	Dietary Fiber	0.400 g	Vitamin C	8.100 mg	Ash ¹	0.250 g

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902802 - WINTER BLEND, BROCCOLI & CAULIFLOWER

VEG - VEGETABLES

Source: Local
Manufacturer: GFS
Product No.: 285770

Measurement	
LB.....	16.00 O
CASE.....	30.00 LB
SERVING-4 OZ.	90.00 G

Nutrients: Per 100 GRAMS

Calories	27.778 kcal	Cholesterol	0.000 mg	Protein	2.222 g	Calcium	22.222 mg
Total Fat	0.000 g	Sodium	22.222 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	4.444 g	Vitamin A	333.333 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.222 g	Vitamin C	33.333 mg	Ash ¹	*N/A* g

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Nutrients: Per 90 G

Calories	25.000 kcal	Cholesterol	0.000 mg	Protein	2.000 g	Calcium	20.000 mg
Total Fat	0.000 g	Sodium	20.000 mg	Sugars	*N/A* g	Iron	0.000 mg
Saturated Fat	0.000 g	Carbohydrate	4.000 g	Vitamin A	300.000 IU	Water ¹	*N/A* g
Trans. Fat ²	0.000 g	Dietary Fiber	2.000 g	Vitamin C	30.000 mg	Ash ¹	*N/A* g

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Stow-Munroe Falls City Schools

Page 190

Currently in use by recipe -
Detailed Ingredient List

Oct 28 2015

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